

NAPIER and DISTRICTS

GREY POWER

QUARTERLY NEWSLETTER



AUTUMN ISSUE 2021

Diane and George Dingle who received their 10 Year Plus Active Service Awards recently



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Editor's note

Who could have imagined, even 12 months ago, that overseas travel and international tourists would be gone – indefinitely? That our freedom to socialise would be determined by the government; and that the Art Deco Festival would be cancelled - all because of a pandemic?



But hey, you don't need to watch the world news for long to see how things could have been much worse!

We believe the government is doing its best to keep the virus out of the country – border controls, 14 day quarantine, rapid testing, contact tracing, Alert levels, and now the introduction of the Pfizer/BioNTech vaccine.

So after a year of conscientiously following all the health guidelines - washing our hands, wearing a mask, staying home if sick, social distancing, using the contract tracing app, getting tested - many of our members are breathing a sigh of relief now the vaccine has arrived.

Another layer of protection is being wrapped around us.

Increasing age is a risk factor for severe COVID-19 so we expect the vaccine roll-out will include seniors early in the piece.

We are kept alive today by existing immunisation programmes – we've had our Tetanus shots, Diptheria, Flu, Measles, Mumps, Shingles, polio – so appreciate their ability to keep us from debilitating illness.

As our nation's seniors, I like the notion of us leading the way in protecting ourselves and others by following medical guidelines and doing all we can to keep ourselves and our community safe – including having the vaccination.

I just hope our children and their children will help keep us safe by taking every precaution – including being vaccinated – in order to help protect us.

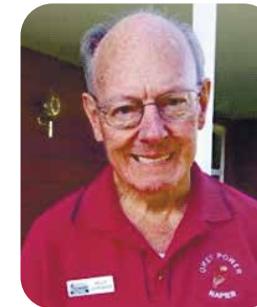
Nga mihi *Maxine*

NEVER LEND BOOKS.
They never get returned.
The only ones I have in my library are ones I have borrowed.



PRESIDENT'S REPORT

Warm greetings everyone, hope you have all had a very enjoyable holiday season and are looking forward to a better year than the last one. As long as COVID-19 stays in quarantine we will all be OK but we still need to be very careful, scan or check in everywhere and not become complacent. As Maxine says, we all will benefit from the Pfizer/BioNTech vaccine and need to urge our kids to get theirs too.



Christmas Luncheon
Since the last newsletter we had our Christmas Luncheon at the Pukemokimoki Marae. There were 140 members, slightly down from previous years, I believe due to COVID-19 and fears about large gatherings. The time together was enjoyable with good finger food and entertainment from Ross Hart with a mixture of Christmas and general songs.

We also had the pleasure of the company of our Mayor Kirsten Wise and Councillor Greg Mawson (and of course our Deputy-chair Councillor Maxine) plus guests from Grey Power Hastings and Central Hawke's Bay. The success of the day was due to the 13 volunteers helping in setting up to ensure an enjoyable day for everyone. A big thank you to you all for making the luncheon a great way to finish the year off.

Maxine took heaps of photos of many of you having a good time at the luncheon, which you'll see on page 6. We apologise for not having been able to put in everyone's names, but did want to share them with you regardless.

Volunteers' Luncheon
Our greatest asset is our volunteers: we have 60 volunteers without whose loyal support we would be much worse off financially. As an example. having the newsletters and Discount Books delivered during the year has saved us postage costs of \$3500.

To show our appreciation to these loyal helpers, we started the year off with a Volunteers' Luncheon on Tuesday, 2 February, at the RSA Taradale where we treated 41 volunteers to a delicious buffet lunch.

A highlight this year at the luncheon for me was to present 10 years Active Service Awards to Peter Arthur, who delivers the newsletters, Helen and Allan Twort, who are phoners and deliverers, and George and Dianne Dingle, also phoners and deliverers (the good-looking couple on the front page).

We have five different areas of service requiring volunteers and they are: your elected committee, phoners, newsletter folders, newsletter deliverers and supporters who help with setting up for our meetings, picking fruit, Foodbank and other duties as required. Many of our volunteers give of their time and energy working with in several of these services. We are extremely fortunate that we have a team of loyal, dedicated members committed to Grey Power.

I am extremely grateful to the phoners who kept in touch during the COVID-19 shut down with members who don't have access to computers or smart phones; plus a big thanks to all the deliverers who between them delivered over 1000 discount Books. These were extra requirements and everyone was happy to do the extra asked of them.

Two years ago, I presented a 10 Year Plus Active Volunteer Award Certificate in recognition for the many years as volunteers served by Laurie and Shona Jenkin, supporters/helpers Pam and John Wuts, both do folding and delivery of the newsletters as well as Pam being a number one helper and supporter and John is also on our committee and holds the key position of Membership Secretary.

continued on page 4

**No matter who you are,
or what you are going through,
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Please refer to our website for disclaimer.

As well we recognised Maxine Boag, Deputy Chair and newsletter editor; Les Davies, for delivery of the newsletters, Allison Winmill, for delivering the newsletters and June Graham, on the committee responsible for catering.

Discount Book 2021/22

Due to the work involved and cost of producing the Discount Book, we decided to renew this every two years. Usually there is not a lot of change with advertisers but COVID-19 changed that with some of the services no longer in business or deciding they couldn't afford the cost of giving discount. However, the previous booklet had 165 advertisers and the new one has 170 so though it looks thinner, that's due to not having full-page adverts except for the front and back pages. Thanks to committee member Russ Wyeth who helped by contacting advertisers.

You will have noticed Gold Card only businesses offering discounts. Thinking about members who don't have access to the Gold Card App, we identified from the App a selection of everyday services that will give you the extra opportunity to enjoy a discount.

You will also see that some businesses don't say a discount but do offer competitive, reasonable prices. This is because these businesses are usually independent operators who keep their prices lower and definitely will support Grey Power members.

Please note that it is very important to mention you are a Grey Power member or have a Gold Card, before starting a transaction.

Meeting with HBDHB Managers (see report page 12)

Isabel Wood, our secretary and myself attend this meeting with Grey Power Hastings, CHB and with Age Concern managers four times during the year, giving us the opportunity to discuss issues and concerns with the hospital management. If you have any issues that you would like us to share to these very important top administrators please contact us. We will be discreet as required. We are very grateful that we can meet like this to lobby on your behalf. Help us keep it real!

Political advocacy

With the Napier City Council putting out its Long Term Plan very soon, we will be looking hard at how Council is taking its senior citizens into consideration. Rates is always a concern so we will be submitting on your behalf on relevant issues.

The Positive Ageing Strategy has not yet been put into action, so we will be asking about this. The future



Bruce with the new discount books.

of Council flats is still not decided on – on whether Council keeps, develops, or sells some or all of the 376 units. It is worrying for vulnerable seniors who need secure, affordable accommodation..

Please let us know issues of concern to you that we may be able to include in our submission. Consultation is between 14 April and 12 May and the LTP Hearings and deliberations over five days, starting Friday, 4 June and finishing Friday, 11 June. We will be presenting our submission so come along and support us!

Committee Vacancies

Sadly, we are going to lose some of our committee members this year and invite you to think about being part of a great team who keep the wheel of progress turning for Grey Power Napier.

If you are looking for something that's important and rewarding to do and if you believe you have skills that could benefit Grey Power in what we do, I'd love to talk with you.

Take care, stay safe and best wishes for a good year. Kindest regards

Bruce Carnegie | President, Ph: 06 844 5635



When supporting the advertisers within this magazine **PLEASE LET THEM KNOW.**

Their continuation enables our newsletter to be provided free of charge - they need to know where you found them and that the advertising is working for them too. *Thanks*

RYMAN PIONEERS

Peace of mind

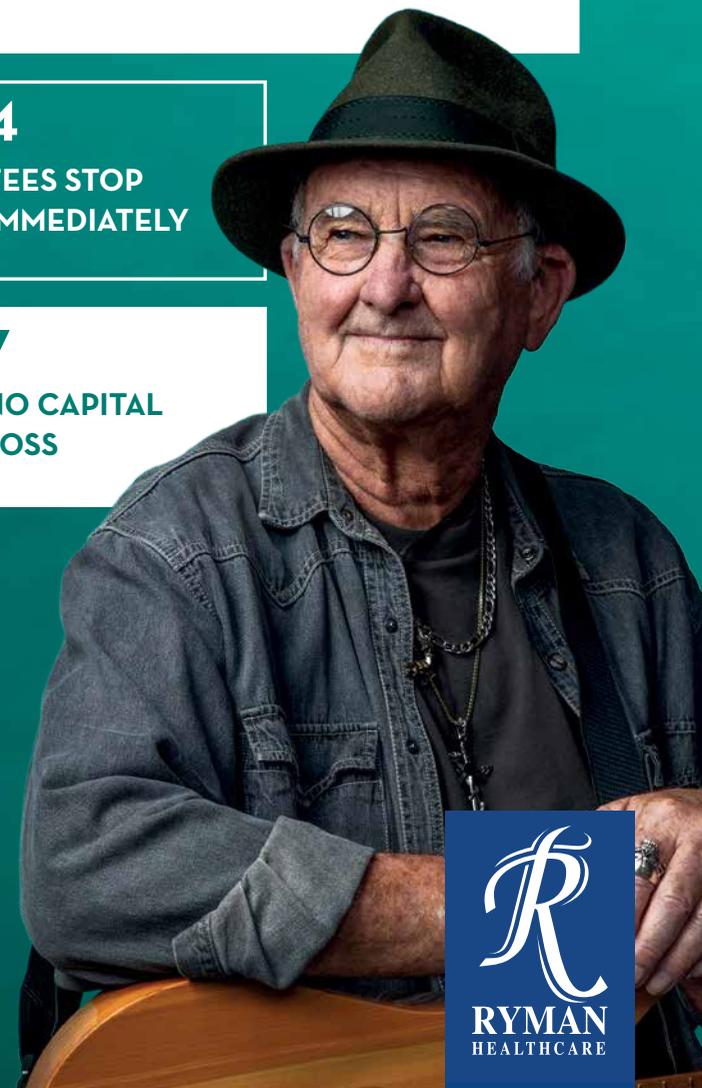
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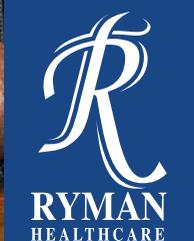
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For full details on our Peace of Mind Guarantees, or our Princess Alexandra Village, call 06 835 3018.

145 Battery Road, Napier
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Volunteers' Luncheon at the Taradale RSA



President Bruce addressing the volunteers – presenting 10 years Active Service Awards, followed by a delicious lunch at Taradale RSA.

Grey Power stalwarts Alan and Helen Twort get recognition for their voluntary contribution.

Long-time volunteer Peter Arthur is thanked for his work.



Volunteering runs in the family! Committee member Allie Beatty and her mother Margaret Beatty.

Volunteers Pat Tondi and Winipere Mauger.

Years of service between them! Front: Shona and Laurie Jenkin, Back left Margaret Arthur, Peter Arthur, Robin Dalmar.

Christmas Luncheon 2020



New Year honour:

Napier's godfather of film Peter Goodbehere honoured

31 Dec, 2020 HB Today. Shannon Johnson

Napier Grey Power member Peter John Goodbehere was awarded the QSM for services to film in the New Year Honours. He was a foundation member of the Napier branch of the New Zealand Federation of Film Societies (NZFFS) in 1959 and was President from 1960 to 2002.

Goodbehere, now 83, and the man behind Napier's Century Cinema, has had an extensive career in the film industry with various founding and leadership roles, all sparked by a personal love of film and cinema.

His career in the industry began when he started work in Wellington for the New Zealand Broadcasting Service and was persuaded to join the Wellington film society within a few weeks.

When he was transferred to Napier, there was no film society, so he and a group of like-minded film buffs set one up in 1959. Two years later he was elected president of the society and held the position until it ended in 2002.

Later when he was elected to the NZFFS board, he also had the job of checking new films as they came in and repairing those that needed it.

Then while working in the Hawke's Bay Museum & Art Gallery and writing film reviews for various publications, he found in a particular year there were about 80 films that had been reviewed in the publications that the Napier film society hadn't seen.

Over a conversation with the then museum director Roger Smith, he raised the idea of creating a cinema out of the existing theatre in the building.

Century Cinema was set up with a new screen and opened on May 3, 1990, and showed its first film, Crossing Delancey.

Goodbehere oversaw the cinema's growth from two screenings to more than 25 per week.

When asked what he has enjoyed most about his career, Goodbehere simply says "watching films".

He was a film lover years before his first brush with a film society in Wellington, still remembering the first film he ever saw, 1942's Holiday Inn, which he watched during the war with his mother.

"I still remember the scene with the snow falling down outside the windows then Bing Crosby singing White Christmas.

"I have a DVD of it now."

After the War he would go for holidays at his grandparents in Feilding, watching a film at one of the two cinemas each time.

As a pupil at Kimbolton School, the school fundraised to buy a film projector, one of the first country schools to have one, which enabled him to learn the technical side.

He still goes to the cinema on average about once a week, generally choosing offbeat, foreign films, and the annual New Zealand International Film Festival.

As for his favourite film, it's the 1941 film Citizen Kane by Orson Welles.

"It's still thrilling to watch. So many things you see on television these days, the way they use the camera or the lighting, it was just new and well done.

"I have that on DVD too."

He says the medal comes as a "surprise" but is very "grateful" to be receiving it.



John C Smith

Straight up all the time

www.knowledgewagon.nz

Dr Samantha Bailey (NZ) with a growing international audience: Her 14 or more videos in this playlist relating to the "virus

<https://www.youtube.com/watch?v=EWNkJUDctdk&list=PLaeD5s4iY6U1f0HSDQNUlt-nCZXAxN-nl>

Now co-author in 2021 (3rd edition) with German authors Torsten Engelbrecht and Claus Kohnlein MD of *Virus Mania* first published 2007; 2nd edition in 2020.

This advertisement for your edification and education as the antidote to indoctrination.

Reducing gambling harm

By Maxine Boag

Pokie machines are known to be one of the most addictive gambling devices, affecting disproportionate numbers of poor people in our community. Included in that group are pensioners, many of whom, in Napier, live within walking distance of a pokies venue.

Having heard first-hand stories of lives damaged by pokies addictions, Grey Power's committee made a submission to the NCC's Gambling Policy Proposal (see page 11), which determines the number, locations and future growth of pokies venues in Napier. I made my own, having been personally affected by having a close friend whose life – and her children's lives – were seriously affected by her pokies habit.

My public objection to the liquor license renewal of Maraenui's pokies venue, the "Golden Chance" in December 2019 resulted in my being told my anti-pokies stand meant any trust I was on would be unlikely to receive grants from any gaming trust. So I resigned from the board of Napier's Age Concern, and decided to remove myself from a decision-making role in Council's upcoming Gambling Venues Policy Hearing and contribute as a submitter.

Over 939 Million was lost to pokies nationwide in the 2019 calendar year or \$2.57 million a day. Napier lost \$17 million to pokies in 2019, the 7th highest average Class 4 (pokies) spend per adult (\$359.73) of all councils.

Funding communities based on a model that relies on our lowest income households putting money they cannot afford to lose into pokie machines is, in my opinion, unethical and inequitable.

As the Problem Gambling Foundation says in their submission to NCC, "It is time for councils and the Government to take a closer look at the relationship between harmful gambling, social disparity and a funding model that enables it."

Among other things, I asked the Council in my submission to rethink whether or not they, as a body, should continue to apply for funds to gaming trusts. Council received \$95,877 in the year 2018 from them.

Submissions from all parties will be posted online with the agenda for the Council Hearings meeting on **Tuesday 23 and Wednesday 24 March** at least a week in advance (go to the Council website, scroll

down to Meetings, click open, then Agendas and Minutes will take you to the full list.)

You can watch the submitters (including me, Bruce and Isabel) and councillors' deliberations, if you tune in online (NCC Facebook page) or come along in person to the hearings on this, **9 am – 4 pm Tuesday 23 March, and 9 am – 4 pm Wednesday 24 March, at the Large Exhibition Hall, Napier War Memorial.**

See you there!

THE SUPERGOLD APP

The SuperGold smartphone app is the easy way to find discounts and offers when you're out and about, it's a good way to find discounts near you, whether you're close to home or travelling in New Zealand.

If you have a smartphone or tablet, you can download the SuperGold App from the Google Play Store (Android users) or the App store (Apple users) it's easy to do, but if you're new to downloading Apps you'll find instructions on www.supergold.govt.nz

Once you have downloaded the SuperGold App this will let you search for SuperGold savings near you, or where ever you plan to be. There's over 10,000 places throughout New Zealand to use your SuperGold card so give it a go. There are approximately 300 places in Napier.



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This newsletter is posted on the
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FUTURE SPEAKERS and EVENTS

16 March: Nadja McKellow from the Nationwide Health and Disability Advocacy Service.

20 April: Driving Miss Daisy – to be confirmed.

18 May: Trevor Taurima, Area Co-ordinator "Poutiri Ao Taane - Embracing the sacred knowledge of Taane for a collaborative ecological and social restoration project in the Lake Tutira area."

15 June: Napier MP Stuart Nash.

20 July: John Collyns from the Retirement Villages Association with a presentation- "Why Choose A Retirement Village?"

17 August: Napier's Mayor Kirsten Wise.

September, October, November, to be advised.

We meet at 1.30pm every third Tuesday of the month at St Columba's Church, 176 Gloucester Street, Taradale. All welcome, so bring a friend! Meetings will be cancelled if Alert Levels rise about Level 1.

Mark your diaries:

Gambling Policy Hearings/Deliberations:
23-24 March

Napier Grey Power AGM: Tuesday June 15th

Long Term Plan Hearings: 4 – 11 June

International Day of the Older Persons:
Friday 1st October.

Christmas Luncheon: Tuesday 30th November.

Delivering over 18,000 extra housing places by 2024



by Stuart Nash
MP

This is the first column for 2021, so I want to start by wishing everyone a fantastic year ahead and I hope you all had a proper break over the Christmas and New Year.

My Labour team reunited in Nelson in January for our 'away caucus'. That's something Labour MPs do every year to kick things off

– but our families join us there too, which makes it particularly special.

The Prime Minister revealed where the 8,000 extra public and transitional housing places announced in Budget 2020 will go. And I'm excited to relay that by 2024 the total number of public and transitional housing places on the East Coast will have grown by 1287 since 2018.

That means by 2024 this Government will have delivered 18,350 new public and transitional housing places across the country.

Historically, Labour has led the charge in supplying public houses for the most vulnerable in our communities. I'm proud to be a member of this Labour Party that is once again bringing much needed housing support to people in need.

There is more to do, but we're committed to tackling New Zealand's housing crisis.

Stuart Nash

MP for Napier

Minister for Economic and Regional Development, Minister of Forestry,
Minister for Small Business, Minister of Tourism

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Office hours are:

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Authorised by Stuart Nash MP, Parliament Buildings, Wellington



Kirsten Wise Mayor Napier City Council



It is hard to believe that March is upon us already and the first couple of months of 2021 have certainly been a busy time at Council. The 9th February saw the commencement of our new Chief Executive Dr Steph Rotarangi and she has hit the ground running with her first week a baptism by fire sitting in on the Revenue & Finance Policy Hearings. At the time of writing this, final deliberations are yet to take place however Councillors have carefully considered the 540 submissions and asked council officers to model several scenarios based on the feedback received by our community. The changes will come into effect from 1 July 2021.

The other big focus of the first half of this year is our 2021-2031 **Long Term Plan (LTP)**, in which we map out our financial commitments and directions for the next ten years. The process started last August when we headed out and spoke to the community about what they thought the priorities were for our city over the next ten years. Lots of feedback was received with the focus very much on safety, resilience, local places for local people and of course water! After a quick 'check in' over the summer break to ensure we are on the right track after our initial conversations last year, we are now working hard to prepare the draft LTP document and looking forward to coming out for formal consultation with you all during the consultation period, which is 14 April to 12 May.

The LTP will include further details on the various major projects we have planned for the next ten years; however I will take the opportunity to provide a quick update for you now on some of the projects of interest.

Water continues to be our number one priority, particularly addressing the dirty water issues and the investigation into the removal of chlorine from our water supply.

We have a number of projects underway with total planned capital expenditure of \$26.2m in the current Annual Plan, this is through to 30 June this year. We also received an additional \$12.1m from central government as part of the Three Waters Reform which must be spent by March 2022.

This month we are also due to receive the Chlorine Free Review Report prepared by Pattle Delamore Partners and look forward to sharing this with the community to inform our next steps.

Good progress is being made with the restoration of the **War Memorial elements** with heritage architects James Blackburne and Jeremy Salmond, both endorsed by Guy Natusch prior to this passing, providing oversight and guidance to the process to ensure that the heritage aspects are at the forefront of the design. They have focussed on the philosophy of Guy's original design from the 1950's and strived to incorporate this into the restoration including using as much as the original fabric as possible, such as the original plaques and eternal flame.

A public meeting to share the latest design concept is planned for April, date to be confirmed.

The **Aquatic Centre** project continues to be on hold as we await the results of the contamination testing at the Onekawa site. The testing has been completed and we are now awaiting the report which will guide the decision on where to from here.

Last but certainly not least it has been confirmed the **Library and Civic Building** will return to the Station Street location and the planning of how best to utilise the site is about to commence.

The LTP will include the proposed timelines around all of these projects but due to the sheer volume of capital projects in the pipeline over the next ten years, (particularly those required to meet the new regulatory requirements for water) the aquatic centre, library and civic building are unlikely to be in the first three years of the plan.

As mentioned above we will be consulting on the 2021-2031 Long Term Plan in April and I encourage you have a look at it, talk to us if we can help; don't be afraid to make a submission on any areas of interest to you (whether it's in the LTP or not). We value your input.

There will be hard copies of the LTP summary and the submission form at different locations around the city for those of you who are not connected to the internet. As well as in the Taradale Library and NCC Customer Service Centre, we hope to have printed material in the supermarkets and other popular venues during the consultation period (14 April to 12 May). Ring the Customer Services number 06 835 7579 if you have any questions.

Best wishes for a great 2021 and I look forward to seeing you at the August meeting - if not before!

Kirsten Wise



Steph Rotarangi,
new Chief Executive
at Napier City Council

Napier & Districts Grey Power Association Submission to Napier City Council Gambling Venues Policy 2021

This submission reflects the concerns of our 1300+ members for whom Grey Power is a local advocacy group.

- 1. We support the reduced cap of 298, along with Option 3 – Sinking Lid AND Option 4 – removing relocations and/or mergers.**

Locations of these machines are a critical factor – so often in poorer areas where residents are already under pressure, the euphoria of winning creates a sense of wellbeing they don't achieve elsewhere and it is very easy to form an addiction. Ceasing the ability to merge or relocation of these machines is a positive outcome.

50 per cent of Napier's seniors live in Taradale and Greenmeadows so it is of concern that four venues – the Taradale RSA, Taradale Club, Duke of Gloucester and Bev Ridges on York bar are in those areas with this vulnerable population.

- 2. The availability of a Gambling Counsellor or Gambling Helpline Information should be prominently displayed at all public pokie machine venues.**

Addiction is a disease like many others eg; drugs, alcohol, and public awareness is crucial. For addicts the more they use the machines to recoup their losses the more they feed the addiction. The machines are designed to

make money for their owners not to give money to players!!

- 3. We are all aware of how harmful pokies are to our community and anything that can be done to help alleviate this problem has to be beneficial.**

Under the Council's Positive Aging Strategy of keeping vulnerable older people safe, the harm that can be done by these pokie machines should be recognised and all possible steps taken to ensure that in Napier and Taradale in particular the risk factor is minimised.

Isabel Wood & Bruce Carnegie
Secretary & President, Napier & Districts
Grey Power Association



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REPORT ON MEETING WITH DHB MANAGEMENT

By Isabel Wood

On Wednesday, 27 January, President Bruce and myself joined representatives of Hastings Grey Power, Age Concern Napier, Havelock and Wairoa (on Zoom) to resume our regular quarterly meetings with the relevant HB District Health Board staff, where we share our concerns.



Chris Ash, Chief Operating Officer spoke on the elective surgery waiting times, telling us that funding had improved with an input of 5 million dollars is being used mainly for major joints operations. This has reduced the waiting list by one-third. Operating theatres he said are working hard tackling those who have spent a long time on waiting lists.

He assured us all that big improvements have been made and there will be more in the future with new theatres being built.

The new Endoscopy and Bowel Screening building had seen real pressure during the last few months with huge demand, with some weekend operations being undertaken. Also there's a huge demand for MIR and CT scans with increased waiting times but this has improved with new radiologists joining the team.

We were also assured that there is no age limit on those needing operations – clinical assessment is done on basis of need only. Orthopaedic specialists look at the risk involved in operations when assessing patients, not the age itself.

Bruce raised the question of continuing care to older people to keep them independent and in their own homes as the population of over 65's was set to double in the next 10 years, asking would the system cope? It was agreed that while significant progress had been made in this area more work was still needed.

Concerning the current proposal to reduce the number of DHB's in New Zealand (currently 20) DHB staff felt it would be a good outcome to reduce the number but it was very important to keep a local voice.

Plans were currently underway regarding the roll

out of the Covid19 vaccinations when they became available. More nursing staff would be needed and preparations were being made to make it as easy as possible.

We had a brief discussion on the lack of respite care for the carers of people needing care at home; 28 days per annum was available but very often not suitable for carers to take advantage of this. A review of the national system is taking place. This was a real issue with a large gap to fill. Their own DHB staff were often carers themselves.

Isabel Wood

Secretary, Napier & Districts Grey Power Association

MEMBERSHIP SECRETARY VACANCY

As I have been on the committee for quite a number of years, having held the position of treasurer and lately of membership secretary, I feel the time has come for someone else to take over the position of membership secretary.

I have indicated to the Executive Committee that from our AGM in May I am retiring from this position. Of course, it goes without saying that I will do my utmost to assist the incoming membership secretary with training and guidance.

It has been a pleasure to work with President Bruce and the rest of the committee, but there is a time to come and a time to go.

Please feel free to approach me or Bruce if you wish to find out more about the work I do as membership secretary. The only qualification you need is a willingness to learn.



John Wuts

Membership Secretary
Grey Power Napier & Districts

I didn't get old on purpose, it just happened. If you are lucky it could happen to you.
Andy Ronney.



After 19 years away from Napier, Dr Steph Rotarangi didn't hesitate to say yes to becoming Napier City Council's new Chief Executive. It's "a privilege" to be back, she says.

Steph's well aware of the need to deliver on the expectations of locals and visitors. "What motivates me is the huge responsibility to take what leaders past and present have achieved here and continue to improve our services."

She intends to be fully engaged in consultation to gain an understanding of community sentiment and what happens in Napier at the grassroots level.

"My role is to support and empower the team to deliver

positive outcomes for Napier. The Long Term Plan process reinforces this; our community needs to have its say and I need to make sure we follow through."

Based in Melbourne for the past five years as Deputy Chief for the Victorian Country Fire Authority, Steph was State Response Controller during the 2019/20 Victorian bushfire response and led the state-wide reform of the Victorian fire services.

In Sept 2020 she was seconded to Emergency Management Victoria, as Deputy Commissioner, to coordinate efforts across multiple government operations to contain COVID-19.

Rotorua born and Otago raised, Steph went on to gain a forestry degree that led to a graduate programme in fire prevention and control. A Masters in Environmental Science followed, then a PhD in Geography, culminating in a career that first began in forestry. "What I learned about mitigating environmental and community impact became important in choices I made later," she recalls.

In between taking time off for children and a stint in central government, she spent five years running the Otago Rural Fire

Authority – her first exposure to local government in terms of the importance and impact of decision making on community outcomes.

"Australia provided incredible experiences but I wanted to be a part of local government as it provides opportunities for collective decision making and meaningful partnerships. Gone are the days when councils operate in isolation. We need to work together."

Steph also has a strong passion for sport and the opportunities it provides. "Sports taught me the importance of team work, while building confidence and allowing me to take on leadership roles in a safe and fun environment. These opportunities should be accessible to everyone in the community."

The opportunity to play sport in Hawke's Bay was just one of the things that helped persuade the Rotarangi children to move back. Kieran, 15, Nina, 14, and Tai, 11, are enjoying a Kiwi summer. "We're definitely making the most of it!"



Two important consultations coming soon!

say it!

YOUR SAY ON
NAPIER'S FUTURE

Are you ready to have your say on the Long Term Plan 2021-31? Consultation opens mid-April and runs until mid-May. More information about our plan, what events we will be holding, and how to give feedback will be revealed soon. This will be followed by consultation on the draft District Plan.

For updates visit www.sayitnapier.nz

Renewing your driver's licence

From SuperSeniors newsletter

Most senior drivers are experienced, safe drivers who are great role models for younger drivers, but as we get older, health changes can impact our ability to drive.

When you turn 65, the process for renewing your driver's licence changes. The 10-year renewal period shortens as you'll be asked to renew your licence with a medical certificate when you turn 75.

For example, if you renewed your licence at 67, it will only be valid for 8 years as you will need to renew it again when you turn 75.

You will receive a driver licence reminder in the mail before your 75th birthday. You'll be asked to complete a driver licence application form and

book an appointment with your local health centre to get a medical check-up to make sure you're still safe behind the wheel. Your doctor or nurse will advise whether you're medically fit to drive.

If you are ok to drive or drive with some conditions, you then take your application with the medical certificate to your local driver licencing agent to apply for your new licence.

It can be upsetting if you find out you're not fit to drive. Keeping mobile is important for everyone. The good news is there are several options available

to help you get around including public transport, which is free during off peak times with your SuperGold card.

You can find out more about the driver licence process for seniors at the NZTA website www.nzta.govt.nz



INVOICE for GREY POWER MEMBERSHIP 2021-2022

If you are a NEW member; or an EXISTING member (and the sticker on your Grey Power membership card is not YELLOW) your membership fees are due

Either:

1. Pay your sub online to **bank account number: 38-9009-0434068-00** Grey Power Napier & Districts; put your Surname and Initial and Grey Power membership number if renewing. If a new member, please email wutsie@extra.co.nz or phone 844 4751 to let us know you have joined. OR:
2. Complete this form and drop it off in an envelope with CASH to 15 Durham Ave (John Wuts' locked secure letterbox) or phone him or Bruce at 844 5635 to arrange a pickup.

Your name/s

Address

Phone email M'ship no

You are paying \$15 for 1 member (tick if applies) or \$27 for a couple

Amount paid: Payment Type:

Would you like to volunteer with Grey Power? Can we email your newsletter?

Thank you

WHY JOIN GREY POWER?

For only \$15 per year (single) or \$27 for a couple, you can become a member of the Grey Power Federation as well as Napier & Districts Grey Power for the year **1 April 2021 to 31 March 2022.**

Membership benefits:

- Free local Discount Book
- Four local and four national newsletters per year
- Free Accident Insurance Cover - \$2000 paid by ALL in event of death by accident or loss of a limb
- Reduced Health insurance
- Cheaper gas & electricity through Grey Power Electricity's low user rates for members

Your membership is vital to our effectiveness in seeking discounts and advocating on matters you care about. By the way, you don't have to be over 60 to become a Grey Power member - anyone can join and get the benefits!

Call President Bruce 844 5635 for more information.

Newsletters: These are produced each quarter with the next three issues planned for:

- Tuesday 8 June, Issue 2 2021
- Tuesday 10 August, Issue 3 2021
- Tuesday 9 November, Issue 4 2021

If you have any news or items of interest that you think could be good in the Newsletter please contact Maxine Boag our editor, Maxine.boag@gmail.com or 021 0247 0484

Live Stronger for Longer?

The Live Stronger for Longer brand represents the collaborative effort between HBDHB, MoH, ACC, Enliven, community exercise providers, carers and health professionals to reduce the number and severity of falls in our region through Community Strength and Balance classes. The objective of the programme is to increase the number and availability of approved classes which provide opportunities for older adults to improve their strength and balance therefore, maintain their independence.

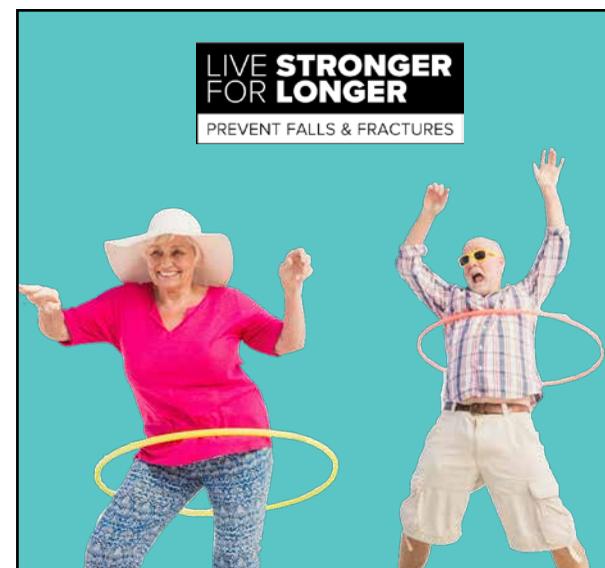
Do I need to attend a Strength and Balance class?

- ✓ *Have you slipped, tripped or fallen in the last year?*
- ✓ *Do you have to use your hands to get out of a chair?*
- ✓ *Are there some activities you've stopped doing because you are afraid you might lose your balance or fall?*

If you have answered yes to any of the above questions? Time to find a Strength and Balance class.

Contact Enliven and they will assist you to find a class.

Editorial supplied by Enliven



Falls are not part of the ageing process.

Join a Strength and Balance group to remain

STRONG & STEADY

Find out about classes by phoning

0800 436 548

livestronger.org.nz

Grey Power Napier committee 2020-2021



From left: Bruce Carnegie (President), Maxine Boag (front – deputy chair and publicity);
Jacquie Hurst (back – committee member); Allie Beattie (committee – catering);
Ian J Cook (treasurer); Lily Anne Mitchell (committee member); John Wuts (membership);
Russ Wyeth (committee); Isabel Wood (secretary) Absent: Rana Dallas (committee)

**Grey Power Napier would like to thank our
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Sender: Napier & Districts Grey Power
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