

Matua Moments

Serving the Matua Community

Issue #15 Spring/Summer
2022

DELIVERED FREE DIRECT TO ALL LETTERBOXES WITHIN MATUA AND CHERRYWOOD

Dinner in the Park is back for Summer!

The market will be churning out some ambient beats with regular musicians and bands ensuring feet will be tapping and heads bobbing while the whole family enjoy their restaurant quality meals and locally made brews.

Every Sunday from 5pm - 8:30pm

starting 6th November 2022 till 26th March 2023 at Matua Park, Tauranga.



Richard Kluit... an area specialist for over 25 years and passionate about our community



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From The Committee

As we get in to Spring and get these unsettled weather patterns behind us there will be a keenness to get out and get active. After being locked down by Covid so many of our favourite activities were not possible. As a location we are very lucky to have natures habitat around us so have at least been able to walk and cycle. Our local attractions that host Xmas events, such as the Bowling Club and Lions Casinos, are finding strong enquiry as people want to celebrate in a large groups again.

The editions of Matua Moments always generate great feedback but operate on a financial shoestring. We hope that you can support the businesses that support this communication and in doing so support the community.

The Picnic in the Park on Sunday evenings will commence again in early November and through to late March. These are very popular with locals who just wander down and choose from a variety of foods and listen to some music. No need to social distance the way we did previously.

TCC are preparing an update to the Management Plan for Fergusson Park. We will actively promote every opportunity for community input. There are some exciting ideas for discussion and with the increasing usage by locals of the foreshore area we need to get it right.

Christmas will be with us before we know it so on behalf of your committee we wish you a great festive season and ask that you stay safe.

Richard Kluit

Chairman Matua Residents Assn

Deep thought of today:

When you clean out a vacuum cleaner.

You become a vacuum cleaner.

WWW.Matua.org.nz

is hosted by the Matua Residents Assn and is a vehicle of communication within our community.

There is information about the roles of the Association plus

Community Patrols and Neighbourhood Support
Civil Defence

Matua Estuary Care Group

History of Matua

(photos and information is keenly sought)

Links to connect to pages / websites for Matua Bowls, Matua Baptist Church, Matua Kindergarten and Matua Primary are also included. A local business directory will be included.

If your community group wants to be part of this initiative contact Richard on 0274 337 675 or any committee member.



GO TO www.facebook.com/matuaresidentsassociation/ to follow us on Facebook.

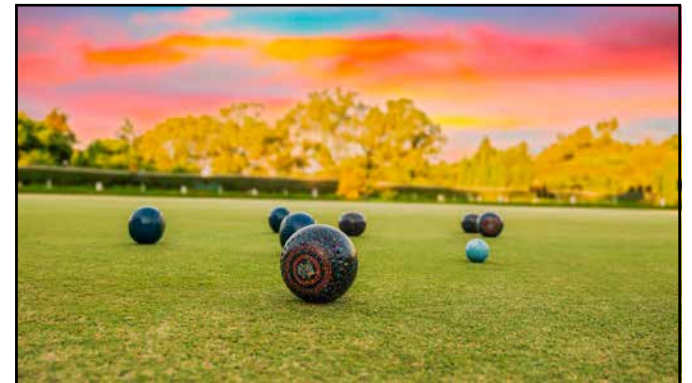
If you Love Merino.

If you love merino, and why wouldn't you love one of New Zealand's iconic natural products, then you may be surprised to find you can purchase garments in our own back yard. Located at 46 Kings Avenue in Matua where owner Margarita has set up shop after previously having a retail store at the Mount.



Bowls Matua has been a busy worksite for the past few months as two new artificial greens have been created to replace the previous grass greens.

At a cost of over \$500,000 this is a major investment in the future of the club and the sport. There will be savings in the ten's of thousands with no need for a green keeper, not to mention the savings in time and money with no watering the greens through the long summers. The Club appreciates the support of the City Council, TECT, Infinity Foundation, Pub Charities, Lion Foundation, and Four Winds Trust.



Twilight Bowls Starts October 31st

Spend your summer Monday evenings playing social bowls



Loads of fun, all abilities and everyone will be a winner.

Take home meat packs, prizes and raffles



Check out details on www.bowlsmatua.org.nz or just come along from 5pm play commences 6pm

Courts Resurfaced

The public tennis courts have been resurfaced as Council take over ownership. These are available free for use of residents as well as hosting the Pickleball Club.



Topping up the Beaches

Adding sand to a beach is a bit like the proverbial Coals to Newcastle. The beaches around Fergusson Park have seen many truckloads of cleansed harbour sand being spread to add to the size of the foreshore. Over summer this will be a real bonus as our children play on the waters edge.



PAT'S ORANGE COCONUT SLICE

(uncooked/easy)



- 125gm Butter Melted
- 1 pkt Arrowroot
- Biscuits crushed
- 1/2 Tin Condensed milk
- 1 Cup Coconut
- 1 tspn Orange Rind

Method:

Melt butter and add condensed milk and other ingredients. Mix well and press into sponge roll tin. Then Ice and keep in fridge.

Icing:

- 1 3/4 cups of Icing Sugar
- 3 tablespoons Orange Juice
- 1 tablespoon melted butter
- Mix well and Ice slice.
- If liked sprinkle 2 tablespoons Coconut over Icing

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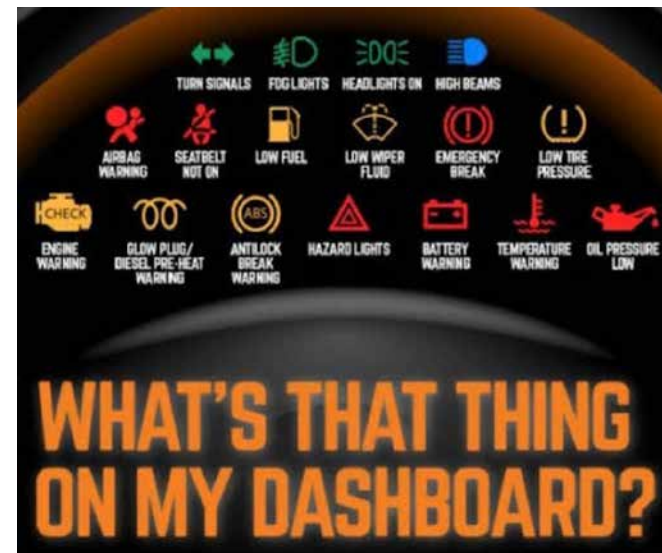
Tracey's corner



Oh no, what the heck is this? There's nothing more unnerving than having a car warning light appear on your dash!

Just like traffic lights, (and we are all very familiar with traffic lights!) red means stop, orange is caution, and green is go. A

red warning light needs immediate attention, while orange or yellow may mean you need to head down to your local garage and have the problem sorted by a professional.



What should I do if a dashboard warning light appears? It's important to pay attention to car dashboard warning lights because they can help you avoid a car breakdown, keep you safe on the road and potentially save you an expensive repair bill. Regular servicing is the best way to keep those warning lights on your dashboard from making frequent appearances. If a red or orange warning light appears on your dashboard, don't ignore it come and see us and we can identify the cause and fix the problem for you. We carry all the diagnostic tools which help to identify the source of the problem so we can fix the issue and get you back on the road.

Warrant of Fitness Inspections

Our dedicated vehicle testing team at Superior Automotive are carrying out WOF inspections under our own brand, this way we feel we can offer you a better price point, more personalised service, and a more comprehensive vehicle inspection. We run on a booking system, so you can plan your day instead of waiting forever in a queue! If you have any questions just ask. Our priority is your safety, and we are also here to help, committed to keeping you and your family safe.

Interestingly you may see our team using the "beam setter" as part of the WOF inspection, this piece of equipment is to make sure your headlights are aligned correctly. Headlights are designed to point and cast light in a particular way specific to driving on the left-hand side



of the road which allows you to see clearly while night driving while also keeping light out of the eyes of oncoming drivers.

OPEN FOR WOF MON-FRI 8.00am-5.00pm SAT 8.00am-12.00pm by appointment only.

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PREDATOR FREE MATUA

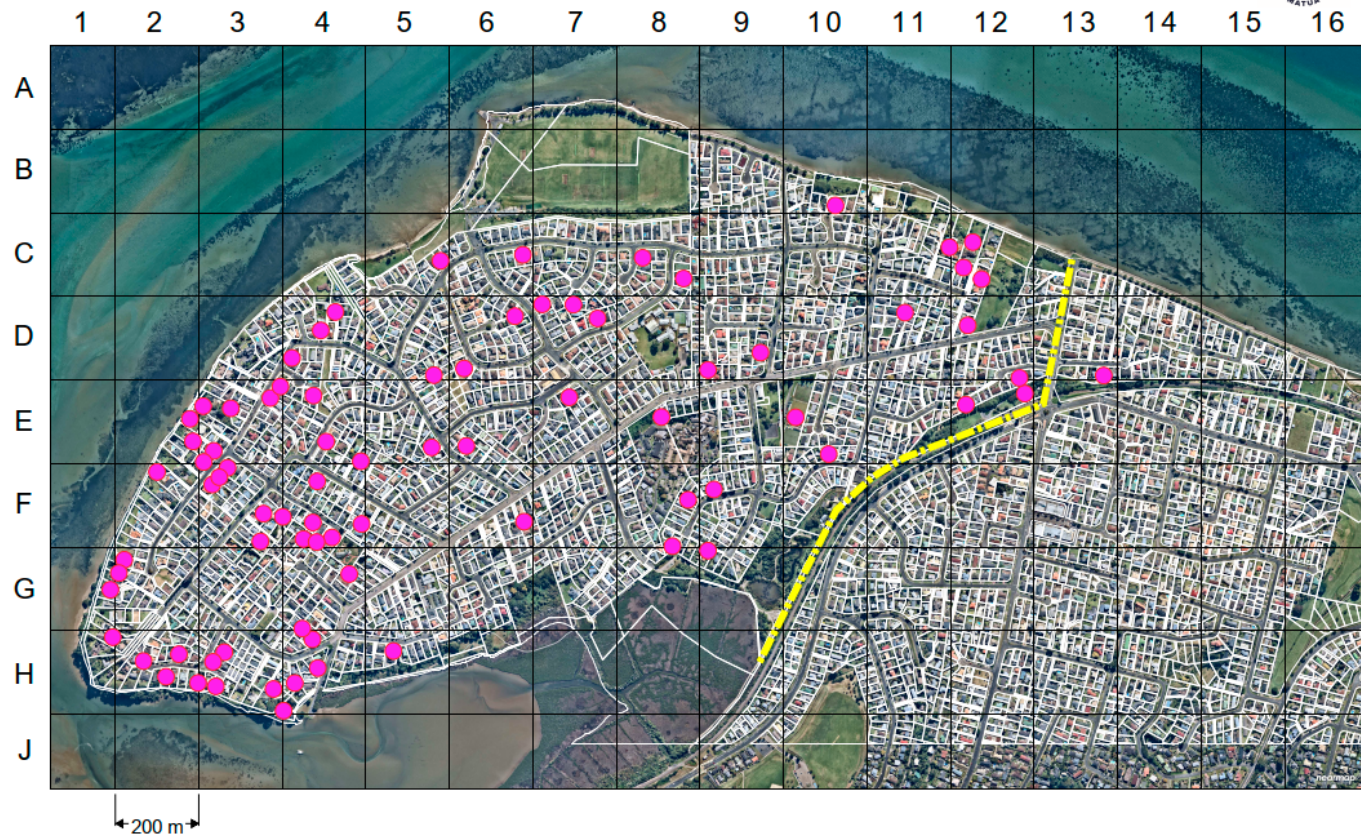
Predator Free Matua is a volunteer, not-for-profit, community effort to rid the Peninsula of rats and mice and bring back the birds to our backyards and reserves. We have been distributing free backyard rat traps since March 2018 and now there are 335 rat traps spread across Matua. In 2021, we stepped up our efforts to get rid of pests from our little section of Tauranga. The first step in this has been undertaking a monitoring exercise to understand what pests are in our area, what their habits are and what we can learn. We have wrapped up this first monitoring phase with results from 80 backyards. 14% of backyards had rat activity in our tracking tunnels, and we found some very big rats! In using the trail cameras as well, we discovered a number of backyards that had no rat activity in the tracking tunnels, but rats were picked up running along fences and other areas - sneaky buggers! We found evidence of at least 1 stoat - a dangerous predator for our native birds. In addition, 17% of tunnels had hedgehog prints, although not a target species for us, these pests do have a large appetite for native insects, lizards and eggs of ground nesting birds.

We are still analyzing all the results but this will feed into a plan to intensify trapping in certain areas, with volunteers supporting households to undertake more trapping in hotspots.

Predator Free Matua was also chosen from over 70 predator free community groups to receive additional funding for traps that we can use to target rats as well as possums and stoats! Watch out Miramar, here comes another predator free peninsula! We know that pest numbers boom in Autumn, so we are getting prepared to be able to break that cycle.

If you would like to find out more information, get a rat trap, or can volunteer your help - we need everyone from people happy to make phone calls, to those who can check traps for friends - we will be having an information evening 10th November, at 7pm at the Matua Bowling Club on Levers Road. We would love to see you there!

Predator Free Matua Monitoring Map



The club of Altrusa International Tauranga is a women's service group that enjoys friendship and fellowship while serving the community, with a special focus on literacy projects.

We have a dinner business meeting with guest speaker at Matua Bowling Club on the second Tuesday of the month and meet for a programme night on the fourth Tuesday of the month. Programme nights can be anything from a quiz night or pizza to assembling the Sandjars for our annual fundraiser.

Our projects this year have included establishing a Book Chat group for club members, reading in class at Gate Pa Primary School, creating Distraction Packs for children for Tauranga Living Without Violence, knitting beanies for the Seafarers Union, putting together emergency toilet packs for Tauranga Women's Refuge and donating non-perishable items to Foodbank. Currently we are preparing to put together Christmas Crackers for the children's ward at Tauranga Hospital and Te Tuinga Whanau Trust.

A recent new member has this to say about Altrusa:
"I had been looking for some time to find a way to meet people while doing something worthwhile when I saw an article in Matua Moments about Altrusa. What appeared to be a good possibility has turned out to be the perfect answer. I have met a super bunch of people. I'm doing all the things I love doing but putting them to way better use on meaningful projects in our community."

Altrusa has inspired me with how each of us in our own small way can such make a huge difference in our community working as a group and have fun along the way !! "

We always welcome new members so if this sounds like something you would enjoy please email the club president, Sandra Bonney, at president.tauranga@altrusa.org.nz



DID YOU KNOW?

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radius matua

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www.radiuscare.co.nz

Otumoetai Lions Club offers casinos for fundraisers or just for fun.

Clubs, companies or families can avail themselves of a night of excitement as your stake of \$250,000 becomes millions\$\$\$. No gambling knowledge required as the croupiers show you the right (and wrong) to quickly build a fortune of play money.

Contact Winn on 5700 190 or Richard 027 433 7675 or check out our Otumoetai lions Club facebook.



Strawberry Santas

Makes: 20 Time to make: 15 minutes

Ingredients:

- 20 medium-large strawberries, hulled for a flat base
- 100g Philadelphia Light cream cheese (Note: other brands of cream cheese can be too runny for this recipe; this is the one we've found works best.)
- 4 - 6 tsp icing sugar, to taste
- 40 mini dark-choc bits or chocolate chips

Method:

Cut the top third off each berry and reserve. Stand berry bases on a serving platter. Mix cream cheese and icing sugar until smooth and creamy. Pipe or spoon 1 tsp cream onto flat berry tops. Place reserved berry tops on top. Use the smallest piping nozzle to pipe mixture onto the tip of each strawberry "hat" (pom-pom) and onto "chest" (button). Use tweezers to place 2 chocolate pieces onto each cream "face" (eyes). Refrigerate until ready to serve.



When supporting the advertisers within this magazine

PLEASE LET THEM KNOW.

Their continuation enables our newsletter to be provided free of charge - they need to know where you found them and that the advertising is working for them too.

If you have a business and/or live in the Matua/Cherrywood area please consider supporting the community newsletter by booking an advert. Newsletters come out twice per year. Contact Kiwi Publications for info, details on the front cover page.

Thanks



Matua was well-represented among a group of 16 Ōtūmoetai College senior Food Technology students who triumphed recently at the 17th Annual Waikato Culinary Fare held at Wintec in Hamilton.

Matua residents Casey Conning, Macy Donaghy, Marc Spanswick and Chloe Boyt, along with 12 of their classmates, cooked up a storm at this regional competition, which is the largest of its type in New Zealand.

The students entered various classes including Cold Dessert, Entree, Chicken Dish, Healthy Lunch, Creative Burger and Savoury Pizza.

Year 13 student Casey was named Class Winner for her Gold Medal-winning Creative Burger, while Year 12 student Macy took out a Gold Medal and the Class Winner title in the Healthy Lunch category.

Fellow students Ben Barrett and Holly Speirs were also the winners of their Classes, likewise bringing home Gold Medals, while a further 7 Silver, 3 Bronze Medals and a Merit were awarded to the remaining members of the group. Collectively the students brought home a grand total of 15 medals.

The competition is the edible culmination of the year's NCEA-level work for these students, who were required to work through a design process to develop ideas for a dish, test them on willing consumers, refine them and ultimately recreate them in the



kitchens of the Rotokauri Campus.

All 16 students who attended worked with determination, passion and pride, according to their teacher and mentor, Head of Technology Lauren May. Many of the judges commented on how impressed they were with the students' work ethic, imaginative ideas and immaculate presentation.

"These legends have researched, modelled and had malfunctions - some of epic proportions!" said Mrs May. "They have continuously refined their concepts to produce some spectacular outcomes and have triumphed! It has been a joy and a privilege to be just a tiny part of their learning and journey of

growth, into the incredible humans they are today."

Participant Casey Conning's Creative Burger was made from a sweet bun with a filling of chocolate cheesecake, bacon, fried banana and caramel and hand-made edible skewer. She described the experience as "the most stressful thing I've done, hard work but very rewarding. I'm proud that it came out successfully at the end".

We are all proud of the fantastic achievements of this outstanding group of students in what has been the Technology Department's most successful year yet at the competition!



Amberwood Behind the Gates in Matua



“A bare, dated, typical suburban NZ backyard, with fussy bitsy gardens hugging the house” was exactly how the landscaper described the garden in 1998 when my late husband, Murray, and I bought the property. But the landscaper was restrained; he did not add that it was an overgrown shambles, full of invasive weeds, tatty old half dead plants everywhere and no shade at all. His assessment-Clear-fell the lot.

From there a deciduous woodland took shape, with over forty saplings; A micro-climate was created and shade loving plants took shape beneath. I was handed the reins, and have done most of the physical work and re-planting ever since. Along with dappled summer shade, autumn leaf fall, and winter sun, birds came and brought the garden to seasonal life and a year later the garden was part of the Garden & Art Festival and will be again in November 2022.

Many years on, a dear friend, Colin Hutchinson, author of The Art of Gardening visited; wishing to add his magic. “More Romance! That’s what it needs!”, he loudly proclaimed. The “how” he said, “was with delicate silvers, coppers and fine foliage which would waft in the breeze”. It truly was Art in the Garden. There was much good humour and quite a bit of wine, as this colourful character sketched out his ideas for me to implement.

In 2005 the editors of NZ Gardener slipped in amongst the Garden & Art Festival visitors, sat on a bench (incognito), and after a while told me they would like to write a feature on the garden. This they did, and came back in 2013 to write another. It was a great thrill. NZ House & Garden also published the garden in 2018, which dramatically captured the changes. True, there has been blood, sweat, tears, hard work and aching muscles, but that is all part of creating and maintaining a garden. It’s called love!

Then something out of the blue happened. Four years

ago, during the festival, I discovered Ruud Kleinpaste, The Bug Man, in my garden! For me it was



like finding Elvis amongst the plants. There followed a hilarious tour during which he gaily said, “despite being a lovely garden, sadly there is nothing for native insects to eat and nowhere for them to live! An area needs to be much messier! Rotten logs! They are the Plankton of the Forest! Leaf litter! Plants that Wetas love! Weta Motels! That will do the trick!”, he enthused.

Part of the garden is now an undisturbed native insect habitat. Ruud is hard to resist! Without our hard-working insects we are doomed, along with most wild life. Habitat destruction is rife with new builds.

People have kindly brought me Wetas – More needed!! If you find a weta or two – please contact me on the phone number below. Visitors have nothing to fear, as they are nocturnal. Snoozing all day in their motels. Many other insects hide away in this area and the soil is hugely improved because of it. The bird life has also increased.

And there it is, from “bare backyard” to a garden full of biodiversity and interest, and one that seems to impart peace and imagination.



Amberwood An Enchanted Woodland Garden in Tauranga City

Featured in :
 • NZ House & Garden
 • NZ Gardener
 • BOP Garden & Art Festival

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 Tours, Clubs, Groups welcome
 • Contact Heather:
 027 4447 096 or 07 576 2288

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Welcome to the Otumoetai Health Centre Complex. A comprehensive Healthcare Facility with a wide range of services available to you including:

- **Otumoetai Doctors** **576 2321**
- **Bay Physiotherapy** **577 9798**
- **Foot Clinic (Podiatrist)** **0800 111 150**
- **GP Skin Surgeon (Dr Dixon)** **576 2321**
- **Counsellor (Nikki Mildon)** **0210 246 5523**
- **Unichem Otumoetai Pharmacy** **576 7290**

Otumoetai Doctors

Please be patient and kind to the staff at the Health Centre. We are still under pressure with seeing respiratory illness across our population. To reduce the risk of spreading infection we see these people in a separate area. We are asking people to wear masks at the surgery for the same reason.

Our clinic is running for all health checks and reviews. Please book in with your doctor if you have any health concerns. Plan in advance for repeat prescriptions to allow us time to process your request. This can take up to 48hours.

Our travel clinic is becoming popular with increasing overseas travel.

Health Improvement Practitioner

We have a **new free service** at Otumoetai doctors. We see people of all ages, and help with any type of issue. The aim is to support you to make a positive change in line with what’s important to you or learn a skill to promote your wellbeing. Your doctor or nurse can refer you. The appointments are roughly 20 minutes. The session will focus on the most important problem for you that day, and support you to develop a practical plan to improve things.

We also have a Health Coach who will actively help you in the community. We see people for a range of difficulties such as:

Stress/anxiety/low mood	Relationship issues/parenting
Sleep problems	Lifestyle Changes/physical health
Chronic pain	Addiction issues
Grief and loss	

Pharmacy Update From Unichem Cherrywood

Stock Shortages October 2022. Due to the long-lasting global supply chain disruptions as a result of the COVID pandemic, pharmaceutical supply into New Zealand is disrupted and

uncertain. Pharmaceutical wholesalers in NZ and Pharmac are tirelessly trying to rectify this or find solutions but it does leave us short on a number of medicines at present. One way we are trying to ease these short-falls is by restricting some medicines to monthly dispensing. By rationing medicines in this way, it ensures there is adequate supply to cover all of our patients, to make it through until more medicine reaches our shores.

The medicines that are unavailable for some time or have uncertain continuity of supply are: Gaviscon Infant sachets, Locoid Scalp lotion, Locoid Lipocream, Pevaryl Foaming sachets, Estradiol patches, Special foods, Psyllium husk, amoxicillin/clavulanic acid tablets, to name a few. Please bear with us as we try to find a solution for your prescription in conjunction with your prescriber.

Otumoetai Health Centre

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MATUA RESIDENTS ASSN SUBSCRIPTION

See more about what we do at www.matua.org.nz

A \$10 annual subscription will give you the opportunity to make positive suggestions about the facilities that you, as a Matua resident, would like to see developed, enhanced or repaired. Have your say in the community by making a contribution. The subscription you pay will only be used for the benefit of the community or those who support it in some way. Subscriptions in the past have been used to purchase barbecues, park benches, park lighting etc.

Please join by paying your \$10 annual subscription today!

Fill in your details right and drop it in at Matua Foodmarket, Tilby Drive, or post it to PO Box 6004. You may also lodge it direct through our account at Westpac Cherrywood 03 1548-0005557-00 Receipts will be issued by the treasurer on request.

We welcome your suggestions, input, interest and involvement.

Name:

Address:

Email:

Comments and Suggestions:

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Dried Flower Arrangement Workshop

Join us for our dried
arrangement workshop

Thursday October 27th

5.45pm at Bella Rosa Designer Florist
\$140.00 includes drinks and nibbles.

We also host dried wreath workshops and in November we will start our very popular Christmas wreath workshops. Phone us on 5758328 or email rikki@bellarosafloreal.nz to secure your place.



I LOVE MERINO

New Zealand Made Merino & Other Fine Textiles

The I Love Merino Story

After many years retailing in Melbourne and Dunedin, a lifestyle change saw Margarita move North to the sunny Mount Maunganui where I Love Merino ran as an established retail store for 11 years. During this time Margarita was renovating a unique home based location and the time had come to make the move into her new boutique home and garden store.

I Love Merino continues as a fresh shopping experience in a garden cottage, there is a full range the same as the previous retail store, with less overheads meaning the savings are passed on to the customers.



46 Kings Avenue, Matua
BY APPOINTMENT | Margarita | 027 274 1830

Volunteers Needed for Waipuna Hospice Annual Remembrance Tree Appeal.



Christmas is generally a festive time of the year, but for some, it can be a challenging time spent thinking of the people who we can't be with. They may have died, they may be living overseas or in other parts of the country, or perhaps just can't be with you at this time of year. The Waipuna Hospice Remembrance Tree Appeal is a time when the community is encouraged to leave a message on a Christmas tree for their loved ones, remembering those who they can't be with.

Waipuna Hospice needs your help this year to make that possible. They are looking for volunteers to help with their Remembrance Tree Appeal in November and December. As a Remembrance Tree Volunteer you will be a friendly face helping someone make a donation and write a special message for a loved one to place on the Waipuna Hospice Remembrance tree.

Funds raised from this appeal will go directly towards supporting the terminally ill and bereaved in Tauranga and the Western Bay of Plenty. Everything Waipuna Hospice provides is at no cost to patients and their families because they believe that hospice care should be available for everyone. However, while completely free of charge, their services cost a lot to provide. Waipuna Hospice is not funded by the government,

and while some of their services have historically been contracted by what was the DHB, they still need to raise over \$7.5 million in the coming financial year to meet the shortfall in their operating costs. That's why their Remembrance Tree Appeal is so important.

Last year their Remembrance Tree Appeal raised almost \$60,000 for Waipuna Hospice, which was only made possible thanks to the generosity and support from volunteers.

It may seem early to think about Christmas, but Waipuna Hospice needs your help to make their campaign a success. So, if you can spare just two hours this November and/or December and want to help raise money for people in your community facing a life-limiting illness, please sign up at www.waipunahospice.org.nz/remembrance-tree-volunteer-22/

phone Michael on 07 552 6892 or email events@waipunahospice.org.nz.

Shifts are only 2 hours long, and there are opportunities to volunteer all across Tauranga and the Western Bay of Plenty.



Mario Brothers and SpongeBob Squarepants were at Fergusson Park for Matariki, Plus a range of birds, butterflies and an orca.



Early On-Demand Music Streaming Required Lots of Nickels

The machine had over 170 songs to choose from, each one assigned a different number. Customers would use its built-in telephone to connect with the local Multiphone station, filled with records and turntables. A DJ with a friendly voice would be waiting on the other end to answer the call and play the requested record. The stations, located in Seattle, Tacoma, Bremerton, and Spokane, were staffed entirely by women.

"You'd put your nickel [into the Multiphone] and you would hear a hostess from the central station ask through the speaker, 'what number, please?' And you'd say, I want number 202, 'Fools Such As I.' And then they'd grab the record from the rack, put it on the turntable associated with the location you were at, play it, and that was it," says Seattle historian John Bennett, author of the upcoming book *The Shyvers Multiphone Story*. Bennett, who runs Jukebox City, a vintage jukebox business in the Georgetown neighbourhood, is a Multiphone collector himself. A self-proclaimed antique hoarder, Bennett bought around 500 Multiphones in the 1980s, which he sold at an antique shop he owned at the time. Back then Multiphones only sold for \$100 a pop—today, they're much rarer,

and can go for over \$2,000.

The brainchild of Seattle inventor Ken Shyvers, Multiphones came onto the scene in 1939. At the time, jukeboxes were only spinning 20 or so records, at most. Shyvers wanted to expand the playlist, so he created the Shyvers Multiphone: a mini-jukebox, with an Art Deco aesthetic. It stood about 20 inches tall and, during its mid-century heyday, could be found anywhere from diner counters and bars to drive-in theatres.

Information from Atlas Obscura online magazine Feb 2022.





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Locals who Take on the World's Best

Matua local Paul Burrows took on the challenge of Ironman world champs at the notoriously gruelling Kona circuit in Hawaii. Well done Paul