

CHRISTCHURCH

New Zealand
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GREY POWER

50+ QUARTERLY NEWSLETTER

Phone (03) 942 8816

SUMMER ISSUE 2021



GREY POWER CHRISTCHURCH

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Presidents Word

Hello again.

We have been busy over the last few months.

Unfortunately, our August Social was cancelled due to the dreaded Covid, which has affected everyone especially business's. I got panicky when it arrived in Christchurch, but it seems to be managed at present. My thoughts are we will have to live with it for some considerable time. New Zealand is the best place to be, my friends and relatives in the U.K. have had it hard as have many countries even our friends across the way.

We have changed our venue for next year details below. Changed our P.O. Box number which is P.O. Box 15051 Aranui Christchurch 8643, will be put on the renewal form. Subscriptions are up to \$25 single and \$35 double due to the Federation raising their capitations fees, starting from 1st April 2022. This was put to the Members at the A.G.M. in June who agreed.

The Committee and I wish you a Happy Christmas and a Great New Year. Stay safe and well.

Ann Ferrari | President



Grey Power Christchurch Committee

Our Owl is our symbol

The wise old owl sat on the oak
The more he listened the less he spoke
The less he spoke the more he heard
Who of us is like this wise old bird

Grey Power loves our owl it is our official symbol and is used in all correspondence.



Afternoon Socials

NEW VENUE

St Martins Church
50 Lincoln Road
Spreydon, Christchurch

First Social 16th February 2022
at 1pm Speakers and Entertainment

There is a bus stop 300 meters before church and one across the Road for returning. Plenty of parking at back of Church.

It has been decided that we have a Social each month so come along, looking forward to seeing you.



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General manager Tony Garing says, "Funerals have become far more personal and meaningful because you hear more about a person's life. There's no such thing as a standard funeral because every ceremony is different."

A chance to reflect on a life

Tony explains why funerals matter. "The funeral is about your loved one, but it's for you, their family and friends. It's a chance for everyone who knew them to say goodbye and a time for you to receive support, share memories, and tell stories."

Making a funeral a true reflection of your loved one's life helps make your final farewell more precious. From personal touches to meaningful locations, say your goodbye in a way that truly resonates for your family. The team at John Rhind are here to guide you through your choices.

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CHRISTCHURCH & KAIAPOI

Call 03 379 9920 or visit our website to order a free funeral pack.

JOHN RHIND

FUNERAL DIRECTORS

editorial supplied by John Rhind Funeral Directors

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TUI'S SURPRISE OUTINGS

Well hopefully I make the cut-off date for the magazine in time or folk will be ringing to ask where we have been to get ideas for their own outings.

In September, we went to Pleasant Point and had an excellent meal at the Hotel there, before we boarded the Pleasant Point Railway for a ride to their Museum. Everyone enjoyed their long day and said it was worth it.

It quickly came around to October and another trip out of town, first to Rangiora to the Plough Hotel where everyone said the meal was fabulous - there wasn't one complaint. After our meal we boarded our luxurious Clarks Coach with Bob, our popular driver, to go further up country to the well-kept Balcairn Community Hall where we were entertained by the Dutch/Irish Performers. I noted on their wall of honours how very many families had been killed in the First World War, and again in the Second World War, but not quite as many. These drives in the country enable those who no longer drive to see the changes in various areas.

Goodness, it is now November & I have to prepare 60 Christmas parcels for everyone and it's where I feel my age doing up all the bags. Our Clarks Coach arrives an hour early as Bob has, as always, agreed to help me put all the parcels on each seat before anyone arrives. He is most helpful and very caring with our elderly who have walkers or disabilities.

We start off then for the Richmond Working Men's Club where Gabby and Nathan had arranged our tables in U shape as requested and I cannot speak highly enough of the Service that both they and the Staff provided to ensure our function was a success. The delicious hot meal was served on piping hot plates and the bar service was prompt, this all helped make our day enjoyable.

When we arrived Phil Chapman entertained us on his guitar and sang songs getting everyone to join in to get folk in a happy mood, which everyone needs to be in a Christmas Spirit in these dreaded Covid Times. After Lunch Father Xmas and his Fairy Elf delivered chocolates to every person and wished them Merry Xmas. Many insisted on a cuddle and Wish from Santa for he was a real Father Xmas in body NOT a little wee person padded up as one. Then the highlight of the afternoon - the entrance of the Famous Drag Queens - MISS BUBBLES AND MISS SHANIQUA in the most Gorgeous Outfits. Many of

our group had never seen a Drag Queen before or a Drag performance. They learned that Drag is an ART form. Their dancing movements and miming to the Music was well choreographed and as for wigs and exquisite costumes these were beautiful and hours of work must have gone into the making. "Makeup on a flawless skin" as one lady remarked - it was what she would die for and to see them dance in high heeled shoes was the envy of one lady who said she used to do so in her young days. DRAG IS A BUSINESS in itself, but they both had day jobs too, one worked in a Supermarket and the other Drove for St John's Ambulance, in addition to owning businesses - one my own great grandson had to his birthday a while back - it was a Bouncy Castles business. They received great applause and departed. Soon after we all boarded our Coach for home. The end of another year and everyone said their Merry Christmas's and wished each other a happy coming New Year AND Good Health till we meet again. And I wish every happiness and stay safe.

Cheers *Tui*



Social Afternoons

Superannuitants' and Friends

Meetings will be held at St Martins Church Hall, 50 Lincoln Road.
PLEASE NOTE NEW VENUE.
Start Time: 1.00pm

February 16th - Gary & Chris from the Council. Allans Men to entertain

March 16th - Greta Bond to talk. Myra & Ray to entertain.

April 20th - WINZ to give a talk. Libby to entertain.

RYMAN PIONEERS

Together

"There's always something going on to help people get together and do things."

Maureen, Myrtle and Sybil,
Ryman residents



NEIGHBOURLY-NESS BUILT IN

Visitors to Ryman villages often say they can't quite put their finger on it, but it just feels different. Something to do with the energy of the people and the way they interact. We know what they're talking about. It's a genuine reflection of the community that exists in our villages, and another example of how we're pioneering a new way of living for a new retirement generation.



Diana Isaac Village

A selection of townhouses and apartments are currently available

- One, two and three-bedroom options
- Priced between \$520,000 - \$815,000
- Our base weekly fee is fixed for life* and our deferred management fee is capped at 20%.

*Some conditions apply.

There are 8 Ryman villages throughout Canterbury.

- ANTHONY WILDING VILLAGE**
5 Corbett Crescent, Halswell, 03 338 7696
- CHARLES UPHAM VILLAGE**
24 Charles Upham Drive, Rangiora, 03 310 8644
- DIANA ISAAC VILLAGE**
1 Lady Isaac Way, Mairahau, 03 385 3518
- ESSIE SUMMERS VILLAGE**
222 Colombo Street, Beckenham, 03 337 6500
- KEVIN HICKMAN VILLAGE**
25 Steadman Road, Riccarton Park, 03 342 4755
- MARGARET STODDART VILLAGE**
23 Bartlett Street, Riccarton, 03 337 6500
- NGAIO MARSH VILLAGE**
95 Grants Road, Papanui, 03 354 6608
- WOODCOTE VILLAGE**
29 Woodcote Avenue, Hornby, 03 338 7696



So at last we are really heading into the summer months, and the mind starts thinking of beans, tomatoes, courgettes, cucumbers etc.

Apart from looking to fresh tomatoes my attention is also on beans. They are one of the most popular vegetables to grow which is great as they are relatively easy to grow and packed with vitamins. They produce outstanding yields for the space they occupy. They are definitely a warm season vegetable. They do best in a well drained soil full of organic



matter. Mulching, is also recommended for the very hot weather. And best planted in a sheltered site, same requirements for both dwarf and climbing beans.

We have plenty of bean seedlings in stock.

In Store

Vege Seedlings; corn, beetroot, tomatoes, coriander, basil, lettuce, onion, parsley, capsicum, chillies, eggplants, pumpkins and courgettes and many more.

Flowering Bedding; cosmos, impatiens, lobelia, marigolds, pansies, petunias, salvias, pansies and sweet peas to name a few.

Swan Plants are new, we must look after the Monarch Butterflies.

Geraniums Galore!

A good selection of **Herbs**.

Bacopa plants, look stunning in pots and baskets Cascading Petunias, will flower all summer.

Here's a few summer hints:

- The simplest way to cultivate **pumpkins** is to plant your seedlings in your compost heap then sit back and watch them grow and prosper
- **Basil** is not only a great companion for Tomatoes on your plate, but they work well together in the garden. Growing basil amongst your tomatoes plants will enhance the flavour of the fruit, and it seems to result in a healthier crop of plants. Pinch back the basil to keep it compact.
- Legend says that you have to be wicked to be able to grow **Parsley** successfully.... Anyhow it is best to

replace it annually – wicked or not!

- **Mint** loves a cool, moist spot and can become a pest if conditions are too much to it's liking! Use it in drinks and foods for it's fresh flavour.
- Water your **tomatoes** regularly to prevent blossom rot. Start liquid feeding as fruit appear. Pick lateral and always leave the first 10-12-cm free of leaves at the bottom of your regular tomatoes.
- Make sure to keep your **dwarf beans** well watered at all times, otherwise they might stop flowering and cropping (especially in raised bed, where soil temperature can be much higher) and liquid feed.
- Stop picking your **asparagus** spears and let them go to fern and to focus on storing energy for next year's crop. Weed and feed your asparagus bed.
- Harvest early **potatoes** yum yum.
- Pick leafy greens as they will keep sending up fresh tasty leaves for a long as you pick them.
- Try not to disturb your **strawberry** bed. They root close to the surface and don't appreciate being disturbed. Weed carefully around them, then compost and don't let them dry out. Strawberries love water and sunshine.

Enjoy the build up until Christmas, if you feel you want a change of scene come enjoy Red Eight at Portstone café and then wander through the garden centre, as we have some lovely gift ideas.

Remember our great offering at Portstone Garden Centre is 10% discount for Gold Card Holders on most of our products. Our team are experienced and helpful, and look forward to seeing you at Portstone soon. Portstone 465 Ferry Road (under the big gum tree) 389 435 | www.portstone.co.nz

"Moving can be a very unsettling and anxious experience but also rewarding – I'm here to help, care, and guide you through this next step in your life to make it as fuss and stress free as possible without any pressure"

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Mature Moves is about helping people

If you are considering moving into a smaller home, perhaps a retirement village or residential care and you feel you could use some help Mature Moves could be your answer. They are a Christchurch based company with local people helping older people to downsize and move, when the need arises. They understand that sometimes your family are not positioned to help as they might like to or have time restraints. True to their motto 'to treat you like they treat their own families', the team at Mature Moves can pack up, declutter and move all of your belongings and furniture to your new home.

Then they unpack and set up your new home to the very last detail, setting up the home just the way you like it.

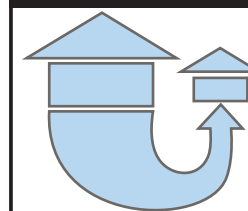
Decluttering can be a bit overwhelming, however, it is made much easier with some understanding help. Step-by-step you can have things sorted and organised with minimal fuss and stress.

Along with this wonderful service, they can also organise selling things you no longer require, or gifting them if you desire to family or charities. They can also clean homes inside and out, and complete the gardening to get houses ready for sale. Mature Moves is about helping people. You let them know what you need help with and they will set about showing you just what they can do to help you.

A visit and consultation is free of charge, with no obligation to use their services. However, if you feel they may be of assistance a quotation can be provided for your consideration.

You can call Mature Moves on 0800 777 214 to talk about your move. We are sure the team can help you to lighten the load and make your move a smooth transition.

Are you thinking of moving? Could you use some help?



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|-------------|---------------------------------|
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| ■ Relocate | ■ Rubbish removal/gardening |
| ■ Unpack | ■ Selling & gifting items |
| ■ Storage | ■ Estate Clearance |



Phone Mike
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Email: info@maturemoves.co.nz
www.maturemoves.co.nz

Echoes of the Fairlie Flyer

Our October bus trip was a great way to put the thought of this awful Covid-19 to one side. And yet to recognise that certain North Islanders had seemed determined to bring it to the South Island in their quest to beat the system for obvious reasons is beyond belief. And so, with every one of us appropriately masked, we set off in our luxury Clarks Coach with our favourite driver Bob at the helm.

Pleasant Point was our destination, and as we settled back to enjoy the scenery enroute, the fresh spring growth, the snow on the hills giving the skiers yet a few more runs in an extended season and the general fellowship on board, the sun shining throughout the day, we were all in good spirits. We arrived in time for lunch, real country style tucker at the local pub, the Pleasant Point Hotel.

And so, well fed, refreshed and in good spirits, we boarded the coach for a ride to the railway station virtually just across the road, well not quite that simple as it turned out, the entrance to the station was on the other side of the track which entailed a fine demonstration by Bob on how to turn the coach, some 13.5 metres long, around to be able to get onto the road on the other side of the track. Having got there, we were greeted with smiles and understanding. Quickly invited to board the train consisting of two carriages of vintage origin with luckily enough seating to cater for our group. We duly found a seat and started reminiscing train rides of our early years. And so, without further ado we went for a ride to the end of the track some two kilometres away.

Here I should give a little history about the railway. Quite early in the development of farming in New Zealand the necessity for roads and especially railways became apparent to facilitate the transportation of bulk commodities. This was most important where good farming land was to be found off the beaten track so to say. Land alongside the

Opihi river and its tributary, the Tengawai river, was ideal farming country and early recognised as worth of encouraging its development.

The railway from Timaru started to be built in 1874 and by October 1875 had reached Pleasant Point, where the two rivers joined. Whether Pleasant Point got its name, previously Pico, at this time is open to research but looking around, it certainly recognised the attributes of the area. Eventually the railway reached Fairlie in 1884. Thoughts of extending the line to Burkes Pass in the Mackenzie were deliberated but never acted upon.

In competition with vehicular traffic the railway was a great mode of transport for everyone thus leading to the train becoming affectionately known as the Fairlie Flyer. Eventually however, as land transport became more efficient and flexible, the railway became progressively less and less used to the extent of becoming uneconomical leading to its

demise in 1968.

With this history, a group of people with a passion to preserve history for future generations, set up the Pleasant Point Railway and Historical Society. All they had was a vision, a steam locomotive, and a vandalised railway station. In 1970 the locomotive, AB 699, was placed as a static exhibit on the only piece of track not lifted, about 50 metres, in front of the old Railway Station. A museum was set up in the station.

They now have, the AB 699 locomotive fully restored, a model T Ford railcar, New Zealand's only restored half birdcage carriage, a D16 former freezing works shunting loco restored to working condition, two kilometres of re-laid track and a huge shed at the end of the track, built to house a workshop, rolling stock and displays. All of which we were able to freely wander around and discuss with the society



members be they with us or working there on various projects, painting a vintage carriage being a prominent occupation at the time. Some old, and I mean old, films were viewed depicting comedy antics that just rounded off our visit, we had a good laugh.

Our guide, a very enthusiastic member of the society left us in no doubt as to the interest shown by the local community in their endeavours which augers well for the future. This was also endorsed by our group in thanking them for showing us around. We enjoyed the ride back to the Station where other exhibits were available which some of us briefly viewed but by then time was pressing to board our coach for the trip home well knowing the traffic buildup to await us there.



"We don't own one of those fancy vibrating chairs, so we put all our phones on vibrate and put them behind his back, then we call them."



Afternoon Social

The final afternoon social was held at the Cahmere Club on the 19 November. There were 47 members present and six of these went home with a ham that they had won in the raffle.

There were lots of nice prizes and the entertainment was really good also. This is the last time that we will be having our meetings at the Cashmere Club as in February we go to our new venue which is at St Martins church hall 50 Lincoln Road, Hoon Hay.

We hope to see more people at the meetings next year as long as covid has not taken a hold. We always have speakers and entertainment and a cup of tea and biscuits after the meeting.

*The committee of
Grey Power Christchurch
wish you all a safe and happy
Christmas and New year*



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Enduring Powers of Attorney



What is an Enduring Power of Attorney (EPA)?

An EPA is a legal document which allows you to appoint a person (your attorney) to make decisions on your behalf if you are unable to make those decisions. The person you choose is usually a family member or close friend who understands and respects your wishes, and who you trust to act in your best interests at all times.

There are two types of EPA:
an EPA in relation to property and an EPA in relation to personal care and welfare.

An EPA in relation to property authorises the person (or people) you have appointed to make decisions on your behalf about your property affairs, such as what happens to your assets and bank accounts. You can authorise them to act for you while you have mental capacity, as well as once you have lost mental capacity.

An EPA in relation to personal care and welfare gives the person you have appointed the ability to make decisions about your health and welfare. This EPA only comes into effect once you have lost mental capacity. For example, if you are diagnosed with dementia and it compromises your intellectual capacity, the person you have appointed in your EPA can make decisions on your behalf if a doctor has certified that you are no longer able to make those decisions yourself.

Who can have an EPA?

Anyone deemed to be of sound mind can have an EPA. Drawing up an EPA while you are well gives you more control and input into your plans for the future, especially if you are concerned there may be a time that you are not able to make your future decisions yourself.

Who cannot have an EPA?

A person who is deemed incapacitated or of unsound mind cannot draw up an EPA. But what does this mean?

Capacity is assessed by examining a person’s ability to comprehend information given to them, retain information, consider the information to make a choice and communicate their choice. For example, dementia can affect a person’s ability to retain information, and this will likely affect that person’s capacity to make important decisions.

Unfortunately, it is all too common that by the time the conversation about capacity and EPAs comes up, it can be too late to put them in place.

What happens if you do not have an EPA?

If you do not have an EPA, and have lost your capacity to make your own decisions, someone will have to apply on your behalf to the Family Court to appoint a Property Manager or Welfare Guardian. The Court will need to be sure that the person they appoint will act in your best interests, which is difficult for them to do when you cannot communicate yourself. Applying for these orders is expensive and takes time and the person the Court appoints may not be who you would have chosen.

Being prepared and setting up an EPA early is simpler, cheaper, and may prevent your loved ones from further worry at what may already be a stressful time.

The Life Law team at Godfreys Law can guide you through the process of creating your EPA and make sure that your rights and wishes will be respected and upheld.

**If you would like to get your
EPA sorted, contact
Godfreys Law on 03 366 7469.**

Godfreys | Law

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and advice in your
twilight years.

Gina Dobson

Life Law Specialist

(03) 366 7469

Editorial supplied by Godfreys law

Growing diversity in retirement villages

Traditionally, retirement village residents have tended to be mostly pakeha and come from a fairly standard background. We’re often asked what we’re doing to encourage older people from other ethnic backgrounds to move in, and for a long time, the answer was “not very much”. However, more recently that’s started to change, so we asked our writer Janet Brown to investigate.

By Janet Brown, Head and Heart Ltd

I’m talking with a group of Chinese residents at Summerset at Heritage Park when it becomes clear that it all started with Heidi’s housewarming party. Heidi Ng and her husband moved to effects of his Parkinson’s Disease. Heidi invited about forty of their friends to come and celebrate their new home, and that party sparked a chain reaction that’s still continuing.

Village managers often say that it’s quite common for each new resident to trigger one or two inquiries from their friends and family. In this case, Heidi and her husband are Chinese, as are many of their friends. And that party has led, in just over a year, to fifteen apartments (and counting!) in Heritage Park’s new Heritage Apartment Building being occupied by other Chinese residents. Heritage Park Village Manager Leticia Chuck believes this trend is likely to continue, “The village is really a reflection of the wider Auckland community.”

Heidi picks up the story and explains how it started. “We looked at several villages, then the first time I walked in here I felt the warmth, the welcome. But when I told people we were moving to a retirement village, they often said “Poor you!”, so I had a party to show them how lovely it was.” She doesn’t mind not getting capital gains because of the support and activities retirement village living offers. That view has been strengthened by the marked improvement in her husband’s wellbeing and enjoyment of life since they moved in. Everyone in the group nods and agrees.

About the same time, Graham and Janet moved in. Graham is New Zealand born, an accountant who’s still working, and doesn’t speak either Cantonese or Mandarin, and Janet came to New Zealand from Hong Kong aged

nine. She speaks Cantonese, and before they moved in mostly did so with her mother in her nineties; now she has a group of neighbours to talk with in Cantonese. Janet had looked at a number of retirement villages and brought Graham to look at Heritage Park; he knew the area and liked the lake views, so they put a deposit down on their three-bedroom apartment.

Raymond Sun was the first party-goer to act: “After the party I picked up some fliers on the way out, and started looking at villages.” He settled quickly on Heritage Park, and next thing his friend Sylvia was keen as well. Others were interested too: Kitty, Jenny and May from Raymond’s tai chi class, and Heidi’s friends from Eastern Howick Baptist Church. All have now moved in, as well as others. They all appreciate the amenities, each enjoying different aspects. Raymond enjoys getting to know non-Chinese residents at happy hour, and encourages others to come: “Everyone should go to happy hour, it helps you know what’s going on and it’s great for getting to know people.” Chinese New Year became a village-wide celebration, enthusiastically supported by residents, who watched Raymond demonstrate the art of the traditional tea ceremony, while Heidi introduced them to Chinese calligraphy.

Living on two floors of the same apartment block, it’s easy to pop in to catch up – Heidi laughs about how they walk barefoot from apartment to apartment: “We don’t even need to put our shoes on to go and see each other!” Raymond adds, “Every day, people are ringing my doorbell. In Howick, that didn’t happen.”

But the group is at pains to tell me that the disadvantages of a village are heavily outweighed by what they’ve gained. Graham’s final comment, as he leaves to go to work, is “Everyone is very friendly here.” Heidi sums it up: “I know, if anything goes wrong, I’m already in a safe place with my friends around me.”

But for now, they’re all enjoying life in their new apartments and community. Heidi has the last word on this too: “Every day it’s like having a holiday together on a cruise!”



editorial supplied by Retirement Villages Assn.

SunSmart - You can be SunSmart and still enjoy the great outdoors. Being SunSmart is about protecting yourself from too much ultraviolet (UV) radiation from the sun.

Slip, Slop, Slap and Wrap
- Four Ways to be Safe in the Sun

Slip

- Slip into the shade of an umbrella or a leafy tree. Plan your outdoor activities for early or later in the day when the sun’s UV levels are lower.
- Slip on a shirt with long sleeves. Fabrics with a tighter weave and darker colours will give you better protection from the sun.

Slop

- Slop on plenty of broad-spectrum, water-resistant sunscreen of at least SPF 30. Apply 20 minutes before going outside and reapply every two hours and especially after being in water or sweating.
- The average sized adult should apply at least ½ teaspoon to each arm and to the face (including the ears and neck) and at least a teaspoon to each leg, the front of body and back of body.
- Sunscreen should not be used as a way to stay out in the sun longer. Instead, use it as a way to reduce the risk of damage to the skin when exposure to the summer sun is unavoidable.
- Keep sunscreen in handy places where people are most likely to be reminded or need to use sunscreen eg by the door at home, or in your swim bag, sports bag or handbag.

Slap

- Slap on a hat with a wide brim or a cap with flaps. More people get sunburnt on the face and neck than any other part of the body.

Wrap

- Wrap on a pair of sunglasses. Choose close fitting, wrap-around glasses that cover your eye area and protect the sensitive skin around them.

Sun Exposure - It is still important for your general health and wellbeing to continue to get some sun exposure even during the hottest months (September to April). This should be a walk (or some other form of outdoor physical activity) 5-6 days a week, planned for the early morning (before 10.00am) or late afternoon (after 4.00pm). Be SunSmart at any time of the year when you are outside in the mountains or near reflective surfaces such as snow, ice and water.

Keeping Traditions Affordable

The Meaning behind our statement.

Just Funerals have always been focused on providing families the most affordable funeral services in both the North and South Island.

When trying to come up with an idea that speaks about the company we asked, what do we do? what do we focus on?

We realised that we provide traditional funeral services, much like other funeral homes whilst keeping the cost affordable to all families.

During the most recent lockdown, we have seen the impact Covid-19 has had on families financial situations. Most families want to give their loved one a Traditional Funeral, and were worried about the financial burden, however being affordable means we are able to give loved ones a send off they deserve without compromising on quality.

At Just Funerals we give guidance to what financial assistance there is available to them, this helps ease stress during the difficult time of losing a loved one.

Just Funerals is Family Owned and Operated, you can trust they are taken care of.



editorial supplied by Just Funerals



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Committal Service with Cremation \$3950**	Chapel Service \$6500**	Family Burial Service \$3400** + Plot Fees
Transfer into our care, Temporary Preparation, Eco Casket or Unpolished wood grain flat lid, Hearse Transfer to Funeral, Hand tied bouquet of seasonal flowers, 1 hour gathering at Just Funerals preferred Chapel, Preferred Crematorium Cremation Fees, 1 Death Certificate	Transfer into our care, Standard Traditional Embalm, Eco Casket or Unpolished wood grain flat lid, Hearse Transfer to Funeral, 1 Hour Gathering at any Chapel, Celebrant or Minister Donation, Casket Spray, 15 Line Newspaper Notice, 50 Colour Service Cards, Music of your choice, Preferred Crematorium Cremation Fees, 1 Death Certificate	Transfer into our care, Standard Traditional Embalm, Wood Grain MDF Unpolished Casket, Dressing at Funeral Home, 1 Death Certificate
		No Service Cremation \$2000**
		Transfer into our care, Dressing your loved one, Eco Kit-Set Ply Casket, Preferred Crematorium Cremation Fee, 1 Death Certificate



Viewing Room



35 Seat Chapel Available

Unit 3 243 Blenheim Road, Riccarton, Christchurch

Use of NZ Owned Chapels Only

Arrangement Room | Licenced On-site Mortuary | Casket Display Area | Qualified Funeral Directors

** There can be extra costs depending on unique circumstances

FREE
Information Pack Available

Social Meetings Speaker/s

At our October meeting we had two Speakers from the Christchurch City Council.

Our first speaker was Teresa who spoke on the Three Waters Reform Bill including the information that the Council were asked to supply to the Government to assist in the passing of this Bill. The Council has put forward questions that they would like clarified. To date they have not heard back from the Government. As you may have seen from the local papers or on various other media, 3 Waters is a very hot topic, which has numerous benefits but also has many flaws or downfalls. There may be a necessity to have a referendum. Teresa also told us that the Chlorine in the water has nothing to do with Three Waters Reform Bill. Teresa then answered as Questions as time permitted.

Our second speaker was Gary who spoke in an open forum on a little of what he does then asked the members if they had any questions which he could answer or help or seek guidance on.

As you can imagine there were lots of questions with which Gary responded to well and has already provided feedback on issues that he did not have all

the information at the time.
Both speakers were very well received, and Gary will be back to speak to us again in March 2022 and also, he will bring Chris who can speak to us in the local Council restructure and reform.

Take care, stay safe and have a great Christmas and New Year.

Regards Geoff Ede

NZ POST

The Christchurch Box Lobby, which is located at 67 Cashel Street, Christchurch Central, is now offering Bill Pay services. Bill payment includes services such as:

- Vehicle registrations, change of ownership, etc (NZTA)
- Paying power, phone bills, etc
- Paying council rates
- Applying for a new IRD number

CHRISTMAS CAKE

only 4 ingredients

- 1 kg of Fruit Mix
- 2 Cups [500mls] Fruit Juice
- 2 Cups Self Raising Flour
- 1 Tbsp Sherry [optional]

Soak fruit in fruit juice or in cold tea overnight. Stir self raising flour into soaked fruit and mix well. Spoon into a well lined large baking tin and cook at 130c for 1 and ½ hours remove from tin and leave to cool.
Can be iced and eaten in 3 to 4 days



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Be willing to be a beginner every single morning. (Meister Eckhart)
In other words do not give up. Have a go at something. Do something. Help someone.
You will be helping yourself to enjoy life.

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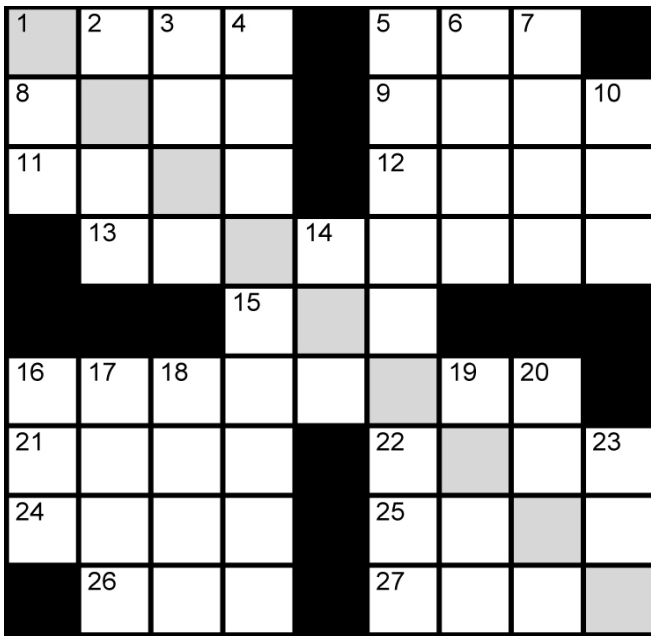
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Settlers



Across

1. Van. alternative
5. Mountain pass
8. Santa ____, Calif.
9. Maui dance

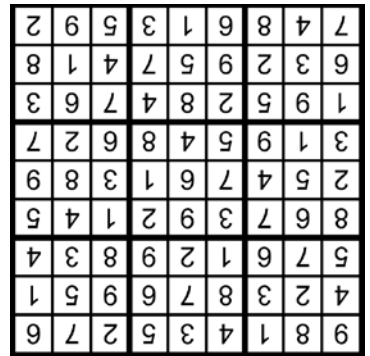
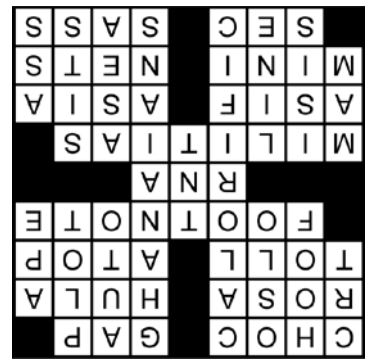
11. Turnpike fee

12. At the peak of
13. Annotation
15. Genetic material
16. Groups of minutemen

21. "Dream on!"
22. Atlas section
24. Short skirt
25. Fishing gear
26. "Hold on a ____!"
27. Back talk

Down

1. Computer monitor, for short
2. Horseshoe site
3. Nobel Peace Prize city
4. Relating to heat
5. Inhabitants of the Gold Coast
6. Vehicle
7. Scheme
10. "Tarzan" extra
14. Atlanta-based station
16. Mayan Indian
17. Egyptian fertility goddess
18. Queue
19. Fishing, perhaps



20. Takes a seat
23. Blockhead

ATTACK

BISHOP

BLACK

BOARD

CASTLE

CASTLING

CHECKMATE

DEFENSE

DRAW

EN PASSANT

ENDGAME

FIANCHETTO

FORK

GRANDMASTER

KING

KNIGHT

PAWN

QUEEN

RED

RESIGN

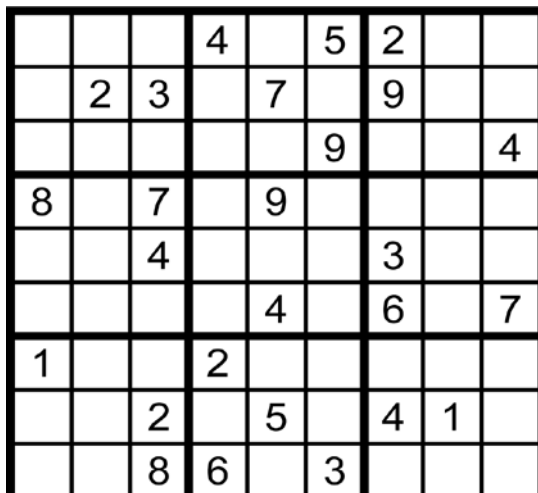
ROOK

SACRIFICE

STALEMATE

STRATEGY

THREAT



GAME OF CHESS



How to solve sudoku puzzles. No math is required to solve a sudoku. You only need logic and patience. Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. *The difficulty on this puzzle is easy.*