New Zealand

Permit 🔁 **CHRISTCHURCH** Permit No. 3285 **GREY POWER 50+ QUARTERLY NEWSLETTER**

Phone (03) 942 8816 **WINTER ISSUE 2021**

GREY POWER CHRISTCHURCH

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Please refer to our website for disclaimer.

Grev Power Christchurch donate each year to two charities this year they are donating to St John's and the Men's Prostrate Society.



Single: \$40 | Couple: \$70

- Feet soaked
- Nails clipped and filed
- Callouses and corns treated
- 20 years' experience with the elderly

Ana Troon

- Feet checked for any problems
- Cream applied with massage

Ph: 021 231 1577

Presidents Word

Apologies from the President due to ill health no report this month.



Check on those people you love and care for.

Reach out to your older relatives, friends and close neighbours to check in with how they are and talk through their worries. Whether it is giving them a phone call or writing a letter, staying connected and connecting often is important.



When supporting the advertisers within this magazine PLEASE DO LET THEM KNOW.

Their continuation enables our newsletter to be provided free of charge - they need to know where you found them and that the advertising is working for them too.

Thanks

Our Owl is our symbol

The wise old owl sat on the oak The more he listened the less he spoke The less he spoke the more he heard Who of us is like this wise old bird

Grey Power loves our owl it is our official symbol and is used in all correspondence.

A FEW TIT BITS FROM THE TEAM

Dont forget you start to get your winter heating payments as from the 1st May 2021 till the 1st October 2021. =========

The trouble with cheques stopping is a very worrying time for a lot of our elderly. We think it is unfair but there are ways that you can still pay your bills. You can either use telephone banking or internet banking if you have access to a computer or a family member that you can trust to help you out. If you or someone you know wants to get more confidence with working on line there is a practice site you can access at WestPac using pretend money and accounts. westpac.co.nz/demo. If you are having trouble paying your fees please feel free to ring Maureen on 942 8816.

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Paying of subscriptions

I know that the power company Pulse Energy has sent out reminders to all their customers that subs are due. If you receive the power Grey Power subs are due 1st April every year If you don't pay these subs you may find your power maybe cut off. The reminder for these fees is in the inside back cover of the magazine. Talking about the magazine if there

Please support our social afternoons at the **Cashmere Club.**



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is anything you would like to put in it please fell free to do so. Even if it is just a recipe Just send it to Greypower 31-010 ILam Christchurch 8444 we would love to hear from you but please remember that we are a non political or religious group. ========

Late autumn already, and may I just point out that this is the best time to harvest the last of your



summer crops for storing and freezing.

Prepare for winter and plan for spring. Cut down the tops of **asparagus** before the seeds fall on the bed, rake off top soil and dress with manure. If you are planting **onions**, prepare the ground by digging in compost and sheep pellets.

Old **Rhubarb** roots can be lifted and allowed to lie on the ground for a month before replanting. Add manure to poor or sandy soil and clean up leaves and debris and put in your compost.

Keep your **citrus** warm with frost cloth and restrict nitrogen-rich fertilisers before winter, so you won't have too much young growth to protect.

Celery likes cool moist conditions in rich soil and with good drainage. It will need protecting from heavy frosts but light frosts won't cause any bother.

Pears and **Apples** are pretty much finished now, store in a cool dark space in single layer in trays or boxes. Simmer them up, mash then freeze. They should last for 2-3 months.

Feijoas are everywhere and so delicious too. Wait for them to fall on the ground, it's usually a sign they are ready to eat. Eat them fresh, freeze them or make a cake, so many choices!

Time to plant out your **strawberries**. They are hardy little plants and can tolerate quite heavy frosts but if you keep them sheltered over winter they will flower sooner and produce early fruit. Or place them in a warm sheltered spot outdoors exposed to as much light as possible and water only when necessary. They may look like they are not doing much but they will be busy growing roots and flower buds, bless 'em.

To Plant Now

- Cabbage, broccoli, caulis, silverbeet, onions, parsley, pak choi, kale, NZ spinach, broad beans and pea seedlings
- Potted colour, for some winter colour
- Flower seedlings: pansies, violas, polys and primula, stock, wallflowers and antirrhinums
- Strawberries
- Last of the spring bulbs, we have tulips mainly.
- Cyclamen, never fail to please
- Roses will be instore next month so now is a good time to prepare a posse for them

New In

- Christmas lily bulbs and Casablanca bulbs
- Citrus, dwarf varieties, great for pots and also the long awaited Kaffir lime
- Some lovely chunky sized Kentia Palms

Caring for Camellias

Tips on growing a Camellia Plant

Camellias are dense shrubs with brilliant foliage. They offer bright, long-blooming flowers, and serve as a popular foundation and specimen plants. The trick to growing a Camellia is to plant it correctly.

Camellias require acidic soil that drains well. They like a ph between 6 and 6.5.

When planting dig in several inches of organic material to ensure nutrients and adequate drainage. Plant your shrub in a shady area with dapple sunshine, not in direct sun. When you are planting your camellia, install it slightly higher than the surrounding soil. This allows excess water to drain away from the centre of the plant. Do not plant where it will have competition for nutrients. For example, don't plant beneath a tree with shallow roots, like a birch. Water young shrubs deeply to encourage the root system to spread downward. Camellias do not do well with a lot of fertiliser, so do not over use it. Once the shrub has finished blooming, broadcast a balance fertiliser for acid-loving plant around the plants drip line. Irrigate well. You will find two primary species of Camellias in New Zealand gardens; Japonica and Sasangua.

Japonica: Tolerate drought and resist disease better. They bloom in early spring, should be pruned immediately after the flower fade.

Sasanquas: Flower in autumn, forming flower buds in Spring. Prune them in early Spring, to avoid snipping flower buds. A light shaping is all you need, snipping off branch tips to encourage fullness.

You will see some lovely Sasanqua Camellias flowering now, let us know if we can help source the variety you would like.

Red Eight at Portstone Café offers an array of beautifully presented and very tasty food, the café has carpeted floors and wheelchair access that makes your visit that little more inviting, and on these beautiful Autumn days the outdoor seating area is very pleasant. Remember our great offering at Portstone Garden Centre is 10% discount for Gold Card Holders on most of our products. Our team are experienced and helpful, and look forward to seeing you at Portstone soon.

Portstone, 465 Ferry Road (under the big gum tree) P: 389 4352 | www.portstone.co.nz

RYMAN PIONEERS

"Security is a big plus for us." Del and Cindy, Ryman residents



LIVE THE WAY YOU ALWAYS HAVE

Independent living at Ryman is just like being in your own home. The upside is what happens if you need assistance in the future. We have a range of options available within the village from assisted living, through to care. While you may not need it now, it's reassuring to know they're there if you need them. It's another way we're pioneering a new way of living for a new retirement generation.



A selection of one, two and threebedroom townhouses and apartments are currently available

- All feature spacious open plan layouts
- Priced between \$455,000 \$850,000
- Our base weekly fee is fixed for life* and our deferred management fee is no more than 20%.

*Some conditions apply.

There are 8 Ryman villages throughout Canterbury.

ANTHONY WILDING VILLAGE 5 Corbett Crescent, Halswell, 03 338 7696

CHARLES UPHAM VILLAGE 24 Charles Upham Drive, Rangiora, 03 310 8644

DIANA ISAAC VILLAGE 1 Lady Isaac Way, Mairehau, 03 385 3518

ESSIE SUMMERS VILLAGE 222 Colombo Street, Beckenham, 03 337 6500

MARGARET STODDART VILLAGE 23 Bartlett Street, Riccarton, 03 337 6500

NGAIO MARSH VILLAGE 95 Grants Road, Papanui, 03 354 6608

RICCARTON PARK VILLAGE 25 Steadman Road, Riccarton Park, 03 342 4755

WOODCOTE VILLAGE 29 Woodcote Avenue, Hornby, 03 338 7696





Let's not confuse retirement village living with home ownership

A housing crisis is gripping the country and every day we hear reports of New Zealanders losing out on their dream home, queues at open homes and 'standing room' only at auctions.

Owning your own home is seen by many Kiwis as a birthright, and despite recent Government announcements, property remains a popular investment choice for many people.

Retirement village living is also riding a wave of popularity with 100 people moving into a village across the country every week. However, in most cases, residents are choosing to sell their homes, release the equity and forgo home ownership in favour of a different model. The most common model is called "Licence to Occupy".

A licence to occupy means a resident purchases the contractual right to occupy a property such as a villa or an apartment at a village, but has no legal ownership of the property itself or the land. The purchase of this right to live in a residential unit is often at a substantial discount to the average price of a freehold property in that area.

In return, the village operator assumes the ownership risks for the property such as long-term maintenance, renovations, storm or earthquake damage, pays rates and insurance and continues to invest in the village by providing an age care facility, upgrading the common areas, or rebuilding units to appeal to a new generation of residents. These investments are made at no risk or cost to the resident.

In addition, 60% of villages fix weekly fees so the resident is insulated from any increases in rates. insurance, staff salaries, and general overheads. For example, village residents on fixed weekly fees won't worry about Wellington City Council's proposed 17% rates hike.

Many of our residents tell us they like the model because it provides them with certainty of costs. Unlike owning a home, they aren't exposed to risks. So why is this important? Well, just like a licence to occupy model is not like owning a home, it also means that in most cases, residents or their estate do not share any capital gains when the property is re-licensed to another resident.

Any 'gains' made on the re-licensing of units is used by an operator to off-set the risks of owning the property such as maintenance and necessary expenditure. The resident, with no ownership stake in the village, is not liable for any unexpected property costs.

Understandably, many of our residents recognise they can't have one without the other - either they can share the risk of ownership and the unexpected costs, or they forgo capital appreciation in the security of knowing they do not face these costs.

In my experience, the residents I talk to understand this. They are astute, they've done their research and due diligence and have, as is required by the law, sought independent legal advice before moving into a village.



Editorial supplied by Retirement Villages Association

Mature Moves is about helping people

If you are considering moving into a smaller home. perhaps a retirement village or residential care and you feel you could use some help Mature Moves could be your answer. They are a Christchurch based company with local people helping older people to downsize and move, when the need arises. They understand that sometimes your family are not positioned to help as they might like to or have time restraints. True to their motto 'to treat you like they treat their own families', the team at Mature Moves can pack up, declutter and move all of your belongings and furniture to your new home.

> Then they unpack and set up your new home to the very last detail, setting up the home just the way you like it.

Along with this wonderful service, they can also organise selling things you no longer require, or gifting them if you desire to family or charities. They can also clean homes inside and out, and complete the gardening to get houses ready for sale. Mature Moves is about helping people. You let them know what you need help with and they will set about showing you just what they can do to help you.

A visit and consultation is free of charge, with no obligation to use their services. However, if you feel they may be of assistance a quotation can be provided for your consideration.

You can call Mature Moves on 0800 777 214 to talk about your move. We are sure Sharon and Gary can help you to lighten the load and make your move a smooth transition.

Are you thinking of moving? **Could you use some help?**



editorial supplied by Mature Moves

Decluttering can be a bit overwhelming, however, it is made much easier with some understanding help. Step-by-step you can have things sorted and organised with minimal fuss and stress.



Mobile 021 570 702

www.maturemoves.co.nz

POLITICAL FORU

Megan Woods Minister of Energy and Resources Get your jab and help us to save lives!



Caregiver Nadia pointing to her 'I got my vaccine today' sticker

It's that time of year again when many of you, if you haven't already, will be rolling up your sleeves and getting your seasonal flu shot. What's different this year is that the rollout of the COVID-19 vaccine is happening at the same time.

I'm happy to say that from conversations I've been having with seniors here in Christchurch there is already a high level of interest in the vaccination programme.

I'm also pleased to report Canterbury DHB is making great progress around vaccinating our vulnerable populations in aged residential care. This marks the start of vaccinations for Cantabrians that live in community-based environments where there's a higher risk of COVID-19 spreading, who form part of Group 2

This includes:

- people living in long-term residential care homes, e.g. aged residential care and disability residential support services
- people working in long-term residential care homes
- older Māori and Pacific people cared for by their whānau
- people living with and caring for older Māori and Pacific people.

One of the first residential aged care facilities to have some of its residents vaccinated was Rosewood Rest Home and Hospital.

Meanwhile, the plan to vaccinate Group 3, which includes people over 65 and anyone with a chronic health condition, is making headway. There are currently four vaccination clinics in the Canterbury community, in addition to four clinics within our DHB facilities and the Orchard Road clinic. More clinics are planned.

Thank-you to all of you getting vaccinated. You will help us to save lives.

In another sign that Winter's upon us, you may have noticed more money in your bank account as part of your superannuation payments from 1 April, which have risen 3.1 percent, in line with the rise in average wages.

Winter Energy Payments also started on 1 May and will go through until 1 October. This gives older New Zealanders that extra bit of financial security to keep the heater on in the cooler months. Couples and people with dependent children get \$31.82 a week. Single people get \$20.46 a week.



Tui's Outing Days

The start of another year on those luxurious Clarks Coaches and it was a very noisy first bus ride with everyone catching up with their many friends on what they'd been doing. Sad though a few of our regular faces were missing this month due to sickness and operations. We look forward to seeing them next week.

Our first outing was to Craig Robert's Grevhound Training Premises of which Colin Taylor has obligingly done a write up. Our next month's outing was to the Warehouse of Peninsula Flowers as the bus couldn't negotiate the steep hill climb over on the peninsula to where they grow. It was a great day and two ladies have volunteered to do a write-up about it.

This month we are going to the Hemp Shop for a talk to see the various products and next year we will be able to visit their growing area at Harvest time.

ATTENTION ALL **MEMBERS**

It has been a very busy time for Ann and myself lately renewing subscriptions. Some members are receiving the power from Pulse electricity and in the last account have had reminders that subscriptions are due. Being a member of Grey Power entails paying fees each year which become due on the 1st of April each year. Some members may find that they have been issued with new numbers this year the reason being that if you have not paid in the last 2 years you are purged off the Grey Power list. If you receive the magazine you will find the renewal form on the inside of the back page.

Our bank account number for internet banking is WEST PAC 03-0854-0652512-00

Any problems please feel free to contact me on 942 8816. Hope this has helped a bit to sort things out for you.

Maureen Price | Data Base Secretary



We are very fortunate that these kind people we visit give a very informative talk to us and allow us to see things we'd never have the opportunity to normally see. Printing articles of where we have been and what we have seen allows other persons, eg., Probus Clubs, Bowling Clubs, etc., to do a similar trip and I have received large number of requests for this information from them after they have read our magazine.

Cheers from **Tui**



The Wet Kitchen Floor - A police officer called the station on his radio, "I have an interesting case here. An old lady shot her husband for stepping on the floor she just mopped."

"Have you arrested the woman?" "Not yet. The flloors' still wet."

An ode to Coronavirus...

The wonderful Pam Ayres...now 73 years old and penned her latest ode ~ to coronavirus...



I'm normally a social girl I love to meet my mates But lately with the virus here We can't go out the gates You see, we are the 'oldies' now We need to stay inside If they haven't seen us for a while They'll think we've upped and died They'll never know the things we did Before we got this old There wasn't any Facebook So not everything was told We may seem sweet old ladies Who would never be uncouth But we grew up in the 60s - If you only knew the truth! There was sex and drugs and rock 'n roll The pill and miniskirts We smoked, we drank, we partied And were quite outrageous flirts Then we settled down, got married And turned into someone's mum, Somebody's wife, then nana, Who on earth did we become? We didn't mind the change of pace Because our lives were full But to bury us before we're dead Is like a red rag to a bull! So here you find me stuck inside For four weeks, maybe more I finally found myself again Then I had to close the door! It didn't really bother me I'd while away the hour I'd bake for all the family But I've got no flaming flour! Now Netflix is just wonderful I like a gutsy thriller I'm swooning over Idris Or some random sexy killer At least I've got a stash of booze For when I'm being idle There's wine and whiskey, even gin If I'm feeling suicidal! So let's all drink to lockdown To recovery and health And hope this awful virus Doesn't decimate our wealth We'll all get through the crisis And be back to join our mates Just hoping I'm not far too wide To fit through the flaming gates!

Cheryl has come from many years in various roles, and has been with Just Funerals for the past 18 months, she is now a full time member of the team. Cheryl has so much compassion and empathy along with professionalism that she is bringing to her role.

A few words from Cheryl;

"The most rewarding part of my job is sitting down helping the bereaved families together with the goal to achieving the perfect send off for the loved one they have lost with warmth and kindness at the hardest time a family can go through.

I love the challenge that comes daily with all aspects of my job."

Deanna has been Embalming and Funeral Directing for a number of years. Just Funerals has been very grateful to Deanna who has been embalming for us for some time now, and has agreed to come on board as a full time Embalmer and Funeral Director.

A few words from Deanna:

"I am dedicated to serving families with humility, respect, and kindness during one of the most difficult times in their life. Be it the bereaved family, or their loved one who has passed on, my passion is providing care, guidance, and a dignified farewell."







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vears.

A Review of Retirement Villages

Moving into a retirement village is a major life decision and can be a complex and often daunting process. There are many things to weigh up; residents in retirement villages have better access to amenities, and can form new friendships through regular social events and close knit communities.

However it is also a sizeable financial commitment: in most cases residents pay a lump sum for a license to occupy their units, then weekly fees which cover the costs of the amenities and of running the village.

Reviewing the Retirement Villages Act

According to the President of the Retirement Villages Residents Association, Peter Carr. 98.5 percent of members support a major review of the Retirement Villages Act 2003, the main piece of legislation covering retirement villages.

Under the current status quo, when the occupier either moves units or passes away, they may receive their original sum back minus a percentage in "deferred management fees." When the retirement village operator sells that unit to the next occupier, the operator keeps all of the capital gains. According to Carr, the gain on many of these units could be as much as \$250,000, so giving occupants a chance to share in this capital gain could be a huge financial boon for residents.

Another issue that causes many retirement village residents concern is that some operators continue to charge fees after the resident has either moved into

full-time care or passed away. At the moment, this is legal under the Retirement Villages Act 2003.

Suggestions from the Retirement Commissioner

The Retirement Commissioner, Jane Wrightson, has published a White Paper which is looking at changes to the way retirement villages operate.

Topics up for review include:

- Improving the resale and buyback process. The White Paper suggests guaranteed time for buybacks, interest payable during a vacant period or allocation of capital gains;
- Charging weekly fees after a resident vacates a unit. For example, one option would be to reduce weekly fees by 50% after three months and set a maximum of six months for fees to be charged on an empty unit;
- A review of disclosure statements in order to produce simple and accessible documentation:
- How the presence of care services changes the nature of a retirement village:
- Whether the definition of a retirement village needs to be changed to include lifestyle villages; and
- Reviewing the rights and consumer protections of occupants to ensure they are not being taken advantage of by operators.

The law should balance residents' rights and operators' responsibilities. The Retirement Commission's White Paper recommends that the Ministry for Housing and Urban Development review the law as it stands and propose changes.

While changes to the Retirement Villages Act 2003 aren't likely to happen soon, the team at Godfreys Law are monitoring the situation. We will keep you up to date when changes are made to the legislation and will let you know how they might impact you.

Thinking about moving into a retirement village?

In the meantime, if you or your loved ones are considering moving to a retirement village, the experienced team at Godfreys Law can advise you about what to look for in the contract and Occupation Right Agreement so there are no hidden surprises down the line.

Contact Shona Senior if you are thinking about moving to a Retirement Village.



Social Afternoons

Superannuitants' and Friends

Meetings will be held at the Cashmere Club starting at 1.30pm

PLEASE TAKE NOTE OF CHANGES No social in May

June 16 2021 - AGM and David Petrie to entertain.

No social in July

FIGHT

August - Gary Watson to give a talk and singers to entertain.





I have created a number of tours, to get you out and about, exploring our own backyard, with my assistance. No need to worry about a thing, you will be guided enthusiastically by me, Heather Collins. I will even give a hot scone on arrival, plus a special treat on departure. Join now so we can discover new destinations, travel with like-minded people, meet new friends, rekindle old friendships.







Getting a COVID-19 vaccination is the best way to proctect yourself your family and your community.

Editorial supplied by Godfreys law

Join Creative Kiwi Travel Club just email or give me a call, to register Heather Collins | 03 348 5321 or 027 279 6555 Email: enguiry@creativekiwitravel.co.nz

Up coming tours

 May 27 Christ College and City Tour including lunch at Christ College

• 19 June – 20 June **Overnight tour to** Tekapo, "The Longest Night" including. Astronomical Lecture, guided tour of Church of the Good Shepherd, Orari Gorge Station





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Gone to the Dogs



Our February trip must be one of the most enlightening trips we have ever been on. Simply put we were introduced to the world of Greyhound dogs and all the myths and prejudices we may have had were dispelled well and truly. To put it simply, It was one of the best trips we have been on and

"Jewel Kennels" is so aptly named.

Craig Roberts has a greyhound breeding and training establishment just south of Christchurch that incidentally was just about the seat of the first earthquake as now identified by the nearby bow in what was previously the straight road on his boundary. Ably assisted by his wife, Angela who has a lifelong interest in Harness Racehorse Training and Racing. This may well suggest a conflict of interest, but the fact of the matter is quite the opposite as they help each other and harmony reins throughout.

Greyhounds became an early interest of Craigs while he worked his way up in the Post Office from teller to Postmaster within 5 years and further promotion to Postmaster in the city during all of which he trained a couple of greyhounds in his back yard. By this time greyhounds had become a serios topic and at the age of 27 he was convinced this was his future. Much to NZ Post's disappointment he took voluntary redundancy, bought a 50-acre property and embarked on becoming a trainer financed by his working the night shift at the meat works, 6pm to 6 am, Thursday, Friday and Saturday. And it is this work ethic that has brought him success.

Early on, Craig visited Australia a few times to create contacts and to source dogs. In so doing he struck up a relationship with Paul Wheeler, a breeder from Sydney resulting in his now having trained for him over the past 25 years. Likewise, he has trained for some of the great owners here in New Zealand. Needless to say he trains his own dogs and has won about 50 group one races and many more of group 2 and 3 races. Craigs pride and joy is his dog "Dyna

14 GREY POWER CHRISTCHURCH

Vikkers" that was inducted into the Hall of Fame 2 years ago.

On our arrival at the property, we were introduced to three dogs that immediately impressed us as to their friendliness yet obvious self-control. It was as if they were saying to us "here we are but don't expect us to jump up and display any bad habits like other dogs you may have met". This very introduction was so reassuring to those of us who had had no dealing with dogs before and it was great to witness the rapport that was to continue throughout our staythere were many more dogs to see on our rounds.

Craig gave us a brief overview as to their involvement in the greyhound racing fraternity and in particular their establishment and how their lifestyle had evolved. He explained the physical aspects of a greyhound and then demonstrated how a dog is examined to ensure all parts of a dog are true to form. From all of this we became aware that Grevhounds simply like to run competitively which easily equates with the animals that must chase to secure a meal as often displayed in films of African animals such as Cheaters and Lions. This was reinforced by the following demonstration.

The dog was placed on one side of a fence line while Craig, seated on a four wheeled motor bike took the other side, the idea being that each would race along the fence line. At the word go Craig started but the dog was held back until craig had built up speed. The next thing was to see the dog assume a fast pace right from being released, catch up with Craig needing him to speed up to keep pace with the dog. On the way back it was evident that Craig could not match the dog until he had gone some distance giving the impression that the dog needed Craig to be ahead to give the dog something to chase. The dog even looked around to see where Craig was, a look that almost implied "come on Craig, get a move on, I'm not here to wait for you".

From this demonstration it was clear to us that the dog enjoyed the workout and could have gone faster and a greater distance. There was no evidence that the dog had had enough or was laboured by the workout. When compared to the scenes we have witnessed, albeit from our armchairs, of dogs chasing a fictitious hare at a race meeting, the joy of racing comes across vividly. There is no evidence of cruelty whatsoever and the people who claim cruelty at race meetings are doing so in complete ignorance of the dog's ability and love of the chase. We now know why.

Back to the kennels we were introduced to dogs of

a variety of ages and stage of training. One row of kennels housed about 6 dogs with identical colour and markings. They were special because they were all of one litter from the Black dog that had greeted us on arrival. All dogs looked in excellent health and temperament. Overall, we were impressed by the obvious care and attention given to the dogs, the enthusiasm reflected in the faces of their keepers and particularly we came away with a greater understanding of dogs generally.

Well, we could not leave without going down to look at Angela's horses and hear about her experiences and current activities. She has passed the competitive riding to her daughter who was at the time down south competing. And as with Craig the enthusiasm for and care of horses of long standing came through loud and clear. Thank you, Craig and Angela, for a great experience.

Colin Taylor

TUI'S MONTHLY BUS TRIP - MARCH

On the 24th March our mystery bus trip had ended up at Peninsula Flowers on Awatea Road Wigram. Where we entered into a remodeled garage full

of fresh and dried flowers, foilage, Proteas and leucadendron. Here we met the owner Jess, who

Thank you Tui for a great day out.

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Jess gave a very informative talk on the establishment of her nursery, the care or rather the non-care of proteas, as one can kill them with kindness and fertiliser as they have very sensitive roots under the soil. How to prune to increase both growth and encourage to develop more flower heads.

homes.

Then Nikola, who has been a florist for over 30 years, did two demonstrations - one of a beautiful bouquet worth \$100 mainly foliage, proteas and green and white flowers, the other was a \$25 posie whose base was a blue hydrangea with the rest of the flowers being multi coloured single blooms and foilage arranged through the hydrangea head. A very informative talk and demonstrations.

grows the proteas and leucadendron on her property on Banks Peninsula.

Jess then talked about keeping busy during Covid lockdown, painting and organizing the flower garage, gathering roadside grasses, greenery and flowers for hanging and drying to complement her dried arrangements. Her excess proteas and leucadendrons she also dried, telling us about the various stages to pick and how these dried.

We then proceeded to Hoofbeats where we all enjoyed our lunch and then traveled back first to Tui's then Addington Raceway for us all to depart to our

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u puzzles. No math is required to solve a ed logic and patience. Simply make sure that gion has only one instance of the numbers 1-9. ber can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.