GREY POWSLETTER

ANZAC Cove - Lest we forget RSA shares some history around this significant day. Page 3 QUARTER TWO 2022 - WINTER www.greypowernp.org.nz

AGM GENERAL MEETING

Thursday 26 May 2022 at 1.30pm St James Church, Lawry Street, Moturoa

SPEAKER: Catherine Quin of Quin Law. Speaking on Power of Attorney and Elder Abuse. Followed by AGM

All welcome, bring friends

MEMBERSHIP RENEWAL

A large number of subs remain unpaid still. Please renew as soon as able. Cards with 31.3.22 are over due now. Do ring Office 757 5885 / 021 022 98721 for assistance or to collect subs. Thank you.

GREY POWER NEW PLYMOUTH INC.

158 Tukapa Street, Westown, New Plymouth, 4310 **Phone:** (06) 757 5885 **Email:** greypowernp@gmail.com www.grevpowernp.org.nz

Office Hours: Wednesday and Friday 9am - 1pm

COMMITTEE 2021 - 2022:

PRESIDENT: Wally Garrett 7550 988 VICE PRESIDENT: Alison Brown 7588 040 TREASURER: Val Armstrong **OFFICE MEMBERSHIP SECRETARY:** Karen Hamer **MINUTE TAKER:** Mary Perrott **CO-ORDINATOR:** Agnes Lehrke 769 9630 **COMMITTEE:** Caroline Symmans, Kathy Sutton, Colin Kilpatrick, Isabel Carter, Mark Barraclough. TRAVEL TEAM: Wally Garrett - 755 0988 Val Armstrong - 027 289 1810 / Pam Burkett / Margaret Humphries / Jill Ellis / Dennis Eales

A COMMON MISCONCEPTION:

Grev Power is not aligned with any politician or political party. We are an advocacy group and we present our views to Parliament to try to get a better deal for all Superannuitants. As such we will speak to any political group or politician who is likely to make a difference on our behalf. We also seek to keep all our members informed on what Grey Power has been doing on their behalf.

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Business Discounts

Our Grey Power Logo will hopefully be displayed in shop windows, doors or counters to remind Grey Power members where discounts are available.

Therefore have your membership card ready for a check out and spread the word. Of course it is reaffirming to acknowledge the discount . Especially in these times.

President's Word

Kia ora

Grey Power New Plymouth is relocating its office. As from May 1st 2022 we will be operating out of the Barclay Hall.



This is the red building adjacent to the Tukapa Street, Waimea Street roundabout, I would like to make really clear, that there is NO connection, affiliation or association whatsoever with the Labour Party. The reason we have gone there is based purely on practical reasons such as cost. location, parking, etc.

Being a lobbying organisation it is sometimes difficult to gain funding for our Association, and I am delighted to be able to say that we have been successful with our latest application to the TOI Foundation, and are very grateful for their support. This support does help our bottom line. In the long run, I would like to see more of our membership subscriptions being spent on our members, rather than having it all go towards paying for national capitation fees, and to run and manage our local office.

Speaking of national capitations, there is going to be an increase of \$2.50 per member which New Pymouth has no control over and we, unfortunately, simply have to pass this and other costs on to the members. The membership fees have not changed for 10 years, and time and inflation has caught up with us, like everything else. At the April committee meeting it was discussed that the fees should move to \$20 per single member and \$30 per couple. This motion will be put at the AGM in May.

With the AGM coming up, now is the time to consider nominating people for roles on the Committee. As I have said before the committee is not a closed shop, and we would welcome any nominations for any roles.



We regret there can be no travel while Covid is still present in the community.



Anzac Day

The RSA have kindly contributed this article. Jeremy Seed shares some history around this significant day.

Anzac Day is marked on April 25th, the date of the first landing by New Zealand and Australian troops at Gallipoli in 1915, by the force which became known by the acronym - Australian and New Zealand Army Corps = ANZAC

The first Anzac Day commemorations were held in 1916, exactly one year after the Gallipoli landings. Early Anzac Day services were solemn mock funerals which allowed the next of kin of those killed overseas, to mourn as the bodies of the fallen were not returned to families in New Zealand.

It was not until 1921 following lobbying by the RSA that legislation was passed in Parliament which made Anzac Day, a day on which no businesses were allowed to open or trade. This sanctification of Anzac Day, requested by the RSA, reflected the feelings of most New Zealanders that it should be a special day for reflection and remembrance.

1922 was also the first year that Poppy Day was held to raise funds for the RSA welfare work and 2022 marks the centenary of what is New Zealand's oldest and longest running street appeal.

Over time the observance of Anzac Day has typically evolved into two distinct services. The dawn parade which begins at 5.30am, typically attracts large numbers of veterans and their families. It is a poignant service which starts in darkness but ends in the first light of day, traditionally the time soldiers "stand to" in their trenches to watch for potential dawn attack. This is normally followed by a more community-orientated service later in the morning with a turn out typically dominated by community groups who all lay wreaths in memory of the fallen.

Since the early 1990's, New Zealand military commitments to a wide range of UN and other military deployments have created an estimated 30,000 returned veterans. These men and women have deployed to places as diverse as Bosnia and Afghanistan and closer to home .. such as The Solomon Islands and Timor Leste.

These New Zealanders have served operationally on all continents except Antarctic and have added their service to that of all who have gone before them in service of New Zealand. Service we mark with solemn commemoration on Anzac Day.

(Thank you Jeremy)

us.

holiday.

A few tables are booked for our use. Any member may join in and maybe there are some potential new members to come.

Let's give this our support. Come and spend time together, bring a friend. Put this on your calendar.

See you there.





GREY POWER COFFEE MORNINGS



Grey Power members and friends are enjoying these occasions for cuppas, chats and new friends. We enjoy the company, so why not join

Coffee days are the first Monday of the month at 10am, at Aroma Café. The next day Tuesday if the Monday is a

Relocation of Grey Power Office



The office will relocate on the 30th of April to Barclay Hall at 158 Tukapa Street.

It is after much deliberation and search for a suitable situation that this decision has been taken.

The recent survey undertaken demonstrated that members came only once a year to the office and that was not a great number.

We regret the move takes us further out of the central area of the city but central is now very expensive and the traffic is thicker. Crossing roads is risky for parks of which there are fewer available.

We have been at Powderham House for five years and it has been a satisfactory office with good security and management. But our lease is up and we need to move. We survive on membership subscriptions only so your prompt payment is appreciated. Thank you.

158 Tukapa Sreet will be guieter and with good parking. Also a hall attached with kitchen etc.

It is just before the roundabout but to enter the parking area, the circuit of the roundabout must be undertaken. Keep to the outer ring and then into the parking area. The road leads on to Francis Douglas Boys College further on.

Do come and visit us if you wish and see where we are. We hope you continue with your annual visits also but to a quieter environment.

Our contacts are: 158 Tukapa St. 757 5885 greypowernp@gmail.com

Agnes and the Office Team.

OFFICE HOURS :

We find that the sub payments are slower as the year goes by, therefore we will cut our office days down by one a week.

In June the hours the office will be open to members will be Wednesday and Friday 9.00am to 1.00pm only.

Our wonderful Volunteers then will be available for your payments. We will review this at the end of the year.

> Another urgent issue to resolve is the charge of the Subscription Fee. To learn more please come to the AGM 26th May and have your input into this resolution. This is very much a membership issue so do attend please.



Who's your

Local Legend 20 22

Do you know an unsung hero who keeps our community going?

Fill out a nomination form at npdc.govt.nz/locallegends or call 06-759 6060

NPDC Citizens Awards nominations close on 18 May.



Total Mobility operators in Taranaki

Bus travel may be an option for you

- All buses in the Citylink urban fleet servicing Waitara. Bell Block, New Plymouth and Oakura, are now super low-floor and wheelchair accessible - no steps!
- Phone the Total Mobility team for details about other bus services throughout Taranaki



- With the exception of the Hawera-NP 'Connector' service passengers over 65 years with a SuperGold Card can travel free from 9am-3pm and after 6.30pm weekdays and on all Saturday services.
- ACCESS discounted fares are available for passengers with permanent or temporary disabilities who travel on Citylink, SouthLink and Connector Services.

To enquire about an Access ticket, contact Taranaki Disabilities Information Centre Ph: 06 - 759 0019.

The Ironmside Vehicle Society offers a service and fare structure that is different to taxi operators' systems.



North and Central Taranaki Total Mobility users who require transport with wheelchair hoist assistance should contact the Ironside Vehicle Society. You don't need a Total Mobility voucher for travel with Ironside Vehicle Society, but please show your ID card.

Safe travelling from the Taranaki Total Mobility Team.

Phone: 0800 868 662.

The Toi Foundation

Recently a grant of \$600.00 was obtained from the Toi Foundation by our fund raiser lady, Valerie Barraclough.

We would like to acknowledge this grant and thank the Foundation, as well as Valerie for her fine achievement.

The grant will support our work for our members as well as all seniors in general. Grey Power New Plymouth are very pleased recipients.

Great News.

SCOOTERS AVAILABLE **Coastal Walkway** and Pukekura Park

Electric mobility scooters are available to use free of charge from Taranaki Disabilities Centre Trust. Their use is restricted on the Coastal Walkway between Port Taranaki and Te Rewa Rewa Bridge.

Bookings are essential and can be made by calling Taranaki Disability Centre Trust on 06-759 6060 or 022 166 8720.

You must show staff that you can drive a scooter and sign a declaration to say you're competent. You will also need personal ID such as a Gold Card.



Our Birthday Member



What an achievement !! We have a 100 year old member in our midst.

On the 2nd of February Gloria Tennant was 100, and going strong. Just imagine what memories this fantastic lady has of all those years. Gloria has a good memory and is a champion crossword puzzler, has sharp witt and good humour too.

Congratulations Gloria we wish you all the best and hope and pray the years to come may get easier for you. May you go well.

Literacy Aotearoa Digital Device Programme:

What is this programme ?

Literacy Aotearoa has small classes and require a minimum of 8 students to run a class. The classes are two hours long and once a week.

There is an opening for a class in Term 2 on a Thursday morning, 5th May 2022 from 10am to 12pm. This class is available for all of 2022 for our members if wanted.

The classes are for 10 weeks, with a rolling intake which means students can enrol at any point in the year.

Classes are held onsite the corner of Lemon and Liardet Street, under the Baptist Church building. Free parking under the building. Free classes, no cost to students.

Each class member brings their own device or a laptop will be offered.

Friendly supportive staff. So why not check this out.

Live vour **BEST life now!**



Grey Power New Plymouth office Use Survey Results:

- emailing.

- stations.
- your survey.



We received the completed surveys thank you and were able to make some decisions with your answers.

1. The results for use of the Grey Power OfficeMajority don't use it. Others visit once a year.

2. Use of Travel Davs

... Many enjoy these .

3. Visiting the office annually would not be difficult if further out of town.

4. Most disagreed with closing the office completely.

5. Some manage Direct Crediting, others don't.

6. Visit to the bank is stressful as wait times are tedious. Others have found Phone banking easy and a beneficial way to pay accounts.

7. Not many thought a post box was beneficial but would simply use the post.

8. Many have found emailing Applications was helpful. As we did to receive them.

9. Not the same use of the Web site as phone and

10. Few get the News paper. Many buy the Saturday paper only.

11. Most don't receive the Midweek, which is a delivery problem.

12. Radio Magic popular, as are the FM Radio

13. Some don't listen to the radio at all.

14. Grey Power could keep in touch with members, through the News Letter or emails .

Thank you all for participating and returning

HOW TO AVOID SUPERMARKET RIP-OFFS

From Milestone on Eldernet



Supermarkets are useful one-stop shops for a variety of goods. However, in case you weren't already aware, the multi-billion-dollar NZ supermarket industry is dominated by two players, so we don't have much choice when it comes to our weekly shop. The big two are:

- Woolworths New Zealand (owner of Countdown and franchisor of the SuperValue and FreshChoice stores) and
- Foodstuffs (the name behind New World, Pak'nSave and Four Square co-operatives)

The next time you're in a supermarket, here are six dirty tricks to watch out for so more funds stay in your bank account:

1. Floor layouts that make you spend more

An incredible amount of time and effort goes into the layout of a supermarket. Supermarkets are organized to slow you down so that you'll buy more. You might have noticed:

- Supermarkets playing relaxing music to slow you down.
- That healthy items like fruit and vegetables come first, so you'll feel less guilty about putting not-so-healthy foods in your trolley later.
- ٠ Staple products such as bread, milk and cheese are placed at the back of the store so you've got to do a full lap.
- Common items are dispersed across the ٠ supermarket, which means you've got to wheel through more aisles.
- More expensive products are often stacked at eye level.
- Cross-merchandising, which is where • complementary products are placed together to increase the sales of both. For example, how

often have you decided to buy French Onion Soup and Reduced Cream after you've put potato chips in your trolley?

- Keeping 'impulse items and last minute 'essentials' at the tills. This could be snacks and lollies to encourage your kids to pester you for treats, or it could be high-margin items such as batteries, chewing gum and magazines.
- 2. Loss leaders

Supermarkets are infamous for their special offers.

Many stores lure customers with weekly headline specials on staples such as cereal, milk, and detergent, then raise prices on other goods to offset those "loss leaders."

You're unlikely to find the specials for less anywhere else. If you follow the flyers, you'll see that staples go on sale at predictable intervals, so if you're really committed you can stock-up and save.

3. Bogus specials

When walking around your supermarket aisles, it's likely you'll be inundated with lots of brightly coloured signs for 'top deals', 'lowest prices ever' or other not-to-be-missed deals.

While these are supposedly products that have been reduced to a cheaper price than normal, we recommend having a good look at what the original price of the item was. In fact, Consumer NZ's head of research Jessica Wilson is on record as saying special offers were used so frequently that the claimed savings were questionable. Wilson says, "Effectively the special price is really the usual selling price so you're not getting a genuine saving."

4. Premium products which aren't so premium The fancy packaging of that 'high quality' bacon may convince you it's going to be much tastier, but once it's cooked will you really be able to tell the difference?

The packaging on supermarket premium brands is designed to tempt you into parting with a few extra dollars and cents, but keep in mind that extra cash might just be used to cover the cost of the fancy packaging.

5. Online shopping

Online shopping is changing how supermarkets go about their business. Simply:

- Tick the products you want, ٠
- Enter your credit card details, and ٠
- Either wait for your delivery or pick it up vourself.

A plus of online shopping is how easy it is to stick to a budget, and you have more time to weigh up any deals. However, a downside is that you can't pick your own produce – you'll have no guarantee you're getting juicy or average melons. Also watch out for the 'allow substitutes' options – if you check such a box it means the supermarket can change parts of your order if they've sold out and replace it with something else.

Some people report being given more expensive items as replacements and only being charged for the cheaper version, but some have reportedly thrown in a pricier replacement and charge you extra.

6. Making comparisons impossible

This might totally go against your best instincts, but while packaged goods do normally cost more than loose items, this isn't always the case.

Supermarkets rely on the fact you think this way and will often make comparing items confusing. This is particularly the case with fresh produce like fruit and veges. For example, packaged tomatoes may be priced by packs of six, while the price for loose ones will be displayed in kilograms.

Do your ears feel blocked, are you having trouble hearing?



- Do you wear hearing aids?
- Do you use cotton buds?
- Are you about to have a hearing test?
- Are your ear canals narrow or hairy?

Ear wax build up can cause ... Discomfort, Itching, Pain, Ringing in your ears (tinnitus), Dizziness and Reduced hearing.

Earwax removal is safe and effective. It is performed by our trained and experienced registered nurses and involves using a microscope to view your ear and a small suction tube to remove the wax.

Carefirst WESTOWN Medical Centre

> Ear suctioning removes ear wax gently and safely. No referal is necessary.

> Simply phone Carefirst: 753 9505 to book your appointment in our Westown Clinic today



enlíveň

ONLINE

SHOP

We were created to be "in the community" with others. So if you are feeling a little isolated or lonely, reach out to someone and be the friend to them that you would like them to be to you.







Visit ShopEnliven.org.nz

ShopEnliven is Enliven's one-stop online shop featuring products for older adults

We offer gifts, food and nutrition, dementia care, personal care, and lifestyle products all at an affordable price. New products are being added all the time - so make sure to check in on a regular basis!

> To see what we have on offer, visit www.ShopEnliven.org.nz

The road ahead for seniors

Helpful advice for senior drivers Six good things to know

1. Licence renewal is more frequent for seniors The 10-year renewal period begins to shorten when you turn 65, as you need to renew at 75 with a medical check. The next age for renewal is 80, then every two years after that.

2. Staying Safe refresher courses are freely available

These free driver theory courses give you a refresher on traffic rules and safe driving practices. They also give you tips on other transport options to help you keep mobile.

3. It's good to check out your car and yourself

Senior drivers have a wealth of life experience and knowledge which helps make them safer drivers. However, it's good to be aware of the key information that can make you as safe as possible.

4. There are many transport options you can consider

At age 65, all seniors are entitled to a SuperGold card, which allows you to access free off-peak travel on public transport. If you have a health condition which affects your mobility, you may also be entitled to the Total Mobility Scheme's discounted taxi fares.

5. The roads are changing and getting busier

Nowadays, there are more drivers and road networks are always changing. Our road rules booklet provides a summary of the things that people most commonly have questions about, including roundabouts, giving way at intersections and traffic lights.

6. You can be a support to those around you

There's a range of things to consider when talking about driving issues and transport options. Our support booklet has tips for these conversations, as well as resources that can help you and those close to you.











Support services

Age Concern | www.ageconcern.org.nz 0800 652 105 | national.office@ageconcern.org.nz

Office for Seniors www.superseniors.msd.govt.nz osc@msd.govt.nz

Local councils | www.localcouncils.govt.nz Click on 'Council Profiles'

Neighbourhood support www.neighbourhoodsupport.co.nz 0800 463 444

NZ Automobile Association (AA) www.aa.co.nz/contact-us 0800 500 444

Waka Kotahi

NZ Transport Agency www.nzta.govt.nz/senior-drivers 0800 822 422 info@nzta.govt.nz

Information booklets are also available online www.nzta.govt.nz/senior-drivers

Grey Power New Plymouth Association Inc AGM Committee Nomination Form 2022

Full Name of Nominee	Position on Committee	Signature of Nominee
	Proposer:	Seconder :

All positions on the Committee will be voted on.

The above form is not a voting form but your nominations for the Grey Power Committee. Actual voting takes place during the AGM.

You may nominate as many as you wish. So fill out the form and send it in to the office by hand delivery, email or post please.

Your nominee must be aware of your nomination and sign the form to show their willingness to stand. Your support is greatly appreciated.

All nominations will be available on display, for viewing at the AGM.

Remember this is your opportunity to have a say on who you want on the Committee.

If you know someone who is a good TEAM player and may be interested in an active roll, and a dedicated person for Grey Power, then please nominate them. Nominating Committee members or one for a leader's role is so important for the growth and welfare of our Association. Therefore it is an important exercise that we need to be seriously involved in. AGM will take place on Thursday 26th May at 1.30pm - see cover notice.



You can no longer receive the Grey Power discount from the following:

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OUR ADVERTISERS Our advertisers support enables the continuation of our newsletter. Please support them where you can and let them know where you found them.

Many thanks

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Lace beauty Jasmine florists Speedstar The bench Shop

The Retirement Villages Association (RVA) has recently completed a national programme of meetings with retirement village residents to share its Blueprint for the Future.

The blueprint, which was launched last year, includes providing residents with a stronger voice, strengthening the complaints process and working with the Te Ara Ahunga Ora – Retirement Commission (formerly the Commission for Financial Capability) to monitor relicensing times so best practice standards can be developed.



The forums in Tauranga, Wellington, Christchurch and Auckland were chaired by former Seniors Minister and MP the Hon Tracey Martin, who has recently stepped down as an independent member of the RVA's Executive Committee.

RVA Executive Director John Collyns said the meetings were extremely positive and excellent progress was being made with the industry collaborative approach aimed at addressing residents' concerns and issues. "We understand that a review of any legislation as proposed by the Retirement Commission is appropriate at some time but we have always felt that more pressing issues currently exist for government," said Mr Collyns.

"The growth of our sector, the fact more than 100 Kiwis are choosing to move into a retirement village every week and the overwhelming satisfaction levels among residents clearly demonstrates we have struck the right balance between robust regulatory oversight and effective self-governance.

"However, we accept there is always room for improvement and refinement around certain practices as our sector and our offering evolves. The blueprint sets out the tangible and definitive steps we will be taking to achieve that goal."

The Blueprint for Change addresses weekly fees (fixed or a predictable increase, ceasing when a unit is vacated), commits to making sure operators re-licence vacant units as quickly as possible, pledges to ensure the terms around transfers to care are transparent, and addresses and perceived or real "unfair" clauses in Occupation Right Agreements (ORAs).

Mr Collyns and RVA president Graham Wilkinson attended all forums to give presentations and answer questions.

A frequent question was around the role of Statutory Supervisors – who monitor the financial position of a village and the security of residents' interests.

"There appears to be a lack of clear understanding over the legislative role of the Supervisor and the RVA will explore how we can improve awareness and understanding of this," said Mr Collyns.

Other points included the use of 're-licensing gains', transparency around the business income and outgoings and greater ability to negotiate terms of ORAs. Mr Collyns and Mr Wilkinson addressed all points, providing details wherever possible on where residents could access the information they required. "We agree there is a role for continuously educating operators and residents about the re-licensing process and to encourage best practice including dealing with potential drawn-out re-licensing times," said Mr Collyns.

Ms Martin said the RVA has committed to exploring what more could be done to support a more streamlined transfer to care both inside the sector and where they could with the Ministry of Health and Ministry of Social Development. "The retirement villages sector agrees that the move to care should be transparent. The RVA is identifying where improvements can be made, and will work with operators and regulators to ensure the process around the move is as transparent as possible.

"It was also acknowledged by both the RVA and residents at the meeting that there could be some more clarity on wording in the ORAs around "intentions" to provide care facilities."

Ms Martin said that following each forum she enjoyed informal discussions with residents. "There were very few who were not happy with their village and none who wished to leave their village. "At the Auckland forum, a member of the residents spontaneously asked all those residents who felt that their village had kept them safe during Covid to raise their hands. Almost the entire room raised their hands. Residents attending again and again verbalised how happy they were in their villages."

The RVA recently commissioned research into retirement village residents' degree of vulnerability. "The research covered almost 1,700 residents across 105 member villages. It showed that there was a very small minority of residents who might be considered vulnerable," said Ms Martin. "Nevertheless, the RVA is launching a trial with Fairway Resolution across 11 Auckland villages with a confidential service to allow residents to discuss any problems no matter how small, with a skilled person."

Due to other commitments, Ms Martin is stepping down from her RVA role with former MP and former Senior Citizens Minister Hon Jo Goodhew taking on the position. editorial supplied by The Retirement Villages Assn.

QuinLaw - Barristers & Solicitors

RELATIONSHIP PROPERTY ON DEATH (part 1 of a 3 part series)

One often overlooked but important legal change to the Property (Relationships) Act came into effect in 2014.

It provides a scheme for how relationship property is to be dealt with when a spouse/partner dies. When one spouse/partner has died the surviving spouse/ partner may choose Option "A" or Option "B" under the Act.

Option "A" is for the surviving spouse/partner to choose to make an application under the Property (Relationships) Act for a division of relationship property instead of taking what they have been left to them under the Will. In comparison Option "B" is for the surviving spouse/partner to choose to take whatever is left to him or her in the Will of the deceased spouse/partner. It is obviously a very important decision as to which Option is chosen.

There is a set form for the choice to be made and recorded, and a lawyer must certify that they have explained the effect and implications of the

Option "B" choice.



Editorial supplied by QuinLaw

document to the spouse/partner. More on this in the next part of this series.

The surviving spouse needs to make their choice within six months of Probate of the Will being granted. However, all is not lost if the application is not made in time as the Court can extend the time in certain circumstances. An obvious problem to time expiring is if the Estate has been finally distributed. In that case there will not be any Estate to deal with, so time will not be extended in that situation.

This of course takes us to when can the Estate be distributed? The Estate of a deceased spouse/ partner cannot be distributed within the first six months after Probate was granted or before the surviving spouse/partner has chosen Option "A" or "B", whichever happens first,

If the surviving spouse/partner does nothing, then after six months he/she is deemed to have made an

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SANDWICHES

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S	U	Ρ	С	Е	R	Е	н	0	А	G	Т	Е
В	Е	J	R	Х	D	Е	Ν	V	Е	R	В	κ
Υ	G	Ν	U	Ν	А	В	U	С	Q	В	В	С
т	А	С	0	R	Ν	Е	D	В	Е	Е	F	0
Е	S	Е	Е	н	С	Ο	Т	Ν	Е	Μ	Т	Ρ
А	U	н	S	Т	F	R	S	L	Μ	Ν	G	Α
L	А	D	Μ	Ζ	Е	Т	Т	А	L	Т	А	Ν
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С	Т	L	Е	Μ	Т	А	С	R	Т	S	Ρ	Т
А	S	L	Ζ	Т	R	R	Е	G	Ν	Т	F	Ν
R	С	А	Е	W	В	А	R	В	Е	С	U	Е
Т	Μ	Ν	н	Α	В	V	Υ	С	L	U	В	н

How to solve sudoku puzzles. No math is required to solve a sudoku. You only need logic and patience. Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.

Renewal of Subscriptions:

Take your membership card and check the date of expiration.



This is when your renewal was due.

for you if necessary. Thank you

You can pay by ; Cash, Eftpos or Direct Credit.

our Bank number is 15 3948 0007390 00 When paying by Direct Credit, please use surname and membership number in the reference section, or surname and phone number if new, so we know who is paying. So **PLEASE pay punctually**, the association survives by your subscriptions. Thank you. We're the cheapest Subscription fees in the country. So let's be the best at fulfilling this obligation please. Well done to those already paid.....Agnes.

MEMBERSHIP APPLICATION / RENEWAL FORM

Grey Power New Plymouth Assn Inc | 158 Tukapa Street, Westown, New Plymouth 4310 www.greypowernp.org.nz | Email: greypowernp@gmail.com | Ph: (06) 757 5885

* Membership year is from 1 April to 31 March

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OFFICIAL NOTIFICATION

Our friendly reminder that subs due date was March 31st 2021. Please contact the office if there is a problem and we will help collect them



mber:

lay and Friday - 9am - 1pm

Winter Energy Payments

The winter Energy Payments will start again on the 1st of May.

If you get NZ Super or a Veteran's Pension, you will be entitled to the Winter Energy Payments all winter. That's from 1st of May to 1st of October. The payment is made automatically, no need to apply.

As 1st of May is part way through the pay period, your first payment will be less than the full amount. You'll be paid the full amount in the following payment 24th May. Couples and people with dependent children will get \$31.82 a week. Single people will get \$20.46 a week.

If you want to opt out of getting this payment or you want to get back in, please complete the "Stop or restart Winter Energy Payments" on line form, or call the Senior Services contact centre 0800 552 002.

If you are travelling overseas for more than 28 days you really need to let the MSD know, otherwise they may pay you too much and have to ask for the money back.

Keep warm and safe everyone!



Is your Membership Subscription up to date?

Are you a financial/paid up member of Grey Power? If your card has 31/03/2022 on it, then yes you need to renew your subscription. Find the application form on Page 15 of this newsletter and fill it in. Payment methods are at the bottom on the left hand side. NEXT MEETING Wednesday 24th August at Barclay Hall 158 Tukapa St New Plymouth

YOUR QUARTERLY NEWSLETTER FROM GREY POWER NEW PLYMOUTH



