

NEW PLYMOUTH

GREY POWER

50+ NEWSLETTER

www.greypowernp.org.nz

QUARTER THREE 2020 - SPRING

AGM

Thursday 27th August 2020 at 1.30pm

St James Church, Lawry Street, Moturoa, New Plymouth

GUEST SPEAKER: Mr Gordon Brown NPDC on the Stadium



GREY POWER NEW PLYMOUTH INC.
21/117 Powderham Street, New Plymouth 4310
Phone: (06) 757 5885
Email: greypowernp@gmail.com
www.greypowernp.org.nz
Office Hours: 9am - 1pm Monday, Wednesday & Friday

COMMITTEE 2020 - 2021:

PRESIDENT: Chris Manukonga 758 0449
VICE PRESIDENT: Agnes Lehrke 769 9630
SECRETARY: Jean Graham
TREASURER: Val Armstrong
COMMITTEE: Mary Perrott, Wally Garrett,
Caroline Symmans, Louis Carter, Isobel Carter,
Alison Brown
TECHNOLOGY: Bruce Carter
OFFICE MANAGER: Agnes Lehrke 769 9630

A COMMON MISCONCEPTION:

Grey Power is not aligned with any politician or political party. We are an advocacy group and we present our views to Parliament to try to get a better deal for all Superannuitants. As such we will speak to any political group or politician who is likely to make a difference on our behalf. We also seek to keep all our members informed on what Grey Power has been doing on their behalf.

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TARANAKI SOLAR
The Power To Make A Difference

Presidents Word



Welcome members, naumai haere mai.

We welcome the opportunity to hold our AGM in August, which had to be postponed from May, due to the Covid 19 crisis (Coronavirus Pandemic). The Associations across Aotearoa (New Zealand) were affected and were required to take a directive from the Grey Power Federation and the Companies Office, to postpone all AGM’s until we reached Covid 19 Level 1.

Financially the New Plymouth Association is very sound, but to improve our position the Committee will look at fundraising opportunities, with a BBQ Sausage Sizzle at Mitre 10 Mega being our first endeavour.

The Grey Power Committee are willing to address any of the members concerns if there are any, that effect our community through the submission process of Council, but we need your consent and sufficient numbers to proceed.


Such topics as, Yarrow Stadium Rebuild, Pukekura Raceway, Footpaths, Transport and Rates Increases, so contact a Committee member and be heard.

A reminder that nominations are open for all of the committee positions and you could be part of the team that makes a difference for the wellbeing of our members, see the nomination form right.

Another event coming up is the Political Candidates Forum, where we can learn about each parties policies, this event will draw a big crowd, which is organised by Grey Power and Positive Ageing.

keep safe and look forward to a good turnout for the AGM.

Chris Manukonga (President)



One day you will look back and see that all along you were blooming.
BARBARA HANPER NICHOLS

Grey Power New Plymouth Association Inc
AGM Committee Nomination Form 2020

Grey Power New Plymouth Association Inc. Committee Nominations - AGM 2020		
Full Name of Nominee	Position on Committee	Signature of Nominee
	Proposer:	Seconder :

All positions on the Committee will be voted on.

The above form is not a voting form but your nominations for the Grey Power Committee. Actual voting takes place during the AGM.

You may nominate as many as you wish. So fill out the form and send it in to the office by hand delivery, email or post please.

Your nominee must be aware of your nomination and sign the form to show their willingness to stand. Your support is greatly appreciated.

All nominations will be available on display, for viewing at the AGM.

Remember this is your opportunity to have a say on who you want on the Committee.

If you know someone who is a good TEAM player and may be interested in an active roll, and a dedicated person for Grey Power, then please nominate them. Nominating Committee members or one for a leader’s role is so important for the growth and

welfare of our Association. Therefore it is an important exercise that we need to be seriously involved in. AGM will take place on Thursday 27th August at 1.30pm - see cover notice.



“I just read on the internet that I shouldn’t believe everything I read on the internet.”



September 2nd Bus trip to Whangamomona.

Departure at 8am from the Raceway Carpark.

Take a nostalgic journey through 3 tunnels all dug by hand. The Huringa Tunnel, a cuppa at Strathmore, followed by the Makahu Tunnel, and then The Whangamomona Hotel for lunch and history. Please advise Agnes if you have dietary needs.

Continue on to Mt Damper Falls where you can if you wish take a short walk to view them from the lookout, worth the effort.

We then travel through The Moki Tunnel, back over Mt Messenger and tunnel and home arriving about 5pm.

Please register your interest as the bus is a 40 seater due to the size of the tunnels.

Payment made at the Grey Power office. \$55-00 lunch included.



All Payments for Trips to be made via the Grey Power Office at least a fortnight prior to trips.
(Unless with special arrangements.).
Payments can be made by cheque or cash. No eftpos sorry.
Or on-line; i.e Direct Credits to Travel Account : 15 3948 0007390 01 Thank you. Agnes.

Our Bus Trip to Tawhiti Museum

A bus trip to Tawhiti Museum in Normanby , Hawera on the 21st of June was well received and enjoyed by all. The magnificent creations of the past in a series of realistic displays so lifelike that it was difficult to realize these were created by the hand of the owner, Nigel Ogle .

A haunting boat voyage into the past through a rocky and dark coastal environment to view the life of traders and travellers. Badger's Cafe and two nautically themed gift shops followed by a surprise detour on the way home to visit the Possum Factory on Opunake Road where purchases were made, followed by a tiki tour of Kaponga & then home, made a truly magnificent day.



Travel to Mokau

On the 5th November we will travel to Mokau This trip will have some different items of interest on the way there and back.

9.a.m Depart the Raceway car park. On route visit the Green Shed Farm with all its herbal reserves, various teas, craft and animals. An attractive tourism place. Good to support and promote our own Taranaki venues.

View the Two Sisters and Elephant Rock. Time to appreciate landscape and views. On to Mokau Museum with it's magic history. Learn the latest happenings.

Dine at Whitebait Inn. Return to Uruiti Valley with the Last Samurai setting. Then a surprise revelation on the home straight. We love surprises don't we.?

Do join us for what promises to be a splendid day out with great company. Cost of \$55.00. Lunch Included. Special Diets taken with you, thank you.

WE NEED YOUR RESPONSE OF INTEREST.
Thank you. Grey Power Office 757 5885.
or Val 7511 860 or Agnes 021 0229 8721.

Investing or speculating?

A noteworthy feature of share markets in recent COVID-19-impacted months has been the surge in trading activity by some investors. We've seen this in New Zealand and overseas. It's likely that some people have been bored and have looked for entertainment in lockdown. With casinos closed and no sports to bet on, some will have turned to the share market to get their "punting fix". Others are (understandably) seeking an alternative to the near-zero interest rates they're getting from their bank deposits.

Much of this interest has focused on the sectors and stocks we'd describe as among the more speculative and higher risk, particularly in a COVID-19-impacted world. In the United States, "Robinhood" is a discount broker favoured by smaller market traders. The types of companies that have seen the greatest interest from Robinhood clients include airlines, hotels, cruise ship operators, and rental cars (including Hertz which has actually filed for bankruptcy protection). (Interestingly, Robinhood's

demographic — 80% male, average age 31 — is also the segment most likely to bet on sports).

We believe it's very important to distinguish between investing and speculating. When investing in shares we think about buying part of a company, (ideally at a favourable price). Over time an investor will benefit as the company grows profits and pays dividends. A speculator's mind-set is different. As legendary investor Benjamin Graham described it: "A speculator gambles that a share will go up in price because somebody else will pay even more for it".

We do not suggest that investors shouldn't invest in higher-risk sectors. There are good businesses whose earnings do fluctuate with the economic cycle. At times, particularly when the economic outlook appears bleak, the share prices of these businesses can be attractive. However, resilient investment in these companies requires thoughtful consideration of a business's prospects and risks, not just hope that someone else will

buy it at a higher price tomorrow.

If you're considering investing in shares, should current interest rates not be meeting your investment objectives, why not give us a call? Our Investment Advisers, through an understanding of our client's needs and our access to world-class company research, can offer tailor-made recommendations that are centred upon companies we feel are best suited to navigate the period ahead.

David McCarthy, Dillon O'Sullivan, Lyndsay Mussen, Michael Fisher and Neil Termouth, whose views and opinions are expressed in this article, are Authorised Financial Advisers with Forsyth Barr. To find out more or to arrange a meeting to discuss your investment objectives in confidence, email kayvon.smart@forsythbarr.co.nz, call (06) 757 6000 or visit the Forsyth Barr office at 135 Powderham St, New Plymouth.

This article is general in nature and should not be regarded as personalised investment advice. Past performance is not a guarantee of future performance. Disclosure Statements for Forsyth Barr Authorised Financial Advisers are available on request and free of charge.



MICHAEL FISHER DILLON O'SULLIVAN DAVID MCCARTHY NEIL TERNOUTH LYNSAY MUSSEN

Get the expert help you need. Forsyth Barr New Plymouth

Access to timely, personalised investment advice can make a difference.

Supported by Forsyth Barr, your local Investment Adviser can work with you to deliver a personalised plan taking into account your investment objectives. Contact David McCarthy, Michael Fisher, Dillon O'Sullivan, Neil Ternouth or Lyndsay Mussen to find out more about Forsyth Barr's investment advice by calling 06 757 6000 or visiting the office at 135 Powderham Street, New Plymouth.

Disclosure Statements for Forsyth Barr Authorised Financial Advisers are available on request and free of charge.

FORSYTH BARR

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Green School Oakura New Zealand

Green school New Zealand’s pioneer learners and families were welcomed to their new campus with a Maori powhiri marking the beginning of what is to be an incredibly exciting 2020 year. Students and their parents, along with Green School teachers and staff, were officially welcomed to the special piece of land in Okura Taranaki , by the tangata whenua. (People of the Land).

There are three environmentally friendly Waka at the heart of the campus, with waka number three set to become New Zealand’s largest non concrete building. The beautiful Oakura river flows through the school grounds, which features an island and gushing waterfall.

Keeping the Green school’s core principal of sustainability at the center of not just the curriculum but also campus planning, the buildings have been built from locally sourced timber with just 6% waste. As a major part of the restoration project, more than 20,000 native trees have been planted on site over the past year. The Campus features a tropical house



and two nurseries.

So the opening of Green School New Zealand is a major milestone in the Green School Network’s mission to create a global community of learners making our world sustainable.

Well done Green School Oakura for your achievements so far and undertaking this great initiative.

We wish you every success.





Grey Power
New Plymouth



NEW PLYMOUTH
Positive Ageing Trust

Grey Power NP and Positive Ageing NP warmly invite YOU

to a free public meeting to Meet our Candidates for this years election...

1.00pm—3.00pm, Thursday, 3rd September 2020

at the St James’s Church, Lawry Street, New Plymouth.

Come along, hear the candidates and enjoy a cup of coffee/tea

“If you want to lift yourself up, lift up someone else.”

— BOOKER T. WASHINGTON

With the election campaign in full swing, I wanted to remind you that I am continuing to work as New Plymouth MP right up to the election and am available to help when you need it.

The work of an electorate MP is divided into four categories.

- Assistance:** Helping people in dealings with government departments such as Work & Income, Inland Revenue and Kāinga Ora (Housing New Zealand). Assisting with immigration, ACC, education and health issues.
- Representation:** Taking the views of the local community to Parliament and ensuring politicians understand the impact of law on the communities of the New Plymouth electorate.
- Advocacy:** Speaking to Ministers and Government Departments on your behalf. Encouraging and developing local causes, supporting schools and health facilities and advocating for local and regional infrastructure projects.
- Support:** A happier part of the job involves acknowledging people achieving success or celebrating milestones like significant wedding anniversaries. Attending school prizegivings and visiting a myriad of community organisations and sports events; essentially being accessible to our community in as many ways as possible.

If there’s something I can help you with, please contact my office 06 7591363, newplymouthmp@parliament.govt.nz. Jonathan Young MP for New Plymouth

Taranaki’s other Electorate MPs are:
 Barbara Kuriger (Taranaki-King Country) (06) 756 6032
 Harete Hipango (Whanganui) Stratford (06 765 8464
 Hawera (06) 278 4059

JONATHAN YOUNG
MP FOR NEW PLYMOUTH

TO CONTACT ME

P 06 759 1363
 E newplymouthmp@parliament.govt.nz
 W jonathanyoung.national.org.nz
 F facebook.com/MPjonathanyoung
 I [jonathanyoungmp](https://twitter.com/jonathanyoungmp)




Authorised by Jonathan Young, Cnr Gill & Luard St, NP

Back On Our Feet



Our \$20 million Back On Our Feet measures are helping residents and local businesses hit-hard by Covid-19.

To help make better homes and keep tradies in work, we've expanded our home insulation loan scheme to cover solar power, heating or hot water systems, rain water tanks, grey water systems, ventilation systems, charging ports for electric cars and home gardening packages.

We've provided \$7.5 million for the 2020/21 financial year to expand the scheme. If you apply in the next year, there's no admin fee and zero interest on a loan up to \$10,000 if this is repaid through a voluntary targeted rate within five years.



One hour of free parking

We're helping our central city shops, cafes and restaurants with parking free for the first hour for the next three months. The parking move will run from 1 July to 30 September and covers all metered parking in the CBD.



Rates relief

Has your household or business been hit hard by Covid-19? We've approved a rates relief package for those who need a helping hand including deferring payments for either six months or a year. Some \$8m has been allocated to help residents and local businesses.

QuinLaw - Barristers & Solicitors

NEW TRUSTS ACT

There is a new Trusts Act coming into force January 2020. Trust Law has evolved over the last 700 years with various Acts of Parliament and many judicial decisions. There are some great modernising aspects to the changes, although a new Act of Parliament does not solve all of the issues that may arise.

The wording has become more modern and that's good. When we are drafting new Trust Deeds, we need to be looking at our language. Using more modern language makes it more readable by everybody. Occasionally though we lose words that have a lot of meaning to lawyers. For example, "perpetuity period". That's going to be changed to be "maximum duration of the Trust". The words "Date of Distribution" is now becoming "Expiry of Trust".

Another change is the power of appointment and discharge of Trustees. Who is going to hold that power? The Trust can now run for 125 years so leaving the Settlers holding the power is not going to work. They will not be alive in 125 years. Can they delegate it and if so to who? Is that one or more people? If the Trust is running on for 125 years, do we need someone else that is going to have the

power to appoint and remove Trustees? So how do we draft the clause that is going to cover Mum and Dad delegating the power of appointment to eldest daughter and then who is she going to be empowered to delegate the power to? How are Mum and Dad, when setting up their Trust, going to decide whether they like or trust the eldest child of their eldest daughter? Is that even appropriate? You bothered to appoint her as a Trustee, do you trust her to decide who should hold the power of appointment when she goes? Alternatively, do you think she is easily persuaded by her brother/sister/spouse/child/neighbour/boyfriend? The previous Trust Act did cover this situation and provided that if there is no-one left then the Executors of the Will of the last Trustee become the Trustees and can appoint if no-one else has the powers.

The point is that the Executors of the last Trustee may not know the family and therefore that is repugnant to the Settlers thinking who might be making appointments in a hundred years' time. However there has to be some provisions somewhere and the one in a hundred-year events happen and they certainly will be happening in the lifetime of new Trusts running for 125 years.

Editorial supplied by QuinLaw

For the MOST important decisions of your life see us

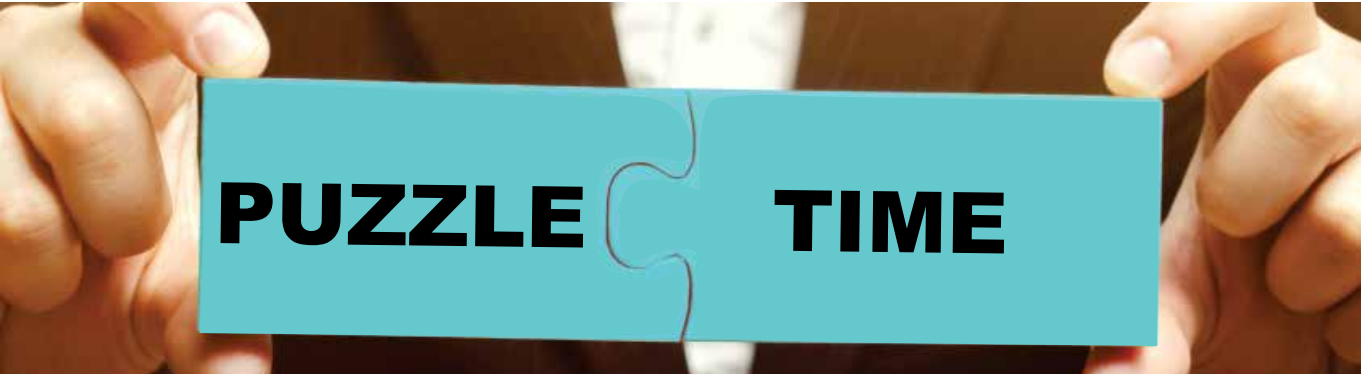
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- ✓ Enduring Powers of Attorney
- ✓ Sales
- ✓ Purchases



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Pesky spring blooms

- Across
- 1. Genetic stuff
 - 4. Auspices
 - 9. Sprinted
 - 10. Serpent
 - 11. Sea eagle
 - 13. Kind of charge card
 - 14. Military school
 - 16. Perform
 - 17. "Fancy that!"
 - 18. Kipling poem
 - 20. Hamlet's cousin
 - 22. Bank holding
 - 24. Window part
 - 25. Poem of lament
 - 27. ___ juice (milk)
 - 28. Bit of statuary
 - 29. Trinity component

1	2	3		4	5	6	7	8
9				10				
11			12		13			
14				15				
16			17				18	19
		20				21		
22	23			24				
25				26		27		
28						29		

- Down
- 1. Be reluctant
 - 2. DEA agent
 - 3. The "I" of "The King and I"
 - 4. Symbol for arsenic
 - 5. Glossy paints
 - 6. Like some meat
 - 7. White House nickname
 - 8. Census datum

- 12. Decorative borders
- 15. Sushi offering
- 18. Arctic abode
- 19. Criminal
- 20. Turn
- 21. Goals
- 22. Tennis call
- 23. U.N. workers' grp.
- 26. Rocky's greeting

N	O	S		O	S	R	O	L
O	O	W		Y	G	E	T	E
T	T	I	S		N	E	I	T
E	G	V	T	T	I	V		
F	I		E	E	G		O	D
		Y	M	E	D	V	C	V
X	E	M	V		E	N	R	E
E	K	V	N	S		N	V	R
S	I	G	E	V		V	N	D

The headline is a clue to the answer in the diagonal.

How to solve sudoku puzzles

No math is required to solve a sudoku. You only need logic and patience.

Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear in a column or row in the larger grid.

2	6	3	9	1	4	7	8	5
5	4	7	2	3	8	1	6	9
8	9	1	5	6	7	2	3	4
6	3	2	7	5	9	8	4	1
9	1	8	6	4	3	5	2	7
4	7	5	8	2	1	3	9	6
7	2	6	4	8	5	9	1	3
3	8	9	1	7	6	4	5	2
1	5	4	3	9	2	6	7	8

The difficulty on this puzzle is easy.





2		3			4		8	
					8			
				6	7			4
6						8		1
9		8				5		7
4		5						6
7			4	8				
			1					
	5		3			6		8

G	L	M	K	A	T	E	C	T	R	V	O	Y
S	X	A	R	E	T	B	T	E	G	R	O	R
D	Y	D	N	A	O	O	T	N	R	C	S	I
Y	R	O	S	N	S	A	Q	A	A	A	O	T
I	M	S	N	I	R	F	S	M	G	I	B	N
G	A	A	R	U	N	S	M	E	A	L	O	E
C	R	O	E	E	I	P	D	V	U	L	U	G
D	M	S	P	P	S	U	G	N	G	E	D	R
N	E	L	L	I	Z	A	B	U	U	B	I	A
O	W	F	A	R	G	O	H	Y	I	O	N	S
S	A	E	N	N	A	Z	E	C	N	T	I	I
N	S	O	K	Z	U	T	V	E	Q	T	G	S
I	S	R	I	P	A	X	R	K	O	E	Z	L
B	O	I	T	W	A	C	H	T	M	A	N	E
O	R	E	L	T	S	I	H	W	O	N	T	Y
R	C	W	F	S	L	M	A	S	S	A	H	G

- BAZILLE
- BONNARD
- BOUDIN
- CAILLEBOTTE
- CASSAT
- CEZANNE
- CHASE
- CROSS
- DEGAS
- GAUGUIN
- HASSAM
- MANET
- MONET
- MORISOT
- PISSARRO
- RENOIR
- ROBINSON
- SARGENT
- SEURAT
- SISLEY
- TWACHTMAN
- WEIR
- WHISTLER



The difference between influenza and a cold

Influenza Symptoms	Cold Symptoms
Sudden onset of illness. Moderate to severe illness lasting 7-10 days	Mild illness
Fever (usually high) Headache (may be severe) 	Mild fever Mild headache (congested sinuses)
Dry cough may become moist 	Sometimes a cough
Muscle aches Shivering 	Muscle pain uncommon A runny nose
Bed rest necessary 	
Can suffer severe complications (pneumonia)	

Am I eligible for a free flu vaccination?

For adults and children with long-term health conditions, pregnant women and people aged 65 years and older, influenza can be an especially serious illness. For this reason the influenza immunisation is provided **FREE** to:

- Pregnant women (any trimester)
- Anyone aged 65 years or over
- Anyone under 65 years with those who:
 - are pregnant
 - regularly use an asthma preventer
 - have diabetes
 - have heart disease
 - have kidney problems
 - have any cancer (excluding basal and squamous skin cancers if not invasive)
 - have another serious medical condition

If you do not have one of these eligible conditions, you can still benefit from an influenza immunisation available, at a small cost.

Where do I go for a flu vaccination?

You can call your GP, pharmacy or Māori Health provider. Please be patient with staff as, due to extremely high demand for the flu vaccine this year there have been some delays in distribution

Community pharmacists providing flu vaccines:

New Plymouth

Countdown Pharmacy, Spotswood
Countdown Pharmacy, The Valley
Robertsons Pharmacy, The Valley
Life Pharmacy, Centre City
Vivian Pharmacy
Westown Pharmacy

Eltham

Eltham Pharmacy

Stratford

Mackays Unichem

Hawera

Robertsons Pharmacy

Please note these pharmacies were correct as of 20 March, 2020. Please phone ahead to confirm.

Influenza myth busters

There are many myths about the influenza vaccination. We have outlined the most common ones below.

The flu vaccine will give me the flu

You cannot get the flu from the vaccine as it does not contain any live viruses.

However, some people will experience mild side effects such as muscle aches or headaches for a short time after immunisation. This is a normal reaction.

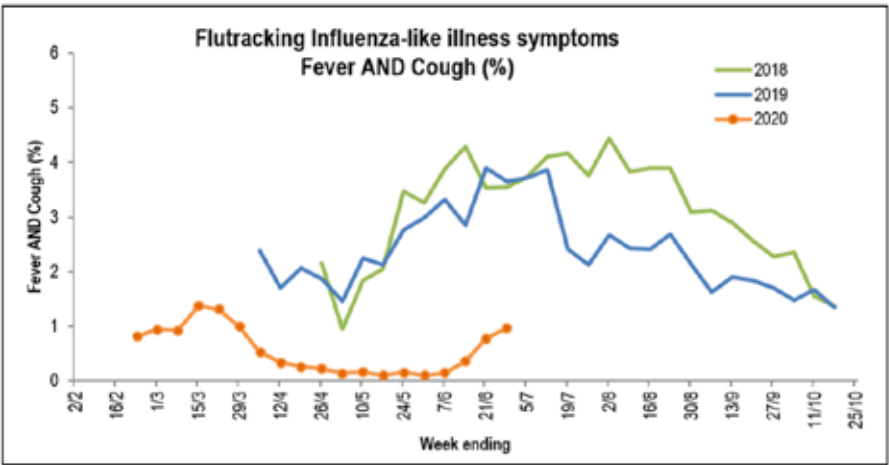
I'm safe because I'm fit and never get sick

Anyone can catch the flu and pass it on to whanau or friends.

The flu is just a bad cold

The flu and common cold are caused by different viruses.

The flu can leave you bed-bound for weeks, require hospitalisation and be life-threatening.



Influenza facts

Influenza is different from the common cold and includes the following symptoms:

- A fever greater or equal to 38°C
- At least one respiratory symptom such as a cough, sore throat or nasal symptoms such as a runny nose
- At least one systemic symptom such as a headache, myalgia (aches/pains), sweats/chills (feeling feverish) or lethargy (fatigue).

You can spread the flu to people, including your family/whanau and friends, who are at most risk of complications.

Influenza, commonly called the 'flu', can be a serious illness that is sometimes fatal and can infect up to 1 in 5 of us every year. While general health affects the severity of an infection, the influenza virus is contagious and anyone can become infected.

Up to 400 deaths each year in New Zealand are related to influenza infection.

The strains of influenza virus that reach New Zealand each year are usually different from the season before. The virulence of strains can vary from year to year or a new strain can emerge to which people are not immune.

Annual immunisation is recommended for two reasons: protection lessens over time and each year influenza can be caused by different influenza strains, that may not be represented in the previous year's vaccine. Immunity develops after you have been exposed to a particular strain of the virus through infection or immunisation. Influenza immunisation prepares and boosts your immune system to help you fight the influenza viruses expected to be circulating each year.

Seasonal influenza vaccinations are recognised as being the single most effective way of reducing the impact of seasonal influenza – especially for those most at risk of complications. This can be particularly true for the elderly.

Stop the flu before it gets you. Get immunised. Don't spread the flu to your family and friends. Immunisation may be FREE for you. Ask your doctor or nurse today.

Sour Cream Lemon Syrup Cakes



- 125 g Butter 150 g Caster sugar
- 200 g Plain flour 1 tsp Baking powder
- 3 Eggs
- 125 g Sour cream, or natural yoghurt
- 1 Lemon, large, finely zested, plus 1 Tbsp juice

Lemon syrup

- 100 ml Lemon juice
- 1/2 cup Caster sugar
- 100 ml Water

Directions

- Heat the oven to 160C. Grease and flour 8 ramekins or one 20cm cake tin (lined with baking paper).
- Using your hands, rub together the butter, sugar, flour and baking powder until pale crumbs form. Make a well in the middle and mix in one egg at a time until incorporated.
- Stir through the sour cream or yoghurt. Then the lemon and lemon zest.
- Pour into the ramekins or cake tin and bake for 30-40 minutes until a skewer comes out clean.
- For the lemon syrup, put the lemon juice, sugar and water in a small pot and simmer until thickened (coats the back of a spoon). As soon as the cakes come out of the oven, spoon over the syrup. Serve with freshly whipped cream.

“You don’t stop laughing when you grow old, you grow old when you stop laughing.”
~George Bernard Shaw



Weir Bros. Tours:

- Forgotten Highway. 17th-18th October 2020 (Cost 630.00 pp. Twin Share)
- Great Barrier Island & Auckland. 25th -30th October 2020 (Cost 2190.00 pp twin share.)
- Discover Northland Take 2. November 2020 to be finalized.
- Auskland – Hauraki Gulf 28th November -4th December.2020 (Cost 2,850.00 p.p Twin .)

Please contact Weir brothers direct weirbros@xtra.co.nz / phone 06-2785858

Communications :

We felt at much loss to communicate with all our Grey Power members over the Covid Lockdown. It was just how it was and although we wished to be there for our members as necessary,“getting in touch“ was not easy.

A large number do not have computers or tablets to email to, many cell phones without email facility, most don’t get the News Paper. All of these are your right and are costly, we would not wish to criticise this. But how can we communicate, and indeed do this better. To ring about 1,925 was too much to ask. Do you have any answers please? Your suggestions please. Who knows what the future brings.



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Thanks

Renewal of Subscriptions: **OFFICIAL NOTIFICATION**

Take your membership card and check the date of expiration.

Name: _____
Number: _____
Expires: **31.3.20**

This is when your renewal was due.
Subs due date was extended to May 31st 2020 because of Lockdown. Our friendly reminder is that these subs are well overdue now. Please contact the office if there is a problem and we will help collect them for you if necessary. Thank you

You can pay by ; Cash, Eftpos, cheque or Direct Credit, our Bank number is 153948 0007390 00 When paying by Direct Credit, please use surname and membership number in the reference section, or surname and phone number if new, so we know who is paying. So **PLEASE pay punctually**, the association survives by your subscriptions. Thank you. We’re the cheapest Subscription fees in the country. So let’s be the best at fulfilling this obligation please. Well done to those already paid.....Agnes.

Grey Power Electricity

Account Number: 02 0108 0333798 029 Phone number= 0800473976

MEMBERSHIP APPLICATION / RENEWAL FORM

Grey Power New Plymouth Assn Inc | 21/117 Powderham Street, New Plymouth 4310
www.greypowernp.org.nz | Email: greypowernp@gmail.com | Ph: (06) 757 5885

*** Membership year is from 1 April to 31 March**

Membership: New Member ☐ Renewal ☐ Membership Number: _____

Type: Single (\$15) ☐ Dual (\$25) ☐ Office Open: Monday - Wednesday - Friday - 9am - 1pm

MEMBER DETAILS:

First: _____
Title Initials/Forename Surname Year of birth

Second: _____
Title Initials/Forename Surname Year of birth

Postal Address: _____

Post Code: _____ Phone Number: _____

Email Address: _____

PAYMENT DETAILS:

Subscription \$ _____ Donation \$ _____ Total \$ _____

Do you wish to register with our travel group? Yes ☐ No ☐

Do you wish to resign from the travel group? Yes ☐ No ☐

Are you a member of Grey Power Electricity? Yes ☐ No ☐

NOTES: Please return a completed form with every application.
Payments may be made by eftpos, cash, cheque at our offices, or internet banking into our bank account.
Online Account: 153948 0007390 00. Please ensure your name and membership number appears in the reference section of the form.
A stamped addressed envelope with postal applications would be appreciated.

Office use only
Date Received _____
Card Issued _____
Expires _____
Amount _____
Bank Cheque _____
Date on Computer _____



Enjoy life with Enliven

Chalmers Home, New Plymouth

Enliven creates elder-centred communities that recognises elders as individuals and supports them in a way that's right for them.

Enliven's Chalmers Home in New Plymouth offers top quality care in a warm, welcoming home-like environment with breathtaking views overlooking the Tasman Sea and Mount Taranaki.

rest home | hospital | short term respite
health recovery | day programmes

For more information please visit:
www.enlivencentral.org.nz

DID YOU KNOW?

TheWindJournal

Listening to
5 to 10 songs a day
can improve
memory, strengthen
immune system and
reduce depression
risk by 80%.

Check on those people you love and care for.

Reach out to your older relatives, friends and close neighbours to check in with how they are and talk through their worries. Whether it is giving them a phone call or writing a letter, staying connected and connecting often is important.

Is your Membership Subscription up to date?

Are you a financial/paid up member of Grey Power?
If your card has 31/03/2020 on it, then yes you need to renew your subscription.
Find the application form on Page 15 of this newsletter and fill it in.
Payment methods are at the bottom on the left hand side.

NEXT MEETING

**proposed for 26th
November 2020**

YOUR QUARTERLY NEWSLETTER FROM
GREY POWER NEW PLYMOUTH

