

NAPIER and DISTRICTS

GREY POWER

QUARTERLY NEWSLETTER

WINTER ISSUE 2023



Cycling Without Age celebrates a year of service



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HBRC Chair Hinewai Ormsby

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Anzac Day

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photo credit: Warren Buckland NZME

Membership subscriptions are now due, and need to be current to qualify for Grey Power Electricity

GREY POWER NAPIER

PO Box 4247, Marewa,
Napier. 4143

Phone: 06 844 5635

www.greypowernapier.org



COMMITTEE

President - Bruce Carnegie

(06) 844 5635 / 027 427 2023
bpcarnegie@gmail.com

Deputy Chairperson - Shona Bayliss

021 365 131
shona.bayliss@princessalexandra.co.nz

Secretary - Isabel Wood

(06) 843 0524 / 021 106 7834
iaawood@slingshot.co.nz

Treasurer - Ian Cook

06 844 4862 | ijcook@xtra.co.nz

Membership Officer - Linda Mellor

(06) 844 3837 | greypowernapier@gmail.com

Publicity Officer - Maxine Boag

021 024 70484 | maxine.boag@gmail.com

Committee

Russell Wyeth

(06) 826 2128 | russjoy@windowslive.com

Allison Beattie

0221 077 653 | allibeat@gmail.com

Kay Nesdale

021 261 9400 | kaynesdale@gmail.com

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Please refer to our website for disclaimer.

Guest Speakers for 2023 Meetings

All at St Columba's church,
Gloucester Street, Taradale, starting 1:30 pm

June – Tuesday 20th: John Collyns
Executive Director Retirement Villages Association

July – Tuesday 18th: Sukhdeep Singh
Protecting yourself against scams and fraud

August – Tuesday 15th:
Parliamentary Election candidates

September – Tuesday 19th:
Parliamentary Election candidates

October – Tuesday 17th: Calvin Robinson – MSD

November Tuesday 21:
Christmas Luncheon (noon start)

A friendly Reminder

A big thank you to all who have renewed your membership (and a friendly reminder if you haven't) now your membership subscription is due.

The fee is **\$20-00 single and \$30-00 double. For this you get four local and four national newsletters; a free Discount Book; access to Grey Power Electricity; and you support us in our advocacy work for seniors.**

Payment options are: You can pay at our general meetings (3rd Tuesday each month)

- Online, our bank no is 38-9009-0434068-00 or
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- Bruce's letter box
13 Blenheim Street, Taradale or
- Bruce can pick up - Phone Bruce: 844 5635

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THE MEASURE OF RETIREMENT LIVING



Hinewai Ormsby - Chair, HB Regional Council

Cyclone Gabrielle has devastated Hawke's Bay, claimed lives in the region, caused widespread flooding that has washed away homes and isolated communities, and left thousands of people displaced. I and my family including husband Cam and two young children Kaea (age 10) and Kipa (age 8) were directly impacted and had to quickly leave our home in Waiohiki in waist high water before being evacuated by the New Zealand Defence Force to Hastings.

In my role as Hawke's Bay Regional Council Chairperson, I know first-hand the impacts of the flood on our region including the works required for our collective recovery. Alongside my fellow councillors and staff, we have been working incredibly hard to get the Bay back on our feet where the Hawke's Bay Regional Council has played a vital role in the recovery from Cyclone Gabrielle. Working closely with Hawke's Bay Civil Defence Emergency Management Group, other councils, tangata whenua and key agencies to support the community and restore vital infrastructure has been our focus. The Hawke's Bay Disaster Relief Trust has been reactivated by the Hawke's Bay Mayors and to make it easy for people from anywhere in New Zealand to donate to the region's Cyclone Gabrielle recovery effort.

Residents and ratepayers of the Hawke's Bay region who have been affected by Cyclone Gabrielle can apply for assistance from the Hawke's Bay Disaster Relief

Fund where the fund offers one-off hardship grants to alleviate hardship due to such things as flooding, prolonged power outages and landslips.

The cost of removing silt is significant and will likely run into the hundreds of millions, while fixing roads, bridges and culverts across the Bay alone is expected to cost even more.

My focus in the coming weeks and months will be continuing our hard work to repair our flood damaged stop banks and continue to lobby central government to support the region to help us build them back better and higher. Another of my priorities is supporting our primary industry sectors to get back on their feet, dispose of their waste, and continue to get silt off their land so that they can continue to do what they do best which is produce our food.

As Grey Power members your support to assist our recovery is highly valued. If you have the capacity to support your neighbours, donate to the mayoral relief fund, volunteer to community response organisations, or generally assist in the recovery then the region most certainly needs your help. Because our recovery as a region won't be overnight we will need persistence, tenacity, and endurance over the long road to recovery to see us through this and get back on our feet.

Ngā mihi nui, *Hinewai Ormsby*
Chairperson of the Hawke's Bay Regional Council



photo credit: HBRC website

Anzac Day 2023 Another well-attended Anzac Day's commemorative events showed that our community hasn't forgotten the sacrifices made in previous wars. Grey Power Laid wreaths on commemorations at both the Memorial Square and Taradale Town Clock. Sadly since long-standing member Alan Twort passed away, we did not lay a wreath at the Clive event.

Lest We Forget.

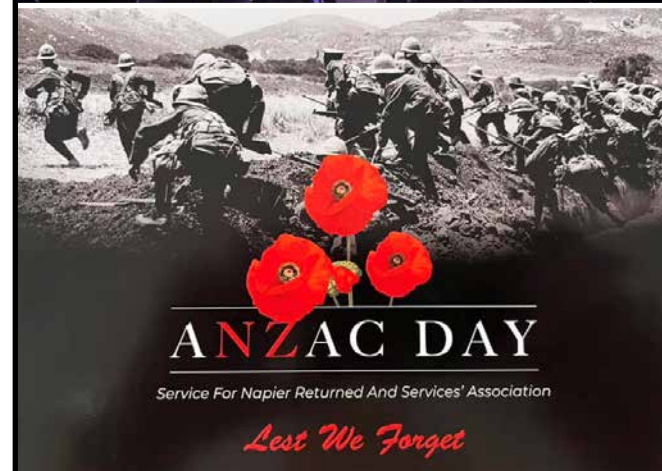


Maxine Boag and Pete Findlay at Memorial Square

Pam and John Wuts at the Taradale Clock



The late Alan Twort at Clive at a former Anzac Day



Recipe for Anzac Biscuits

From Edmonds Cookery Book

- | | |
|----------------------|-----------------------------|
| 125 g (4 ozs.) Flour | 100 g (3 ½ ozs.) Butter |
| 150 g (6 ozs.) Sugar | 1 tablespoon Golden Syrup |
| 1 cup Coconut | ½ teaspoon Bicarb Soda |
| 1 cup Rolled Oats | 2 tablespoons Boiling Water |

Mix together flour, sugar, coconut and rolled oats. Melt butter and golden syrup. Dissolve Bicarb Soda in boiling water and add to butter and golden syrup. Make a well in the centre of flour, stir in the liquid. Place in spoonfuls on greased trays. Bake 15 to 20 minutes at 180 degrees C.



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CYCLING WITHOUT AGE NAPIER - BUILDING BETTER LIVES

You may have seen Alan, Barbara or Dawn, volunteer 'pilots' from Cycling Without Age (CWA) Napier, out and about as they take senior citizens on free bike rides.

These dedicated volunteer pilots have completed a comprehensive training programme on the electric powered Triobike to provide safe, fun outings at slow speeds for Napier's elderly community. The triobike is specifically designed for these rides and has seat belts.

It is not a taxi service. The service is to help reduce loneliness in our community. As trustee Liz says, "We build bridges between generations, we reinforce trust, respect, the social glue in our society. We do this by

giving them the right to feel the wind in their hair, to experience their neighbourhood up close and by giving them an opportunity to tell their stories."

This new registered charity was established by Alan White and Liz Barrett in January 2022 with the triobike arriving from Denmark just a year ago. Both trustees wanted to "give back" to their community. The rides are free, nobody pays and nobody gets paid.

The walking-pace speed provides the ideal opportunity for reminiscing and conversations between the passengers and pilot, as well as with the many people encountered on the pathway, resulting in a lot of laughter.

CYCLING WITHOUT AGE FACTS

Invented in 2012 in Copenhagen.

In just 10 years, there are over 3,050 active chapters in 39 countries, with 4,900 trishaws and 39,000 trained cycle pilots providing over 3 million rides serving to more than 650,000 people.



glad she made the phone call to the trust to enquire about how she could be included in the programme.

Enid also resides at Mission View. Prior to Mission View, Enid and her family lived on Georges Drive for 37 years, in a house that she still remembers fondly. She likes the people of CWA Napier as they are "so friendly and nice" and looks forward to her weekly ride with Pilot Dawn out in the fresh air and the conversations they have. She says the rides have had a very positive effect on her outlook on life.



Anne of Mission View Village enjoys the fresh air on her weekly ride with Barbara and looks forward to the conversation and the laughs they have, which might include a short coffee stop. Anne originates from Comrie in Scotland and settled in Greenmeadows in 1959, before moving into the Village. Anne described her contact with Barbara as like having a new friend and is

Cycling Without Age Napier Trust:

4 Rutland Place, Taradale, Napier 4112.

Email: cwa.napiernz@gmail.com.

Phone: Alan 0274 302 702 Alan, or Liz 027 244 2576

We are fundraising to buy a second triobike. Please donate and help us increase our current capacity for rides in Napier.

Donations receive tax receipts: Charity Commission Number: CC 59805

Bank Account Number: **12-3114-0013313-00**

IRD Number: **135-407-895**

Clearly inadequate: Retirement Commissioner calls for asset cap on accommodation supplement to rise from \$8100 to \$42,700

By Tamsyn Parker, NZME - 29 Nov, 2022



The Retirement Commissioner has called for the asset cap on the accommodation supplement to be increased to at least \$42,700 for retirees as a growing number are facing financial difficulty amid the cost-of-living crisis and struggling to pay for housing costs.

Jane Wrightson made 35 recommendations for change as part of the three-yearly review of the retirement income policy but said the one that would make the biggest difference would be increasing the current asset limit of \$8100 for those applying for the accommodation supplement.

The supplement can be paid on top of New Zealand Superannuation for those struggling financially to pay rent or housing costs but many over 65 year olds can't qualify because of savings and investments which include KiwiSaver. The current cap has remained unchanged since the supplement was introduced in 1993 and back then it was calculated at 10 per cent of the average house price.

"Unchanged for 30 years is clearly inadequate. It has never been adjusted for inflation." Wrightson said its research showed large numbers of retirees used New Zealand Superannuation to cover their housing cost but only around 5 to 6 per cent of superannuitants received the accommodation supplement.

"For those with a mortgage in retirement four out of five pensioners are spending more than 40 per cent of

their super on housing."

By 2048 40 per cent of the population 65 and over would be renting, she said. "That will equate to 600,000 New Zealanders. That's a 100 per cent increase." She said because it was means tested changing the cap would not result in an enormous flood of people being able to apply for the accommodation supplement. "But clearly it hasn't been looked at properly and it is one of the solutions for older people who have housing pressure."

Natalie Vincent, chief executive of Nga Tangata Finance which provides low-cost loans to people with low incomes in financial difficulty, supported the need to increase the cash asset cap for the accommodation supplement. In the last year it had seen applications from those over 65 for loans to purchase essential items increase from 21 per cent to 50 per cent of applicants.

"We believe this is reflecting the overall cost of living increase this year, particularly with housing and food. People just do not have sufficient budgets to set aside money to purchase household items or health items that they need and they don't have any savings built up and they are now finding they have to borrow."

Of its 65-plus clients, 61 per cent were female and 45 per cent were renting. Only 22 per cent lived in their own home. She said senior applicants living in private rentals relying on NZ Super were in the most vulnerable financial circumstances. "They are often paying 40 to 50 per cent of their Super on rent and occasionally we have seen that much higher - sometimes as high as 70-75 per cent."



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Mayor Wise: our guest speaker in March



Mayor Wise was our guest speaker at our first post-Cyclone Gabrielle Grey Power meeting, and her personal, at times emotional account of her experience as our Mayor over the previous five weeks enthralled and touched the audience of over 100.

She described how, on Monday 13 February, the regional leaders met with CDEM (Civil Defence Emergency Management) to analyse the weather, unaware that we would be faced with a catastrophic event. It was decided to stand up a team of six people in Napier to monitor the situation.

That night, the full force of Gabrielle hit.

“From my home on the hill, I could see the city being hit by a storm. At 3:23 am I got a phone call, a state of emergency was declared.” Not long after, in conversation with Sandra Hazlehurst (Hastings Mayor) and Hinewai Ormsby (Regional Council Chair) a regional state of emergency was declared.

By then, she knew that many surrounding areas were inundated.

Once a National State of Emergency was declared, “we lost local decision making – so that’s how things took longer.” And of course, Napier had no power, no phone connections or internet communication plus no road access in or out. Attempts to stand up the full CDEM team was challenging. With no connectivity, door knocking was needed. “Seven staff members had lost everything; many were unable to come in. Bay View, Meanee and Awatoto, Waiohiki, Eskdale, Whirinaki, Rissington, Tangoio, Puketapu, Petane all reached out as they identified as being part of Napier.”

To her, this crisis has demonstrated the importance of working collectively across the region. She acknowledged the support from Central government.

Napier was fortunate in our roading infrastructure was largely unaffected, whereas Hastings

and Central Hawke Bay suffered serious damage to their roads. Our stormwater held up, since work done after the 2020 flood. All flooding this time was from stop bank breaches and over loaded rivers.

However, the wastewater plant in Awatoto was flooded, leaving four staff members trapped on the second floor of the plant, having to be evacuated by boat. The plant could not operate, and raw sewage was being pumped into the sea, with council unable to assess the situation till the water receded, in week three. Restoration was to be in two phases: reinstating the milliscreens, which clean solid waste; then the biological trickling treatment system, as the bacteria had died and needed to be recultured.

Mayor Kirsten said that Waka Kotahi and Unison have been “awesome” working on restoring roads and power under very difficult conditions. She also praised the doctors and nurses who turned up at our medical centre and volunteered here and in Hastings.

This crisis, which sadly resulted in the loss of lives, has highlighted many issues: our lack of a hospital, police station, backup for Telecom towers, and our city boundaries, which saw many hard-hit areas identifying with Napier but within the Hastings District Council rohe.

The Mayor acknowledged members of our community who have lost everything, and thanked all those who have reached out to help others. She also stressed the importance of supporting our local businesses – hospitality and retail – who need our custom to get back on their feet.

By *Maxine Boag*

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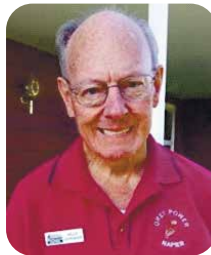
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ORGANISED BY THE HAWKE'S BAY SETTLEMENT FORUM



PRESIDENT'S REPORT to the AGM 2023

Despite the disruption of Covid and the devastation of Gabrielle, we have had a busy year, so thank you to our 1000 plus members, volunteers and advertisers. Our monthly meetings were very well attended and we had a range of speakers who addressed us.



Bruce Carnegie
President

In **June** last year our special guest **Mayor Kirsten Wise** gave us an update about the future library, new swimming pool, pensioner housing and 3 waters. This was followed by our **AGM and election of our committee for the 22/23 period**, with approximately 120 in attendance. In **July** our guest speaker was **Stuart Nash MP** who talked about his portfolios. Our **August** meeting featured **candidates standing for the HB Regional Council** elections, plus three **candidates standing for Napier Mayorality**. Each candidate had nine minutes to answer pre-arranged questions to approximately 160 members and guests. Our **September** meeting featured the **19 candidates standing for the Napier City Council**. Again, we had prearranged questions with each given three minutes to tell us why we should vote for them. In **October** we heard from **Sandy Keen from ACC** about injury prevention, focusing on preventing falls. Our guest in **November** was **Andrew Boyd**, interim Director Te Whatu Ora in Hawkes Bay who shared information about the new health system including plans for a new hospital. Our first meeting 2023 in **February** was **cancelled due to Cyclone Gabrielle**. We were able to meet in **March**, with guest speaker our **Mayor Kirsten Wise** (see report page 8). Our **April** speaker was **Jenny Pearce**, Manager of the Citizens Advice Bureau, talking about her role as manager and the services they provide.

Volunteers' Luncheon at the Taradale RSA started the year off early February to show our appreciation to the 50 volunteers who through the year do so much keeping you informed and our association alive in Napier. I take this opportunity to say a big thank you to all who give their time, energy and expertise in many ways including distribution of the newsletters, phoners keeping in touch with members who don't have access to the internet, catering, organizing events as well as attending other meetings, and an extra thanks to our dedicated committee who all do so much managing and working on your behalf.

Members' Christmas Luncheon.

held at the end of November at Pukemokimoki marae was appreciated by over 100 members and guests. Entertained by Rae Carton and Jason Wawatai, we enjoyed delicious finger food.



Napier, Hastings and Central HB Grey Power
at the Xmas luncheon

Other activities last year included **making a submission to Council urging them to retain their pensioner housing**. As well, we **celebrated the International Day of the Older Persons on 1 October**. Along with the council, Age Concern and Grey Power, we came together to celebrate "our" international day with a baking competition. Approximately 80 people attended and enjoyed a continuous afternoon tea and entertainment.

Zone meetings. Four times during the year some committee members meet with representatives from 22 other associations from Wairoa through to New Plymouth and down to Wellington, in Palmerston to discuss issues, common concerns and share helpful advice. We are glad to be sending committee member Maxine Boag to the Federation's Conference and AGM in June.

We are also very involved in the Napier City Council's **"Positive Ageing Strategy Advisory Group"**. We meet six times during the year and discuss what could be achieved to make Napier a better, healthier place to live for the older persons.

As well, we have represented you at meetings of the regional **Positive Ageing Trust**, **NCC Safer Napier** and with the **HB Hospital Management**. All meetings are in conjunction with other Grey Power association reps, Age Concern and other community groups.

It was great to be able to attend the **ANZAC Day Memorial services** and to present wreaths at Taradale Memorial Clock and Napier Clive Square Memorial,

always an honour to be at these services as we should never ever forget what happened in the past and the sacrifices made by many. (see page 5).



One of the highlights of the year for us was to see our secretary **Isabel Wood** awarded the Napier City Council **Citizens' Civic Award** in recognition of her voluntary services to Grey Power and in the community. Well-deserved Isabel. Very proud of you and all that you do.

Bereavements: Sadly, we lost three of our most active members; **June Graham**, a Life Member of our association who gave so much through the years with her time, energy, leadership and service to others. (see page 12); **Allan Twort**, a member for over twenty years who was a volunteer as a newsletter deliverer and phoner. Allan and his wife Helen also represented Grey Power every year at the Anzac memorial service at Clive; and **Pat Magill**, also a member for many years and a newsletter deliverer; a gentleman who truly believed in the goodness of other people.

Their commitment and services over the years have helped make our association grow and gain respect within the community, our condolences and may each RIP.

Sponsors. A big thanks to our **sponsors** who advertise in our newsletters, Discount Books, plus a silent donor and **Beth Shan Funeral Directors** who donate generously towards the afternoon teas with a special thanks to **Shona Bayliss from Princess Alexandra Retirement Village** who donates the delicious savouries (as well as volunteering for us). A big thanks to the **Māori Wardens** who greet you when parking at our meetings with a friendly smile ensuring you park safely and correctly, we appreciate the importance of all that they do.

Finally, I thank you all for your continued membership and support.

Best wishes to the new committee and I look forward to an exciting year ahead.

Kia Kaha (stay strong); stay safe

Bruce Carnegie | President
Ph. 844 5635 E. bpcarnegie@gmail.com

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Tributes to June Graham and Pat Magill

Two of our region's most inspiring activists – and long-time Grey Power members – *June Graham* and *Pat Magill* have passed away this year.

Pat Magill spent decades of his life advocating for social justice, Treaty-based community development, crime prevention, penal reform, improved Pakeha-Maori relationships and overall social well being.

For Grey Power, Pat was a staunch member/volunteer, delivering newsletters around Westshore when he was able.

Pat received an OBE and a Citizens Civic Award for his community work and the huge turnout at his tangi in April at Pukemokimoki marae reflected his wide following across all cultures.



Pat Magill at his 96th birthday last year

June Graham is remembered fondly by those of us who worked beside her in the various community and environmental groups she actively participated in: Baywatch (a regional umbrella for a dozen or so local conservation groups); the Ahuriri Estuary Protection society; Forest and Bird and of course Grey Power.

And with some affectionate trepidation by the local politicians who she was unafraid to interrogate on issues she questioned them on! Diminutive in physical stature, there was nothing tiny about June's strength of integrity and resolve.

June served on our Grey Power committee for 14 years, for some time as treasurer, carefully keeping impeccable hand-written records on a ledger (never having acquired a computer); and many years as catering organiser. Her sandwiches were legendary across all her organisations.

June was a Life member of Grey Power and received the Napier City Council's Citizens Civic Award in 2006. It was common for her to ask a guest speaker a question, apologetically explaining that yes, she was standing up, and in her self-deprecating manner hit

the target with a polite, well-researched and pointed question that sometimes had them scrambling to answer. As former Regional Councillor Paul Bailey said, "to be frank June used to scare the bejesus out of me because she always had an insightful question or two to ask at morning or afternoon tea which were challenging to answer."

June's heart was with the protection of the environment, and despite not being on the internet, she read paper copies of everything going before the Regional Council, whose meetings she attended regularly and whose issues she followed persistently. As environment advocate Jenny Baker said, "She has probably attended, in person, more NCC and HBRC meetings than any other citizen."

June kept us informed on Regional Council issues, and wrote and presented submissions when they were asked for. While on DOC's Conservation Board for East Coast/Hawke's Bay, June thought nothing of driving to Wellington to put her views directly to a Select Committee or Hearings Panel.

June would blush to be called a leader. Yet the incredibly energetic but humble June was a legend amongst local environmental leaders. If the environment was on the table, she was there.



June with former HBRC chair Rex Graham

Both Pat and June were inspiring community advocates - models of civic responsibility, caring about things beyond themselves, staying informed and engaging for the betterment of the community.

Our community is fortunate to have had them.

Compiled by Maxine Boag, with contributions from Paul Bailey, Tom Belford, Jenny Baker, Bruce Carnegie; Pauline Doyle; and Pat's biography "Leading From the Front".

Council Matters

- Rates Rebate reminder: if you are a low income house owner you could be eligible for a rates rebate. Applications close 30 June 2023. Visit ratesrebates.govt.nz to see if you qualify, or ring 06 8344 197.
- Council has just decided that our libraries will be "fine-free" with all overdue book fines cancelled and removed from 1 July.
- Did you know it costs only \$1 for pensioners to swim at the Aquatic Centre; and from 1 July, spectators will enter for free?



Conference Delegate Maxine Boag

Kia ora, at the end of June, I will be representing Napier at the Grey Power Federation conference and AGM. Amongst the remits that will be voted on, there is one our association sent in, asking **the Board and other local associations to lobby candidates for the upcoming parliamentary elections to**

support raising the cash asset threshold for accessing the Accommodation Supplement. (See article page 7)

The Accommodation Supplement is a means-tested weekly payment to help people with their rent, board or the cost of owning a home. Many pensioners rely on it to offset their housing costs. However, it was set in 1993, with the asset threshold at only \$8,100 for singles and \$16,200 for couples, seniors who have set aside money for future expenses such as medical costs, car expenses, replacing appliances, hearing aides, funerals and so on are not eligible.

We were told to save for our retirement, and some of us have been lucky enough to have our Kiwi saver, or a modest nest egg to pay inevitable expenses. This out-of-date asset threshold (unchanged for 30 years) means many cannot access this supplement which would make a big difference to our financial well-being. **Will report back after Conference!**

YOU SET THE GOALS: ENLIVEN OLDER PEOPLE

After a fall, stroke, or illness, it's common to think that your days of living at home are ending. Although significant shifts in wellness or ability are life changing, with the right home support, you can get stronger and continue to live in your own home. At Enliven, we work with you and your family to set your own goals. Your goal might be to improve after a stroke, to get out of bed without help, or to walk unassisted and get back to socialising at bowls.

Seven days a week, from 7.00 am to 7.30 pm, a whole group of specialists provide support to older people in Napier and Hastings. We have nurses, physiotherapists,

dietitians, occupational therapists, speech and language therapists, social workers, and support workers in our professional team. This team works with you and your family to keep you living independently and feeling connected in your community.

Whether you or your relative is at home or in hospital, ask a doctor to refer you to Enliven services.

To receive the Enliven Older People newsletter, call 0800 436 548 or email enliven@psec.org.nz

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by Stuart Nash MP

People in Napier deserve to feel confident they can get the health care they need this winter. Our government is working hard to make sure this is a reality for everyone, and we now have a comprehensive plan to ease pressure on the health system during the colder months.

The 2023 Winter Plan, led by Te Whatu Ora, will make it easier for New Zealanders to get care early, and in many cases closer to home. This will help to make sure that small issues don't become big problems requiring hospitalisation, and people can hopefully get better quicker.

One of the new initiatives that I know will make a real difference for many is free access to pharmacy consultations and paracetamol for children and Community Services Card holders. Other initiatives include 'hospital in the home' services, increased access to radiology services in the community, and community rapid response tools to protect those most vulnerable. You will also be able to see your pharmacist for free help with minor ailments, saving you a trip to the GP.

Our Winter Plan utilises the work we've done since 2017 to rebuild New Zealand's health system following years of neglect. This includes delivering more nurses and doctors, upgrading hospitals and health centres across the country, and boosting Pharmac's funding so more people can access life-saving medicines.

Also, thanks to our reforms, the health system is now coordinated at a national level. This means that resources can be shared across health facilities within a region, and communities like ours will be better served.

Having a warm home is an essential part of preventing respiratory illnesses through the winter season and lowers the risk of other health issues. To reduce the chance of people getting unwell, we're helping over a million New Zealanders with the cost of heating their home through winter.

The Winter Energy Payment started again on 1 May and will run through until 1 October. Those eligible for the payment will receive this boost automatically. Single people will receive an extra \$20.46 per week while couples will receive an extra \$31.82 per week.

As global inflation drives up prices around the world, the government is focused on bread and butter issues like tackling the cost of living. I know this support, alongside our recent 1 April income boosts, will help many families make ends meet and stay healthy over the winter months.

Stuart Nash

MP for Napier

We continue to service the local community:

Napier Office hours: 9am to 4pm, Monday to Friday
155A Tennyson Street, Napier | (06) 835 6093
stuart.nashmp@parliament.govt.nz

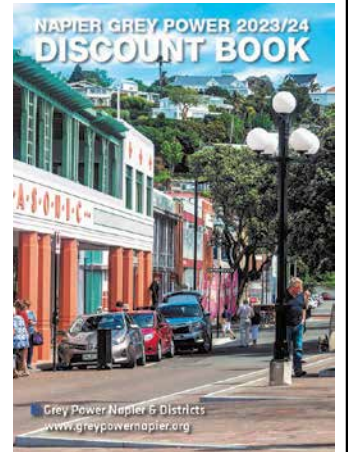


Authorised by Hon Stuart Nash MP, Parliament Buildings, Wellington



Grey Power Napier and Districts Membership Benefits

1. Low membership fees - \$20 Single \$30 Double p/a
2. To support an organisation that will advocate (lobby) for our protection and concern on matters like superannuation, health, law, justice
3. Monthly meetings with excellent speakers that relate to our interests plus good fellowship over a delicious afternoon tea
4. A free Discount Book with approximately 200 supporting trades and services – gives under-65 members Gold Card discounts
5. Cheaper gas, electricity and broadband for Grey Power Members
6. Opportunities to volunteer
7. Quarterly local newsletter
8. Quarterly Federation magazine
9. Free Accident Insurance. \$2000 paid by AIL insurance in the event of accidental death
10. 8 cents a litre off gas at Z petrol stations
11. 20% discount on Medical Insurance by Vesta Insurance for 70 years and younger
12. Interisland Ferry fares at off peak rates
13. An Appreciation Volunteers Luncheon
14. End of year Christmas Party / Luncheon for all



MEMBERSHIP SUBS DUE NOW

**Membership subs re now due for the 2023/24 year.
Cost is \$20 single and \$30 couple.
ANYONE CAN JOIN - YOU DON'T HAVE TO BE OVER 65!**

To pay your membership, you can:

1. Pay your sub online to **bank account number: 38-9009-0434068-00** Grey Power Napier & Districts; put your Surname, Initial and Grey Power membership number if renewing. If you are a new member, please email greypowernapier@gmail.com or phone Bruce 06 844 5635 to let us know you have joined. **OR**
2. Complete this form and mail it to us at Grey Power Napier & Districts, PO Box 4247, Marewa 4143 or phone Bruce and he will pick it up. Or scan and email. **OR**
3. Or join online on our web page www.greypowernapier.org

Your name/s

Address

Phone email M'ship no

You are paying \$20 for 1 member (tick if applies) or \$30 for a couple

Amount paid: Payment Type:

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Grey Power Napier Committee 2023-2024



Back: Bruce Carnegie, Kay Nesdale, Isabel Wood, Maxine Boag
Front: Russell Wyeth, Ian Cook, Allie Beattie. Absent: Linda Mellor, Shona Bayliss

June Meeting

Tuesday 20th, 1:30 pm at St Columba's Church, Taradale

Guest speaker John Collyns,
Executive Director,
Retirement Villages Association



All Welcome.

Sender: Napier & Districts Grey Power
PO Box 4247
Marewa 4143

