

# Matua Moments

Serving the Matua Community

Issue #9

Spring/Summer 2019

**DELIVERED FREE DIRECT TO ALL LETTERBOXES WITHIN MATUA AND CHERRYWOOD**



## Railway Reserve Gardens.

Almost 100 years after the railway line first went through rural Otumoetai the land on which the station was built now plays host to the community gardens. Produce is grown where once the local produce was loaded on to wagons to be sent to all over the north Island and even beyond.

Children from Matua Primary visited to learn about

the community involvement in the gardens. The year 3 students worked together in groups, using teamwork to weed, spread and mix compost and sow seeds. They also painted the large rocks that sit alongside the steps, bringing a much needed splash of colour to the gardens. All of the students were enthusiastic, keen to learn about gardening and not afraid to get their hands dirty! We hope to welcome more students to this haven in the city.

**Richard Kluit...** an area specialist for over 20 years and passionate about our community



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## From The Committee

Once again the community came out in numbers to support the “Meet The Candidates” meeting. Close to 150 filled the Bowling Club to hear from ward candidates. A great session of questions from the floor followed individual presentations.

Most likely by the time you read this we would have hosted a community consultation on the proposed development of Kulim Park (21st Oct). With TCC having been accused of insufficient consultation with the first proposal we offered to be involved in seeking everyone’s opinions. There will also be a “Public Open Day” at the Park on the 26th for you to participate. Submissions close by the 30th October.

In the pipeline are discussions on improving Matua Park which affects MRA as owners of the tennis courts. We look forward to some great ideas being put in front of you in the next year. We also continue to talk about improvements to Fergusson Park as it continues to be more popular and have greater usage outside of the sports fields over the summer months.

We are pleased to see some great results with the Predator free Matua campaign (see the article in this edition) Let’s keep it going and enjoy the increased birdsong that will result.

The teams behind the Otumoetai Emergency Management Plan met again recently and have agreed to meet six monthly to keep the momentum of planning for the worst but hoping for the best. In a major event it will be the Otumoetai community that has to rally around and assist our families in need for one to three days. The focal points are Matua Hall and Bowling Club, City Church Otumoetai and St Johns Church Bureta with St Columba Cherrywood and Bellevue Tennis Club also valuable assets.

A local resident has brought forward a discussion on the increasing flights over our suburbs. While this is a part of living in a growing city there are also limits on noise that can be put in place. See the article relating to this and offer your opinion. Similarly if there are

matters that concern or impress you let us know and we will look to bring them in front of others.

Put the 10th Nov in your diary to pop down to Fergusson Park and join in the Walk to D’feat MND along our beautiful waterfront. Just 5 km to Kulim Park and return and show your support in the battle to raise awareness and funding to support local sufferers of this debilitating disease.

*Richard Kluit*

Chairman Matua Residents Assn



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**to follow us on Facebook.**

## WWW.Matua.org.nz

is hosted by the Matua Residents Assn and is a vehicle of communication within our community.

There is information about the roles of the Association plus

Community Patrols and Neighbourhood Support  
Civil Defence

Matua Estuary Care Group

History of Matua

*(photos and information is keenly sought)*

Links to connect to pages / websites for Matua Bowls, Matua Baptist Church, Matua Kindergarten and Matua Primary are also included. A local business directory will be included.

If your community group wants to be part of this initiative contact Richard on 0274 337 675 or any committee member.



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### The 2.99 Special

We went to breakfast at a restaurant where the 'seniors' special' was two eggs, bacon, hash browns and toast for \$2.99.

'Sounds good,' my wife said. 'But I don't want the eggs..'

'Then, I'll have to charge you \$3.49 because you're ordering a la carte,' the waitress warned her.

'You mean I'd have to pay for not taking the eggs?' my wife asked incredulously.

'YES!' stated the waitress..

'I'll take the special then,' my wife said..

'How do you want your eggs?'

the waitress asked.

'Raw and in the shell,' my wife replied.

She took the two eggs home and baked a cake.

**DON'T  
MESS WITH  
SENIORS!!!**



## Life in Otumoetai Pa

With fishing playing a large part in the food supply of Maori sourcing tools that aided the task meant using natural resources from near and far. Obsidian, a strong but sharp volcanic glass was ideal for scaling gutting and slicing fish. This could be obtained from that large island on the northern horizon, Tuhua (Mayor Island) some 35 km away. Moa bones could be shaped into single hooks and when that source disappeared other bone, coupled to a wooden shank was used.

The obsidian glass had many other uses, from preparing Flax to creating fibre for fishing lines, cloth, cloaks, matting, baskets and animal traps to combs, needles and tattooing needles.

Obsidian was traded for greenstone (Pounamu) from the South Island. The flax was traded as a source of rope for sailing ships plying their trade around New Zealand and as far as Sydney.



## Otumoetai Lions Club Welcomes New Members

### Otumoetai Lions - HaveFun– DoGood

Find out more about joining our Otumoetai Lions Club.



Otumoetai Lions Club [otumoetai.lions@gmail.com](mailto:otumoetai.lions@gmail.com)

Proud supporter of Walk 2 D'Feet MND 10 Nov at Fergusson Park.



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## Playground upgrade

Replacement swings and well as seats have been added to the playground at Fergusson Park. Woodchip was pumped from the truck into the area under the swings.



## Predator Free Matua

The strikes keep coming with over 112 all across Matua in the last year, 83 rats, 1 stoat, 23 mice and 5 hedgehogs.

With over 230 traps in place there are a range of baits – peanut butter and Nutella and cheese the favourites but also raisins, chocolate, crème cheese, hot cross buns to name a few others that work. Some kills have been thanks to the family cat but they all count in ensuring our birdlife has a greater chance of survival.



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# Hot Water Pools

Dotted throughout the suburbs are a number of swimming pools with heating from artesian hot water bores that tap in to the Tauranga geothermal area extending from Waihi Beach to Paengaroa . This is a large low-temperature geothermal system (between 30°C and 70°C) that shares the same aquifer as the cold groundwater resource. Matua has 17 bores and Otumoetai 4. Often several neighbours share the bore and chip in for the maintenance and inspections by Regional Council.

A resource consent is also needed for the taking of geothermal fluid and/or heat from a geothermal well, and for the discharge of that fluid by reinjection, or to land or water.

To help with scientific modelling work on the extent of the Tauranga Geothermal System in terms of its depth and geographic scale, geothermal bores and groundwater takes are being monitored and tested. There is potential that parts of the System are sensitive to permanent cooling if it is overused. For example if too much geothermal water is taken, then cool water may replace the warm, cooling the heat left in the rocks and potentially taking many years to regenerate.





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## Matua

### What's in a name?

The concise Maori dictionary shows Matua as parent, adult, father, important.

It seems no doubt that the name for our suburb stems from Matua-lwi Pa, the history of which can be found in an article on the Residents Assn website. There are two definitions of the name Matua-lwi. One is parent Pa, all the other Pa being it's offspring. A second interpretation is Totara Pa - all the other Pa in the locality are it's branches.

Matua as a suburb only really gained it's name in the late 1960's, prior to that it was part of the greater Otumoetai region and more latterly part of Otumoetai West.

There are people who have Matua as their first or last name. It does however have a world wide reach. Closest to home is the Easter Island mythology of Hotu Matu'a, a legendary supreme chief and part of the Polynesian migration of



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the Pacific.


Much further north but still in the northwest Pacific is the uninhabited sub arctic volcanic island of Matua near the centre of the Kuril Island chain. The Treaty of St Petersburg saw the Kuril Islands transfer from the Empire of Russia to the Empire of Japan. During WW2 it was garrisoned by 7/8000 men and had an active runway but after the war it returned to Russian control and was home to a radar station. The 1500 meter main cone has lava flows on all sides and in 2009 the eruption was large enough to disrupt air traffic between Asia and North America.

In India the Matua Mahasangh is a Hindu sect of seven million who call West Bengal home. A large number of Matua are Bangladesh refugees as the movement was founded in the mid 1800's in the Faridpur province of Bangladesh. With many socially disadvantaged the sect preach love, tolerance, gender equality and non- distinction irrespective of caste, class or creed. The rest of the world could take note of these beliefs.

Across the other side of the world Matua is a town in the province of Pinar del Rio, Cuba.

And to finish with Matua is a genus of South Pacific ground spider with two species found only in New Zealand.

### Waikareao Causeway.



Up until 1959 if you lived in Otumoetai west and wanted to head in to town for schooling, shopping or to take your produce to Tauranga port on the Strand you had the option of risking walking across the railway bridge, walking or taking your horse/wagon across the estuary around the tides, or heading to Waihi Road and Judea. Then the causeway bridge was built resulting in Otumoetai West being added to the borough in 1961. Farmland changed to housing over the next half century.



This year **EVES Realty** reached a milestone of serving the Tauranga public for fifty years and continues to be the top real estate company in the city. This is quite an achievement considering there are currently 36 real estate companies big and small competing in Tauranga.

The market right now is extremely buoyant and EVES celebrated the highest number of sales in 50 years for the month of August. This strong activity is due to the high numbers of buyers, made up of first home buyers and investors, competing for a limited number of homes for sale, so this bodes well for sellers who are now entering the spring market and are wanting to achieve a high selling price for their home.

We are now coming into traditionally the peak time of the year for selling. If you would like an appraisal to determine the selling range of your home please call into our EVES Cherrywood office next to the carpark and ask for me by name. I will personally buy you a cup of coffee at the Cherry Tree and give you the best advice on how to successfully market your home for the best possible price.



**Gordon Stewart** AREINZ  
Branch Manager,  
EVES Cherrywood

So, what can we do for you? At EVES Cherrywood we have a dedicated team of professional sales consultants who pride themselves in giving the highest amount of service to our local community of Otumoetai and Matua. A good number of our team reside in Matua and because of this they tend to sell properties in this area with a lot of passion and enthusiasm giving our clients great results.



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## Otumoetai Doctors Summer Holidays are coming..... are you ready?



Remember to 'slip,slop,slap" this summer to protect yourself from skin cancers.

A melanoma is the most dangerous type of skin cancer. It grows from special cells in the skin called melanocytes. A melanoma is usually brown or blackish in colour and looks like a freckle, mole or spot. They can begin in moles, but most being in normal skin.

### WHO GETS MELANOMA?

About 1 in 60 people will get melanoma. It is seen most often in people aged 30-50years, but it can occur in younger people. People at increased risk are those with:

- Several dark moles
- Freckles
- Fair white skin
- Skin that reacts to sunlight (burns easily and does not tan)

### WHY DO THEY OCCUR?

We do not know why all of them begin, but they are much more likely to occur in people who have had a lot of exposure to the sun. Queenslanders have one of the highest rates of melanoma in the world. In spite of this, melanomas do not only occur in areas exposed to the sun – they can occur all over the body.

### HOW DO I KNOW IF I HAVE A MELANOMA?

Only a few moles go on to melanomas. Any changes that occur in a mole should raise suspicion. Changes may include:

- Any change in the colour of the mole
- An increase in size, or spread to surrounding skin
- Thickening of the mole

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- **Unichem Otumoetai** - Phone 576 7290

- Bleeding
- Itching

In fact, any change in a mole may be a warning, and should be discussed with your doctor.



### WHAT CAN BE DONE?

Once suspicion is raised about a mole, it should be removed by your doctor. It will then be sent away to be looked at under a microscope, to check if it is a melanoma. Further treatment depends on the result of this test.

### CAN IT BE CURED?

If melanoma are removed early, they can be completely cured. Over 95% of patients are cured with early removal.

### PREVENTION IS THE BEST CURE!

To decrease your chances of getting a melanoma, you should protect yourself from the sun. These rules should be followed:

- Try to avoid direct sunlight when the sun is strongest (from 10am to 2pm standard time, ie from 11am to 3pm daylight saving time)
- Always wear a broad-brimmed hat and T-shirt or preferably long sleeves in the sun
- Use SPF factor 15 or more sunscreen on exposed skin and renew it regularly
- Sunbaking might give you a good tan, but it is also going to increase your chances of getting a melanoma and so you should avoid it.

If you have any concerns about a mole, freckle or spot, please do not hesitate to ask your doctor or nurse to check it for you when you are next seeing them.

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## The Body Is An Amazing Thing - Given a chance and some direction -

Many injuries we see in the clinic ultimately come back to tissue being put under a load that it was not used to.

This may be a force applied faster, heavier or more frequently than that particular part of the body is used to.

An example of this is someone who walks around or up Mount Maunganui 4 times per week. They may be fit for walking and hill work, but if they started to play tennis for the first time – albeit after a few months break or for the first time – and whilst jumping for the ball they injure their Achilles. In this scenario, the Achilles had been trained to cope with walking but had not been trained or told how to cope with the load and speed required to get them into the air when playing tennis and as a consequence this area is injured.



This situation could also arise with simple everyday tasks such as cleaning, gardening, painting as well as a change of sporting code with a new season.

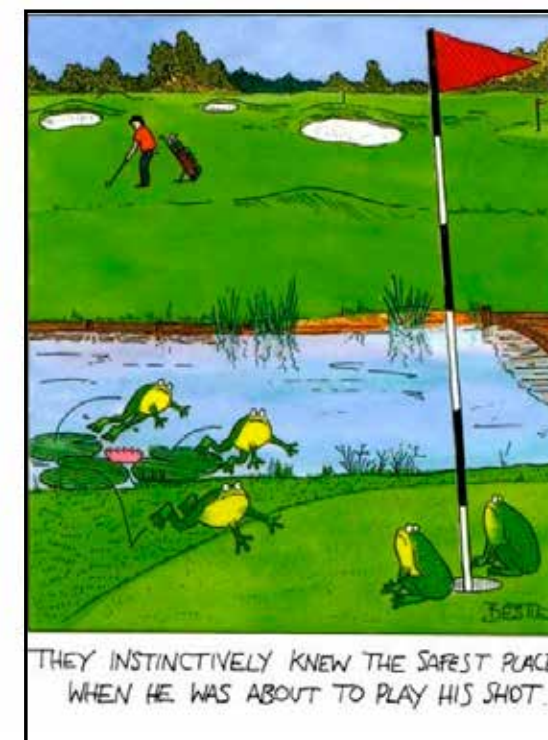
The message is that the body is adaptive and has huge potential for the tasks it is trained for given the chance and time. However the body can be vulnerable when taking on something new, faster, heavier or more frequent than it is accustomed to.

Some simple exercises can be given to be performed at home with appropriate tasks in mind and therefore decreasing the likelihood of an injury.

Come and see us at the Bay Physiotherapy Centre for advice and management of your injury, its rehabilitation and prevention. Our aim is to help to keep you mobile and injury free whatever your age, situation or activity.

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are free to choose the approach and departure profiles and do not need to take noise into account.

**What needs to change?**

The volume and frequency of aircraft operations will continue to grow. Tauranga Airport needs to research the impact of its projected operations. Being 100% owned and managed by the City Council it has a responsibility to address the impact on communities affected.

If you have an opinion contact Matua resident David Lyon - davidlyon1000@gmail.com



**Tauranga Airport Noise**

As a rapidly growing city Tauranga needs an effective and efficient airport. The volume of flights and the size of aircraft required to service increasing demand are projected to grow significantly.

One negative by-product of increasing airport operations is significant noise. At present Tauranga Airport has a noise plan that only addresses noise within the immediate airport precinct itself but not in respect of aircraft arrivals into or departures from it. In the case of Tauranga Airport, the single runway being orientated east-west means that arrivals and departures are over Matua and Otumoetai starting in the early morning and into the late evening. There are no scheduled overnight operations but in the absence of any noise abatement plan such operations are not precluded. This is in contrast with some other airports in New Zealand where a curfew is in place. Airlines

**Lynne is an accomplished, award winning artist with five first prizes to her credit.**

She has expressed herself in many different styles and techniques over her career. More recently she is adding gold to bring a glow into her work and with her unique style adds impact and beauty to the viewers. She has tutored adults and children over many years and has painted live at conferences.

She is available to speak about her paintings and her life to audiences both small and large.



“I have a love for fashion and design and this can be seen in some of my latest paintings. My hope is that the viewer will be impacted by the beauty and vibrance in my paintings which represents the rich value of people.”

Lynne loves pursuing her passion for painting and gets much pleasure encouraging others to discover and enhance their artistic talent.

Come along with your friends and enjoy her artwork and the wonderful refreshments offered by The Raft. The conference room will open to all visitors to the cafe for the duration of the exhibition.

**Visit [www.lynnesinclairtaylor.com](http://www.lynnesinclairtaylor.com) or instagram @lynnesinclairtaylor\_fineart for more information regarding Lynne’s works and so much more.**



**An exhibition of Lynne's paintings will be held in the conference room at The Raft Espresso and Eatery, Chapel St, Tauranga this Labour weekend. The doors open at 5.30pm Friday 25th October with the official opening at 6.15pm and finishing at 4pm Monday 28th. The paintings portray different people, mainly women, in different ways with each painting being enhanced with gold, glitter or bronze to represent the value inherent in every individual.**



## NO VOLUNTEERS, NO HOSPICE CHARITY SHOPS

**Shop volunteers are a very important part of our service and we would not be able to operate without them.**

Waipuna Hospice charity shops provide fundamental income to allow your local hospice to provide care and support for people who are facing a life-limiting illness. Without crucial shop volunteers Waipuna Hospice would not be able to provide specialist palliative care at no cost to people in our community.

Not only will you be helping your community, volunteering is a great opportunity to connect with people you would not usually connect with, socialise and learn new skills. Volunteers at the Waipuna Hospice Mount Maunganui charity shop say, “volunteering at the Waipuna Hospice shop in the Mount is very rewarding as well as feeling you are supporting a worthwhile cause. It’s a fun place to work and I have made great friends and met some wonderful customers. Seven years here and love coming each week.”

We have six charity shops in Mt Maunganui, Fraser St, Greerton, Papamoa, Katikati, Te Puke and the depot. We are looking for shop volunteers to help at the counter, sort goods and stock shelves. Everyone is welcome to apply to volunteer in our charity shops. Come with or without skills – all you need is enthusiasm and the willingness to help!

Waipuna Hospice Mount Maunganui charity shop manager David Charlton cannot speak highly enough of the volunteers, “we have great volunteers who all have their own special skills, which in turn creates a great business with truly dedicated people who are kindly giving back to their own community. Our shop volunteers not only work but also have lots of fun doing so in a fun environment and we socialise together. Our youngest volunteer is 18 and our oldest is 89 we are all like one big happy family.

If you’re interested in lending a helping hand and joining our fun and supportive team please apply online at [waipunahospice.org.nz/volunteer](http://waipunahospice.org.nz/volunteer) or email [volunteers@waipunahospice.org.nz](mailto:volunteers@waipunahospice.org.nz) or phone 07 552 6897.

We look forward to meeting you!



34 Chapel Street, Tauranga

Ph: (07) 578 5866

Opening Hours:

**Mon-Fri** 9am - 5pm

**Saturday** 10am - 5pm

**Sunday** 12pm - 5pm

**SpaShop.co.nz**



When supporting the advertisers within this magazine  
**PLEASE LET THEM KNOW.**

Their continuation enables our newsletter to be provided free of charge - they need to know where you found them and that the advertising is working for them too.

*Thanks*

# Kulim Park

## - Have your Say

**A public gathering seeking input from the community will be held on the 26th Oct at Kulim Park between 10.30am to 1.30pm**

### Key

1. New 4m wide shared path
2. Advanced warning sign indicating slow speed environment
3. New beach front trees
4. Kids 'bike loop track' – may include mini pump track
5. Petanque / beach volleyball
6. Planted swale/depression
7. Nature play opportunities between palm trees and car park
8. Existing slide
9. Open grass
10. Mounds for informal play
11. Potential site for new artwork
12. Upgraded playground - not included in this phase
13. New bench seats and Refurbished relocated BBQ
14. Relocated basketball half court
15. Seating under new shade trees
16. Active ageing gym (relocated)
17. Bike stand, drinking fountain and outdoor shower
18. Existing toilet block
19. Boardwalk over rain garden or vegetated swale
20. Raingardens for treating contaminated run off from parking area
21. Existing concrete groyne
22. Boardwalk access to concrete groyne (completed)
23. Accessible carpark
24. Bollards
25. Informal play (e.g. cricket/soccer)
26. Turn around and drop off
27. Freedom camper parks
28. New sea wall (completed)
29. Sand replenishment of beach (completed)
30. Refurbished BBQ
31. Existing trees maintained and protected
32. New access road
33. Permeable car park spaces
34. Entry / gathering space
35. Interpretive signage
36. Sea lettuce information sign
37. Existing and new screening hedge
38. Raised platform entry threshold
39. Maintain and enhance entry planting
40. Timber boardwalk through existing trees
41. Reinforced car park
42. Existing boat ramp
43. Existing sea lettuce pad and car park turnaround
44. Security camera

MRA hosted a similar opportunity on the 21st. Submissions close on the 30th so don't let this opportunity pass if you wish to see the best for users of the park.





# Are you on Santa's Naughty or Nice List?

Get into Santa's Good Books and Register Online to volunteer for our Remembrance Tree Appeal. We are looking for interested helpers – from individuals, to clubs, teams and/ workmates to help people in the community write a special message for someone they love or for loved ones who can't be here with them this Christmas. If you have a few hours to spare in November or December and would like to spend them doing something rewarding, we invite you to sign up to help us look after our Remembrance Trees.



[waipunahospice.org.nz/trees](http://waipunahospice.org.nz/trees)  
[events@waipunahospice.org.nz](mailto:events@waipunahospice.org.nz)  
07 552 4380

  
**Waipuna**HOSPICE )  
Life is Special

**30 YEARS**  
Always caring. Always here.