

SPRING 2020 QUARTERLY NEWSLETTER

Phone (06) 759 9196

www.ageconcerntaranaki.org.nz



Age Concern Taranaki

Serving the needs of older people



FREE NEWSLETTER TARANAKI WIDE

For advertising phone Dave 027 652 5220 or email dave@kiwipublications.nz

A Kiwi Publications Limited publication | www.kiwipublications.co.nz | Please refer to website for disclaimer

Contact Information

Phone: (06) 759 9196 or 0800 243 625

Email: info@ageconcerntaranaki.org.nz

33 Liardet Street, New Plymouth

Postal Address: PO Box 15, Taranaki Mail Centre, New Plymouth 4340

OFFICE HOURS

10.00am - 2.00pm Monday to Friday

BOARD OF AGE CONCERN TARANAKI

Chair Person: David Gibson

Vice Chairperson: Alison Brown

Treasurer: John Albers

Board Members:

Marianne Pike, Heather Grant, Jane Bocock

Disclaimer: The information contained in this newsletter is not necessarily the view of Age Concern Taranaki. While it is believed to be correct, readers should consult their own advisers.



Enjoy life
with
Enliven

Chalmers Home, New Plymouth

Enliven creates elder-centred communities that recognises elders as individuals and supports them in a way that's right for them.

Enliven's Chalmers Home in New Plymouth offers top quality care in a warm, welcoming home-like environment with breathtaking views overlooking the Tasman Sea and Mount Taranaki.

rest home | hospital | short term respite
health recovery | day programmes

For more information please visit:
www.enlivencentral.org.nz

A word from the Executive Officer's Desk...



Hi, I am so pleased to welcome you all to official opening of our new location at 33 Liardet Street. We have a large Hall where we can get together for coffee, singing, and talks. Our office space is bright and welcoming. You're are welcome to drop in anytime

and particularly welcome to our opening at midday on Wednesday 16th September. See page 4 for details and how to RSVP.

Age Concern Taranaki staff are working during all alert levels of Covid-19. At level 2, we welcome you to attend our events. We space out our chairs, promote hand hygiene and have our usual fun with conversation and laughter. If Levels 3/4 reoccur in Taranaki, we can be available via phone, Facebook, email. If you are not already on our list of people to regularly phone for a chat during level 3/4, but would like to be; get in touch with us. Give us your name and phone number. During levels 3 and 4, staff can regularly phone for a friendly chat; they can also help to find solutions any concerns that may arise. Last lockdown we had 100s of everyday conversations, assisted with groceries, delivered frozen meals, supported people experiencing elder abuse, referred to other services; for example, we set up for someone to get their lightbulb changed and connected another person to be able to purchase a mobility scooter during lockdown.

As I write this, I have daffodils on my desk, bringing cheer to my day alongside the people whom have popped in with a smile. Let's all enjoy spring 2020.



Keryn Roderick

Executive Officer

follow us **facebook**

Follow us on facebook

www.facebook.com/ageconcerntaranaki

Only The Lonely.....

You'll no doubt have heard the words of Roy Orbison's famous song that goes "Only the lonely know this feeling ain't right."

Medical commentators are saying the effects of lockdown with its lack of social interaction has had a dramatic mental impact on the aged. So, we here at Driving Miss Daisy are saying its time to have fun together to beat loneliness and build a healthy mental mind.

Spring is here and the health crisis is hopefully well behind us fortunate Kiwis, so let's get social and reconnect with each other. With Driving Miss Daisy, you can get a group together to tour your local area, create an event like a trip to the movies/theatre, or plan a catch up with friends and family at a favourite café. Just contact your local Daisy and let them help you enjoy a Spring outing.

We would also like to remind you of the Total Mobility Scheme the Government created to encourage social interaction and independence which is delivered locally by your Regional Council. The Scheme is designed to assist clients with access to appropriate transport to meet their daily needs and enhance their community participation.

For further information contact your local Age Concern Organisation, they will be happy to help you find out if you are eligible and advise you on how to apply. Once you have been accepted, you can access up to 50% discounted travel up to the regional maximum subsidy with Driving Miss Daisy, an accredited Total Mobility Scheme provider.

We encourage you to take advantage of this opportunity to get out and participate in your community with the support and companionship that only Driving Miss Daisy provides.

**Remember if we are Together
we are not Lonely.**

Melanie Harper
Co-founder DMD

Editorial supplied by Driving Miss Daisy

Get out and about with Driving Miss Daisy



**Keep your independence and freedom
with our safe, reliable companion
driving service.**

We can drive and accompany you to:

- Medical and personal appointments
- Grocery shopping
- Deliveries - e.g. take home meals
- Airport drop-offs and pick-ups
- Companion outings
- Take your pets to the vet
- Wheelchair accessible vehicles available

**Total Mobility Scheme cards accepted
and ACC contracted supplier.**

**Bookings are essential - call Mel today
and make your next outing a pleasure!**

New Plymouth

Phone: (06) 751 0209

Mobile: 027 773 3268



Driving Miss Daisy®

www.drivingmissdaisy.co.nz

You are cordially invited to our new location!



Official Opening!

To follow the 2020 AGM

Programme

11:00 am - AGM 2020

11:45 am - All Guests Welcome to Arrive

Noon - Official Opening Ceremony & Speeches

Guest Speaker

STEPHANIE CLARE

CEO OF AGE CONCERN NEW ZEALAND

12:30 pm - Karakia & Light Luncheon

1:00 pm - Cutting of the Cake

Wednesday 16 September 2020

33 Liardet Street

New Plymouth

RSVP by Friday, 11th September

p: 06 759 9196 or 0800 243 645

e: info@ageconcerntaranaki.org.nz

Make the best decision of your life at MiLife

Call to make a time to visit our gorgeous villages



**Visit our brand
new Village
'MiLife on Wills'
VILLAS
AVAILABLE
NOW**

MiLife **BELL VISTA**

**131 Mangati Road,
Bell Block, New Plymouth.**

MiLife **on WILLS**

**49 Wills Road,
Bell Block, New Plymouth.**

Phone Angela Day (06) 755 2880. www.milife.co.nz

Independent retirement living at its best.

All occupation licences for units at the village are secured by a first-ranking mortgage over the village land in favour of the Statutory Supervisor.



Elder Abuse Response Service (EARS)

Hello everybody. Welcome to the Elder Abuse section of this quarters newsletter.

I would like to dedicate this section to discuss the importance of Power Of Attorney (POA)/Enduring Power of Attorney (EPOA).

It is important that everybody have a POA set up regardless of his or her circumstance.

I often hear people tell me “I don’t need a POA, it will just cause issues within the family” or “I don’t ever want anybody else to have control of my decision making.” I can understand why people have this viewpoint because we often hear stories of people abusing EPOA for their own gain and to have control over an older person and their decision-making. However, if you chose not to appoint a trusted person and lose capacity to make decisions, often the family court will have to appoint a Welfare Guardian (WG) which is similar to a EPOA where a person’s next of kin will have power to make decisions on your behalf. We know that an older person’s next of kin is not always the best choice, and wouldn’t we all rather make such an important decision for ourselves?

An important thing to remember is when a person goes in to see their lawyer and drafts a POA document appointing a trusted person that will always act in their best interest; this is not activated until a medical professional has completed an assessment (usually much later after the document). After a medical professional has completed an assessment, they must determine that the person does not have mental capacity before any POA document will become an EPOA. The difference between the two is an older person still has full capacity to make their own decisions about their personal welfare and financial affairs after signing a POA.

I have seen an increase in older people themselves and family members/trusted people who have been appointed (taking on the role of becoming someone’s POA), believing that they have the right to make decisions on behalf of the older person as soon as this document has been signed. This is not the case. The POA is not activated, until a medical professional determines that the person no longer has capacity to make decisions; thus becoming EPOA.

In more recent years we are seeing an increase in people abusing EPOA. This leaves older people feeling helpless and I’ve had several of my elder abuse client’s tell me that they had come to accept that there is no way out for them as they don’t believe it can ever be changed.

Fortunately, people are able to have their EPOA’s reviewed and with the help of services and professionals such as social workers and lawyers applications can be made to overturn these.

I urge anyone who has concerns or even any questions to contact Age Concern Taranaki, their local lawyer or Taranaki Community Law.

Thank you all for reading

Sinead Thomas | Registered Social Worker
Age Concern Taranaki: 06 759 9196

“THANK YOU”

A big Thank You to all our valuable sponsors, supporters, volunteers and members who contribute in many ways to Age Concern Taranaki’s Social Connection Programmes held in Waitara every Friday.

We invite everyone to attend In Tune With Waitara, music and social occasion where you can have a great time together, singing, playing instruments, enjoying afternoon tea and the opportunity.

**Held 1st and 3rd Friday,
3 Warre St Waitara, 1.30 pm – 3.30 pm**

Also Drop in Café Waitara is a great spot in a sunny environment where you can play bingo, have a quiz and interact with each other and enjoy a hot drink.

**Held 2nd and 4th Friday ,
3 Warre St Waitara, 1.30 pm – 3pm**

Kindly supported by: Taranaki Electricity Trust,
Lottery Grants Board – Taranaki Community,
Seniorcare Taranaki, Bin Inn Waitara, Driving Miss
Daisy Companion Driving,
Volunteering New Plymouth



**For more information email:
info@ageconcerntaranaki.org.nz or
Phone our Office (06) 759 9196
or 0800 243 625**

Due to Covid 19 a number of these sessions may be put on hold. Please phone the office to check.

ELTHAM

SAYGO > Steady As You Go Falls Prevention Class held on a Thursday **10.00am**.
All Saints Church, 88 King Street, Eltham.

HAWERA

Coffee Mornings > Held on Thursday mornings 10.30am - 11.30am.
St John’s Church Hall, 35 Argyle Street, Hawera.

Social Mornings > Held on the third Thursday of the month. 10.30am - 11.30am.

St John’s Church Hall, 35 Argyle Street, Hawera.
(may include a Guest Speaker, a topic of discussion or an activity).

SAYGO > Steady As You Go Falls Prevention Classes are held weekly on a Tuesday at 10.00am at 35 Argyle Street, Hawera.

NEW PLYMOUTH

Aqua Exercise > Restarting on Monday 20th July, this class is held weekly at the Todd Energy Aquatic Centre at 10.15am. Please phone our office (06) 759 9196 to register for Aqua Exercise.

Drop In Cafe > This cosy Drop in Cafe is held on the first, third and fourth Thursdays of the month. Come along and join us at 10am for a cuppa and great company at 31-33 Liardet Street, New Plymouth.

Social Morning > Our Social morning at 31-33 Liardet Street is held on the second Thursday of the month. We have Guest Speakers who provide the group with relevant information, health education and other interesting topics. Starting with morning tea at 10am.

Warm Up Wednesday > This fun filled morning of Singalong continues every second and fourth Wednesday of the month. Come along and enjoy a great singalong, morning tea, fun, music and make friends. A light lunch is served at the conclusion of the morning. 10am - 12.30pm. Gold coin donation. Held at 33 Liardet Street, New Plymouth.

Monthly Outing > The first Wednesday of the month is our Outing. A great day out incorporating lunch and a visit to a place of interest. Please phone Pauline to express your interest.

SAYGO > Steady As You Go, Falls Prevention Strength and Balance Classes are held in New Plymouth. Tuesdays at 10.30am at St Mary’s Complex Lounge, 37 Vivian Street, \$3 per class and on Fridays 11am at Disabilities Citizens Rooms, 83 Hine Street \$2 per class.

OPUNAKE

SAYGO > Steady As You Go Falls Prevention Class held on a Monday 10.00am. Tainui Day Centre, 142 Tasman Street, Opunake.

STRATFORD


Coffee Morning > We now hold weekly coffee mornings in Stratford, every Friday 11.00am - 12 noon. Held at St Andrews Church Hall, 88 Regan St, Stratford. A great opportunity to make friends, socialise and enjoy morning tea.

SAYGO > Steady As You Go Falls Prevention Classes are held on a Friday at 10.00am at St Andrews Presbyterian Church Hall, Regan Street, Stratford.

WAITARA


“IN TUNE” > Held on the first and third Friday of the month at The Senior Citizens Hall, Warre Street. 1.30pm - 3.30pm. A fun afternoon of singing, musical instruments and entertainment with Pauline on her guitar. You are invited to arrive from 1 pm and afternoon tea will be served at 2.45 pm. A gold coin donation is appreciated to assist with costs.

Drop in Cafe > Held on the 2nd and 4th Friday of the month in The Senior Citizens Hall, (supper room) Warre St Waitara. 1.30pm – 3 pm Enjoy a quiz or a game or sit and chat over a cuppa tea, coffee and snacks. A great opportunity to make friends.



Staying Safe

a refresher course for older drivers



This FREE classroom based course will help you re-familiarise yourself with traffic rules and safe driving practices. It will also increase your knowledge about other transport options and help you remain independent for longer.

**Tuesday 22nd September
and Wednesday 30th September**

Both courses to be held at
33 Liardet Street
9.30am - 12.30pm

Contact Age Concern Taranaki
for further information: 759 9196 / 0800 243 625
or info@ageconcerntaranaki.org.nz

© ACNZ together with NZTA

Staying Safe Driving courses

Following the cancellation of a scheduled course back in April, Age Concern Taranaki will be offering two Staying Safe Driving courses in September.

These courses are to be held on Tuesday 22nd September and Wednesday 30th September. Both courses will be held in our hall at 33 Liardet Street, New Plymouth from 9.30am - 12.30pm.

Registration is essential, as numbers are limited to 15 participants per course.

This FREE classroom-based course will help you re-familiarise yourself with traffic rules and safe driving practices.

Call 759 9196 or 0800 243 625 for further information and to register.

Aylene
Staying Safe co-ordinator

**Did you
know...**

IT'S IMPOSSIBLE
TO STICK YOUR
TONGUE OUT
WHILE SMILING??

ACCREDITED VISITING SERVICE

South Taranaki

Kia Ora readers. I am pleased to announce that I get to provide cover for the South Taranaki AVS service. This means that I get to do the very thing us social workers love to do, and that is make connections with people out in the community and learn new skills and ways to work with our Kaumatua.

I'd like to use this space to advise that anyone who is interested in having a visitor through the AVS service can contact myself or Age Concern Taranaki and I can arrange an appointment. This appointment would involve a meeting where we would determine your interests and days/times you would be free to have a volunteer visitor call into your home for a cuppa and a chat. All volunteers are police vetted and matched according to your hobbies/interests.

South Taranaki is in need of volunteer visitors! If you can spare an hour a week and want to make a huge difference in an older persons life who is in need of more company, please call us today!

I will be dedicating time over the next few months to meet with services down in South Taranaki and network so this valuable service is better known to those in the community and people who can refer client's through to us here at Age Concern Taranaki.

Many Thanks,

Sinead Thomas | Registered Social Worker
Age Concern Taranaki: 06 759 9196

Check on those people you love and care for.

Reach out to your older relatives, friends and lose neighbours to check in with how they are and talk through their worries. Whether it is giving them a phone call or writing a letter, staying connected and connecting often is important.

**Age Concern Taranaki (Inc) thanks
the following organisations for their
support and sponsorship**



HealthCare New Zealand

Being independent is key to our quality of life. For most people, that means staying in our own homes, close to our family, friends, communities and favourite activities.

Sometimes we need a hand to maintain our independence, and that's where HealthCare New Zealand can offer high quality help, tailored to your lifestyle.

HealthCare New Zealand supports people around the country with personal care, home management and domestic support, nursing services and rehabilitation. Their specialist skills, knowledge and expertise lets them work with you to create a plan that suits your needs, regardless of age, illness, injury or disability.

With a national network of experienced and trained professionals, HealthCare New Zealand works alongside people and their families each step of the way, with a personalised support plan that incorporates your needs and goals.

With a toll-free 0800 number and website – www.healthcarenz.co.nz it's easy to get the support that works for you.



With over 30 years of experience and a professional team of local, caring and highly qualified staff, we can support you to live independently in your own home.

Our services include:

- Personal care
- Home care services
- Nursing services
- Goal based services

Our services are fully certified and in some cases may be free for eligible residents.

We also support privately paying clients.

For more information:
Freephone: 0800 000 119
www.healthcarenz.co.nz



**HealthCare
New Zealand**

Rehabilitation. Community Health.

Editorial supplied by Healthcare New Zealand



Steady As
You Go®

Falls Prevention Exercise Classes



Mon	10.00 am	Tainui Day Centre	142 Tasman St, <u>Opunake</u>
Tues	10.15 am	Presbyterian Church	35 Argyle St, <u>Hawera</u>
Tues	10.30 am	St Marys Complex	37 Vivian St, <u>New Plymouth</u>
Wed	10.30 am	Inglewood United Church	30 Brown St <u>Inglewood</u>
Thur	10.00 am	All Saints Church	88 King Edward St, <u>Eltham</u>
Thur	1.30 pm	Merrilands Domain Hall	251 Mangorei Rd <u>NP</u>
Fri	10.00 am	St Andrews Church	88 Regan St, <u>Stratford</u>
Fri	11.00 am	Disabled Citizens Society	83 Hine Street, <u>New Plymouth</u>

Contact The Age Concern Taranaki Office between 10-2pm
Phone: 0800 243 625 or 06 759 9196



The visit from Moss (dog)

Marlene & Jim’s enthusiasm for the SAYGo exercises was enhanced with Moss’ visit.
We were all impressed with Jim’s ability to get up off the floor. He contributed this ease of standing to the exercises which he and Marlene have been attending for seven months.



At the end of class with the participants still seated, Moss said hello to each of them. Recently one of our group’s 12 year old dog had passed away, so it was interesting Moss greeted Jill first, after being let off the lead.



Come join a class, the exercises are only part of it, social interaction and friendships also develop.

Central Audiology Taranaki

Central Audiology has been a leading hearing specialist throughout Taranaki with clinics in New Plymouth, Stratford and Hawera. With over 20 years of experience working in the Taranaki region, we know and value our customers and community.
We’re the only 100% independently owned and operated audiology practice in the region with the largest supply in the latest hearing aid technology. This means we are able to tailor your hearing needs to suit you.
We’re a primary provider to the Taranaki District Health board, and you can visit us whether you’re referred by your GP, or want to approach us directly. At Central Audiology we want to ensure that you’re not missing out on the important sounds of life.

Call us today on 0800 and book a FREE hearing check at one of our clinics. We’re here to help.

Editorial supplied by Central Audiology Taranaki

Taranaki’s hearing, caring specialists

- Hearing health checks
- Hearing aid advice and fittings
- Expert knowledge to manage tinnitus

Visit our website
www.centralaudiology.co.nz

Clinics in
New Plymouth
Stratford
and Hawera

FREEPHONE
0800 751 000

100%
Taranaki owned and operated since 1998

JONATHAN YOUNG

MP FOR NEW PLYMOUTH

TO CONTACT ME

P 06 759 1363

E newplymouthmp@parliament.govt.nz

W jonathanyoung.national.org.nz

f [facebook.com/MPjonathanyoung](https://www.facebook.com/MPjonathanyoung)

in [jonathanyoungmp](https://www.instagram.com/jonathanyoungmp)



Authorised by Jonathan Young, Cnr Gill & Liardet St, NP

As I write this update, a resurgence of Covid-19 community transmission is causing a great deal of unease and uncertainty.

It is in all our best interests to adhere to official advice around hygiene, keeping track of who you come in contact with, and staying home if you're sick - <https://covid19.govt.nz/>

I want to take this opportunity to remind you that you can come to me as your Member of Parliament for representation, advocacy and assistance no matter what your political affiliation. Your situation will be handled in complete confidence and my team and I will do our very best to help in whatever way we can.

In recent weeks, my office has recorded a dramatic upswing in the number of Immigration cases. These range from skilled workers to families and partners concerned at what the future holds for them with the border still closed. Queries about ACC and Work & Income continue, and every day brings new opportunities to assist people.

If there's something I can help you with, please contact my office 06 7591363, newplymouthmp@parliament.govt.nz.

Jonathan Young | MP for New Plymouth

There are no limits to what you can accomplish except the limits to your own thinking.

Citylink Connector

YOUR NEW BUS CARD

Bee

READY

SUPERGOLD CARD BUS USERS

MAKE SURE YOU GET YOUR BEE CARD BEFORE 19 OCT 2020

Bee Card is your new bus card that will make travel by bus easier and smarter.

From **19 October 2020** you'll need your SuperGold Concession loaded onto a Bee Card in order to keep enjoying free off-peak bus travel.

With Bee Card, you simply tag on and off the bus. You won't have to show your SuperGold Card to the driver, making boarding easier and faster. You can also load money onto your Bee Card, so if you do travel outside of the free hours, you won't need cash.

JUST THREE SIMPLE STEPS AND YOU'LL BE ALL READY TO GO:

- 1 Go to BeeCard.co.nz, create an account and order your Bee Card online.
You'll need to enter the client number from the back of your SuperGold Card.
- 2 When you receive your Bee Card in the mail, go back online and activate your card.
- 3 Start using your Bee Card!

You can also pick up a Bee card from one of your local customer service points then go online to BeeCard.co.nz to load your SuperGold Concession.

Find out more at BeeCard.co.nz

Terms and conditions for the Bee Card are available at BeeCard.co.nz

International Day for Older Persons

Thursday 1st October 2020

This year we are hosting a "Welcome to Our World" themed morning with visiting Guest Speaker Marlaina Curtis from the magnificent Marlaina's Kitchen

It will be fun, dress up in bright colours

Held at 33 Liardet St - New Plymouth
10 am - 12.30 pm

Please contact Pauline at the Office for further information.

Phone 06 759 9196 or 0800 243 625
pauline@ageconcerntaranaki.org.nz




FORM OF BEQUEST

Take or send to your Legal Advisor for incorporation in your Will.

"I give and bequeath the sum of \$_____ (or) _____% of my estate, (or) residue of my estate, (or) property or assets as follows:

free of all charges, to Age Concern Taranaki. The official receipt of the Executive Officer or other authorised officer of the Board shall be a sufficient discharge to my executors".



Friendly, local personal transport - Total Mobility accepted and wheelchair accessible


Call Freedom Drivers for medical, business and personal appointments or assistance with shopping. How about a drive with a stop for morning or afternoon tea for yourself and a couple of friends?

"We bring our friendly service to your door providing extra help at either end of the journey as needed. For medical appointments, we make sure you get to the right place and will wait if necessary or pick you up after the appointment. Travelling with Freedom is like travelling with friends or family - you build a relationship with a driver you get to know and trust."

Service is personal and our prices are comparable to (and often less) than a standard taxi. We take Total Mobility cards (TM) and we are ACC Registered Vendors. Our comfortable vehicles are at the ready with wheelchair access if needed.

Call Diana today on 027 585 2019 or toll free on 0800 956 956 to find out more.

TRANSPORT YOU CAN TRUST



Reliable and friendly service


- Medical appointments
- Social and business trips
- Shopping
- Sightseeing and outings
- Airport transfers
- Pets to the vet
- One off or regular
- Long trips and local


Call Diana now!

For more information

06 758 0734 or 0800 956 956

Total Mobility Provider





www.freedomdrivers.co.nz

Editorial supplied by Freedom Drivers

AGE CONERN TARANAKI MID-WINTER OLYMPICS

DO YOU KNOW WHAT MY FAVOURITE PART OF THE GAME IS IT IS HAVING THE OPPORTUNITY TO PLAY.

Our August Outing was to The T&C Club in Waitara where we held our annual mid-winter Olympic Games. A big thanks to the team at The T&C for the lovely meal and hospitality which was a great start for everyone prior to the games and acitivties which started at 1 pm.

Indoor Bowls, Pool, Darts, Ping Pong Ball Throw and Rummikub attracted many participants on the day with a large crowd of 47 members and guests attending in total.

At the conclusion of the event, 1st and 2nd prize "Olympic Medals" were awarded to those in our closing ceremony. This is always great day and many look forward to testing their skills and the opportunity to take part on the day.

Pauline Julian | Service Coordinator
Social Connection Programmes
pauline@ageconcerntaranaki.org.nz
ph 06 759 9196 or 0800 243 625



So after winning the game, I decided to throw the ball into the crowd, like they do on the T.V. Apparently, it's unacceptable in bowling.

FROZEN CONVENIENCE MEALS AT AGE CONCERN TARANAKI

You can purchase tasty, wholesome, nutritional frozen meals from our Office at 33 Liardet Street, New Plymouth Monday to Friday during Office hours 10 am – 2 pm.

We also offer a delivery service on a Friday morning (within New Plymouth City perimeters) at a cost of \$5.

Do you fancy a Roast Meal – Pork, Chicken, Beef or Lamb complete with vegetables and gravy, a Family Meal - Lamb Hotpot, Sticky Asian Pork Belly and Beef Casserole - all \$10 each. Or perhaps a tasty Snack Meal – Cottage Pie, Spaghetti Bolognese, Macaroni Cheese and other variants available too - \$5.50 each.

Not forgetting Chocolate Fudge Pudding as a dessert - \$5.50 each.

These are easy to cook in your microwave or conventional oven. Convenient for Everyone

TOMORROWS MEALS are here TODAY.
Ph 06 759 9196 to place your order.



JOIN AGE CONCERN TARANAKI MEMBERSHIP SUBSCRIPTIONS

WELCOME FOR YEAR ENDING 30 SEPT 2021

Please complete the following and post with payment to: Age Concern Taranaki, PO Box 15, Taranaki Mail Centre, New Plymouth 4340.

Name:

Address:

Phone:

Email:

Ethnicity Origin (or race) (please tick):

- ☐ New Zealand European
- ☐ Maori
- ☐ Pacific Peoples
- ☐ Other Ethnicity

Please specify:

Subscriptions (please tick):

- ☐ Single \$15.00 ☐ Couple \$15.00
- ☐ Corporate \$45.00

Paid by: ☐ Cash ☐ Cheque ☐ Direct Credit

Bank account: 15-3953-0717362-00 (Ref: Your name)

Donations Bequests and Legalities

Please help our work by including a donation (tax deductible over \$5). You can make a donation at any time.

Leave a gift to Age Concern Taranaki in your Will and create a lasting legacy. If you would like to know more about how to bequest or leave a legacy contact your legal advisor.

Q: How do you keep your husband from reading your e-mail?
A: Rename the email folder 'Instruction Manuals'

QuinLaw - Barristers & Solicitors

NEW TRUSTS ACT

There is a new Trusts Act coming into force January 2020. Trust Law has evolved over the last 700 years with various Acts of Parliament and many judicial decisions. There are some great modernising aspects to the changes, although a new Act of Parliament does not solve all of the issues that may arise.

The wording has become more modern and that's good. When we are drafting new Trust Deeds, we need to be looking at our language. Using more modern language makes it more readable by everybody. Occasionally though we lose words that have a lot of meaning to lawyers. For example, "perpetuity period". That's going to be changed to be "maximum duration of the Trust". The words "Date of Distribution" is now becoming "Expiry of Trust".

Another change is the power of appointment and discharge of Trustees. Who is going to hold that power? The Trust can now run for 125 years so leaving the Settlers holding the power is not going to work. They will not be alive in 125 years. Can they delegate it and if so to who? Is that one or more people? If the Trust is running on for 125 years, do we need someone

else that is going to have the power to appoint and remove Trustees? So how do we draft the clause that is going to cover Mum and Dad delegating the power of appointment to eldest daughter and then who is she going to be empowered to delegate the power to? How are Mum and Dad, when setting up their Trust, going to decide whether they like or trust the eldest child of their eldest daughter? Is that even appropriate? You bothered to appoint her as a Trustee, do you trust her to decide who should hold the power of appointment when she goes? Alternatively, do you think she is easily persuaded by her brother/sister/spouse/child/neighbour/boyfriend? The previous Trust Act did cover this situation and provided that if there is no-one left then the Executors of the Will of the last Trustee become the Trustees and can appoint if no-one else has the powers.

The point is that the Executors of the last Trustee may not know the family and therefore that is repugnant to the Settlers thinking who might be making appointments in a hundred years' time. However there has to be some provisions somewhere and the one in a hundred-year events happen and they certainly will be happening in the lifetime of new Trusts running for 125 years.

For the MOST important decisions of your life see us

QuinLaw are dedicated to offering professional and cost effective legal services with a personal touch.

At QuinLaw "people matter"

- ✓ Estate Planning
- ✓ Wills and Trusts
- ✓ Enduring Powers of Attorney
- ✓ Sales
- ✓ Purchases



11 Robe St, New Plymouth
Phone: (06) 769 9687
Email: office@quinlaw.co.nz
www.quinlaw.co.nz

