

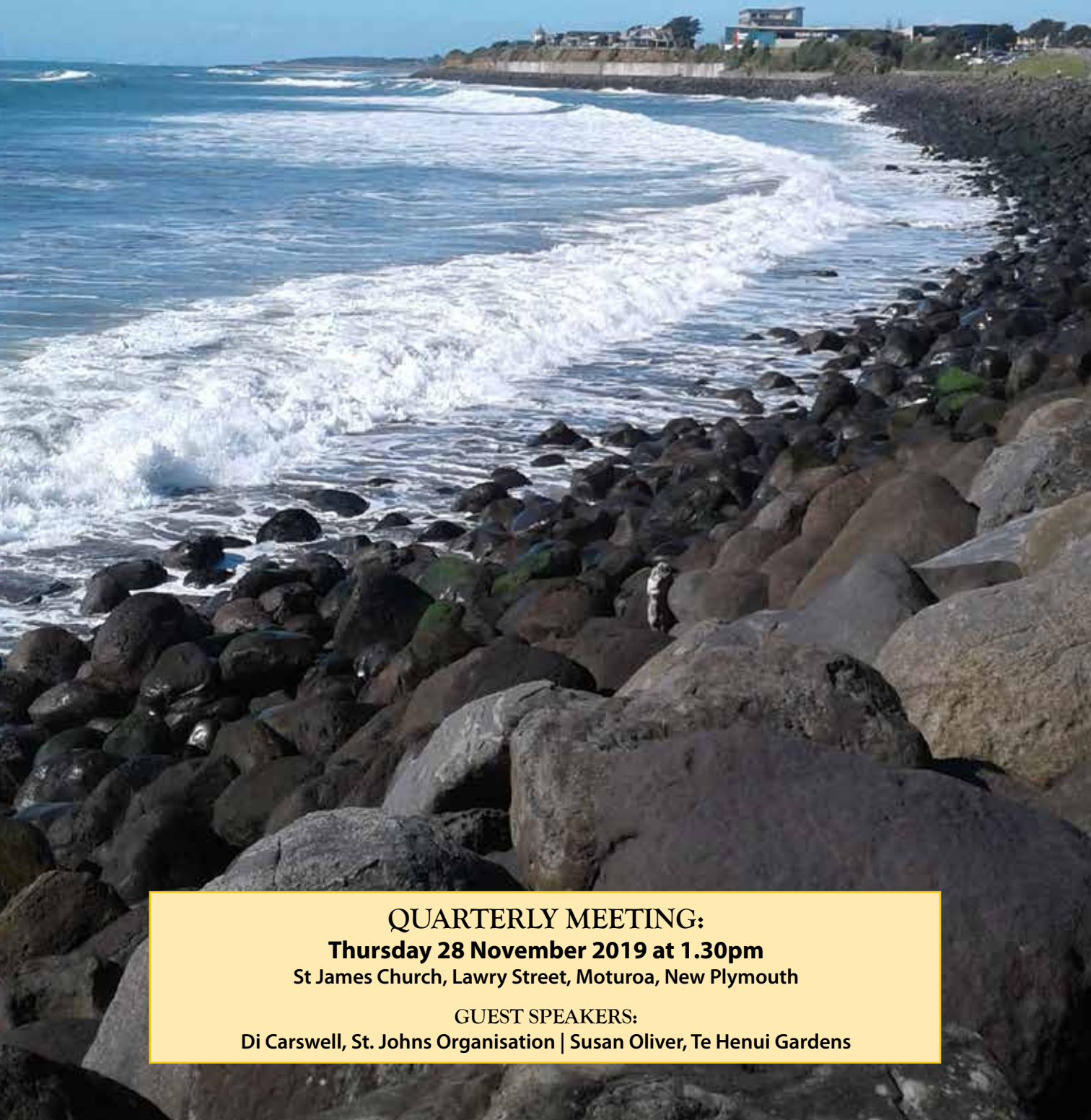
NEW PLYMOUTH

GREY POWER

50+ NEWSLETTER

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QUARTER FOUR 2019 - SUMMER



QUARTERLY MEETING:

Thursday 28 November 2019 at 1.30pm

St James Church, Lawry Street, Moturoa, New Plymouth

GUEST SPEAKERS:

Di Carswell, St. Johns Organisation | Susan Oliver, Te Henui Gardens

GREY POWER NEW PLYMOUTH INC.

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Office Hours: 9am - 1pm Monday, Wednesday & Friday

COMMITTEE 2019 - 2020:

PRESIDENT: Chris Manukonga 758 0449

VICE PRESIDENT: Agnes Lehrke 769 9630

SECRETARY: Jean Graham

TREASURER: Val Armstrong

COMMITTEE: Mary Perrott, Wally Garrett,

Caroline Symmans, Louis Carter, Isobel Carter,

Alison Brown

TECHNOLOGY: Bruce Carter

OFFICE MANAGER: Agnes Lehrke 769 9630

A COMMON MISCONCEPTION:

Grey Power is not aligned with any politician or political party. We are an advocacy group and we present our views to Parliament to try to get a better deal for all Superannuitants. As such we will speak to any political group or politician who is likely to make a difference on our behalf. We also seek to keep all our members informed on what Grey Power has been doing on their behalf.

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Please refer to our website for disclaimer.

Paddy and Murphy are working on a building site.

When a slate falls off the roof slicing Paddy's ear off, Murphy finds it and says, "Is this yours Paddy?"

"No" says Paddy, "Mine had a pencil behind it!"

Presidents Word



Kia ora koutou katoa, hello to this November Newsletter for 2019.

Following the resignation of Suzanne May-Gurnick, due to a family health matter, we welcome Jean Graham as Secretary of the committee; Jean brings a lot of knowledge and skills to the committee and will also assist with the office duties.

I am writing this message prior to the results of the 2019 NPD Council and TDHB elections, where two Grey Power members are standing, they are Alison Brown (TDHB incumbent) and me (NPDC), and all will be revealed by our next members meeting.

Grey Power Travel is the new name that was unanimously accepted by the committee at our September meeting, because the word "club" was considered exclusive and restricted entry for interested members.

A petition from concerned ratepayers over the spend on Yarrows Stadium is another reminder to consult the ratepayers on big budget items.

Our honorary accountant, Dion Herlihy (TANDEM GROUP) identified disparities in the superannuation increase of 1 April 2019 and local rates increase of 1 July 2019. I will provide feedback to the members, once the committee meets to discuss the details at our October committee meeting.

Finally, please be careful of Phone Scammers, reporting to be from Spark. I received a call asking me to select an option 1, 2, 3 to upgrade our internet connection or we would be disconnected; please beware of these types of call, simply hang-up.

Our speakers for the November meeting are, St Johns Service and the Gardeners from the Te Henui Cemetery, and I'm told the latter is a very light hearted look at their job.

Look forward to catching up at the November meeting.

Chris Manukonga (President)



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Last Days of plastic ...We hope:

As we see the transition from plastic bags and containers to paper bags and cartons, you do wonder if we aren't on a merry-go-round. Didn't we used to have this all before. In fact not so many years back if my memories serve me well. So do we not learn why these things were first used and just go with the latest without a thought. Paper bags were so useful for a myriad of things at home.

The Sustainable Businesses New Zealand have made a great start in the clean up of our parks, streets and rivers. Conservation groups and volunteers have also joined the clean throughout the country. It is catching on as more community groups seek

to enable us to have a cleaner, greener place to live in. We too can do our bit, let's join in the clean up. But don't do the rivers as that is for the younger generations.

Out of this chaos, comes the true ingenuity of the good kiwi thinking and we learn oil and diesel can be produced by plastic conversions. Great one. What else can we do with this rubbish? Any ideas??

We are learning to remember the grocery bags for our purchases, but why are paperbags or our own containers not used in the smaller veggies and for the fruit, nuts?

Let's try and see if this could be achieved by asking about the paper bags, at the supermarket.





Our Travels:

Travelling to Whanganui on the 8th August 2019 was a great day out especially since we had such continuous rain the week and days prior to our trip. But what a magnificent day the 8th was. The sun seemed to be set to cheer us up and so warm. Whanganui is always an enchanting place to visit, with the two big hills and the lazy river. But we weren't the only G.P in town, also the "Merry Travellers" from Marton. All went so well and most of us snoozed all the way home.

The trip Around the Mountain, was another good trip away on 26th September. We renewed friendships, made acquaintances with new people and received the most welcoming people at the venues. From the Moana Jewellery, the Stony River Hotel, Cape Egmont Light House, Kaponga for our delicious dinner to the Moonacre Alpacha farm and on down memory lane on the way home again.



Grey Power Travel New Name -- New Committee

The committee are:

Kevin Whittaker

06 - 755 2939 / 0274 44 9905

email: kj.katipo@xtra.co.nz

Kevin has interests in anything to do with nature, gardening, growing plants. Collections of horticultural books pens, seashells & rocks. Has two children – nine grandchildren, step grandies and five great grand children.

Judy Eva

021 02729845 | email: judeva@xtra.co.nz

Works for the Salvation Army as a volunteer.

9 yrs as inspector for the SPCA Retired kitchen hand from Mission Rest Home.

Avis Keenan

7544 034 | email: avis.keenan@xtra.co.nz

Raised on a dairy farm. Trained as a Reg. Nurse in Hawera and New Plymouth. Has two daughters and three grandchildren. Interests in family history, ancestry, gardening, Scrap Booking.

Roger Beggs

7512 314 | email: rogerbeggs@gmail.com

Roger has a background in mechanical work.

Interests are gardening, indoor Ten Pin Bowling.

Noel Walker

758 2336 | email: noel_walker@xtra.co.nz

Noel has three children. Two grandchildren.

Interests are gardening and rugby.

Wal Garrett

755 0988 / 027 859 7580

email: wal.barb@xtra.co.nz

Wal is our Liaison person for the general committee of Grey Power.

Your committee has decided to stay with the Third Thursday of the month to start all trips. Some trips will be "Pop Up Trips" where car pooling will be used. Owners reimbursed for travel.

We have drawn up a schedule of travel, please look these outings over and let your committee members know what you are interested in going on, so costings can be determined.

In order to get the best out of travel and the best pricings, we need to know what trips you would like. We then in turn can research the best prices and dates. **BUT we need your input.**

The major change in planning trips, is that it is up to you to ring your committee and show interest. If you are unable to get to the starting point, let us know so it can be arranged to pick you up.

Our Trips will be:

Oct.2019: Tupare, Pukeiti, Pukekura Park. Depart 9am from Raceway Car Park.

Nov. 2019: Waitomo Caves . Depart. 8am

March 2020: Palmerston Nth. Crosshill Gardens, etc. Depart. 8am

April 2020: Pop up mystery tour. Back country Taranaki Picnic. Depart 8.30am

May 2020: Whangamomoma. Depart 8am

June 2020: Extended Tour of Northland.

July 2020: Raetihi via Parapara. Depart 8am

August 2020: Pop up travel of Motor Collections. Depart 9am

September 2020: Museum. Taste of Nostalgia Depart 8am

October 2020: Pop up travel. Local Gardens.

November 2020: Feilding and Surroundings. Depart 8am

Itineraries to follow.

(Remember you contact us for travel please)

Thank you. *Your Travel Committee.*

Grey Power Travel Survey Results:

The survey results have demonstrated a wish for regular monthly travel.

1. Monthly trips mean more people can travel and receive an opportunity to do so. (Excepting of course for the busy months of December, January and February, when family comes first.)
2. There were only several requests for over night stays or more to accommodate greater distance travelling.
3. Places to visit were the ones of much interest and gardens.
4. Some suggestions were also made of places and ventures to go on.

So, **thank you** all for your input. This isn't the finish of surveys and we would always welcome further suggestions.

FUNDRAISING IDEAS

SUPPORT

Please let the Grey Power New Plymouth office know of any fundraising ideas you may have.

All suggestions appreciated.

Kitchen CORNER

Pea and Shell Pasta Salad

- 1 16 oz box small pasta shells
- 3 tablespoons of basil pesto
- 1 1/4 cup shredded mozzarella
- 1 cup frozen peas (more or less depending on preference)
- 1/4 teaspoon garlic powder
- 1/4 teaspoon garlic salt
- 3 tablespoons extra virgin olive oil
- pepper to taste



Bring a large pot of water to boil. Add pasta, and cook 8-10 minutes until done.

Drain pasta, and add to large mixing bowl. Stir in 3 tablespoons of EVOO. Let cool for 1 hour. While pasta is cooking, place frozen peas in a strainer and run cool water over to thaw. Set aside on counter.

Once pasta is cooled, add pesto and mix completely. Then add in remaining ingredients. You can add more or less cheese and peas depending on preference.

Let sit in fridge overnight, if possible!



Waitara Leases And Free Holding

The Document from the NPDC clearly sets out extensive consultation of the issue available for consideration. Background information is provided in this document with outcomes and resolutions. Since there are many in this leasehold situation among our elderly, and some in very difficult financial situations, it is perhaps best that the option of consultation with a member of the council would be beneficial to them. This may be the best option for seeking advice.

Some of our senior members have rung the Grey Power Office on this situation and so whilst we sympathise with difficulties faced, and we do advocate for our elderly, this is not within our role to undertake, we need expert assistance therefore it is best to refer you to those who do know so I urge you to take Charlottes' offer. It certainly wouldn't hurt to attend.

Charlotte Dunning NPDC, is quite prepared to chat with those who wish to discuss issues, so why not take this option to discover what can be clarified. Either ring Charlotte for an appointment or seek others to become a group, making an appointment to discuss the issues .

Do keep in touch. Agnes. Grey Power Office 7575885 / 02102298721.

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THE WAITARA LANDS ACT MADE EASY

Are you a Waitara leaseholder? The Waitara Lands Act means you can buy your leasehold land.

What could it mean for you?

I'm keen to buy my leasehold land:

Good news! Now you can. If you apply to NPDC to buy before 17 June 2020 you can get a free valuation which will set the price on your property.



But I'm not sure I can afford it:

You can get free help with your budget through New Plymouth Budget Advisory Service. Contact them on 06-758 5996 or 0800 114911.

I'm not happy with the valuation price:

The first step is to get your own registered valuation. You'll have to pay for it and then come back and discuss it with us.



I just want to keep leasing my land like before:

Not a problem. Your lease will carry on the same as before. You can choose to buy your leasehold land any time if you change your mind.



My lease is about to go up and I can't afford to pay:

Your lease was going to be reassessed whether or not the Waitara Lands Act went ahead. The laws that cover the Waitara leasehold lands say the leases must be handled this way.



Can I sell my lease?

Yes. The new owner will have the right to buy their leasehold land off NPDC if they want.



I want the Waitara Lands Act reversed:

Nothing changes under the Waitara Lands Act except you can buy your leasehold land if you want to. We believe the Act is the best compromise to a historical and complicated problem, and it will help the town of Waitara.



I'm still confused:

- Why not apply to buy your leasehold land so you can get the free valuation and see where you stand. You don't have to buy it.

- If you need free financial advice, contact the New Plymouth Budget Advisory Service on 06-758 5996 or 0800 114911.

- Contact NPDC on 06-759 6060 or enquiries@npdc.govt.nz.

- A more detailed set of FAQs can be found at newplymouthnz.com.



* This information is a starting point. NPDC recommends you seek more detailed information and independent advice.



We can put your bins out for you



Housing for the Elderly resident Ina Hamilton with her new bins.

For anyone needing a hand putting out their rubbish and recycling bins, we are here to help.

For a small annual fee, we can take the bins straight from your property to the rubbish truck to be emptied and then returned to your home.

NPDC Manager Resource Recovery Kimberley Hope says: "We know that for some people it may be a struggle to take out your bins so for \$40 a year we can do it for you."

"The new landfill and food scraps bins will help our journey to Zero Waste by diverting about 40% of food waste from the landfill to a composting facility instead, and we want as many people as possible to join us on that journey."

NPDC is investing more than \$20 million over the next decade on Zero Waste initiatives including the opening of the new recycling and education centre The Junction in 2020.

Not everyone is eligible for the backdoor collection service and we need to consider whether you have a medical need and there is no one else to help you on rubbish day. Find out more by calling 06-759 6060 or email enquiries@npdc.govt.nz or go to newplymouthnz.com and search for "Application for backdoor refuse collection service".



Summer fun at the festival

Get out and about this summer with the TSB Festival of Lights Summer Seniors. This free, daytime programme features events especially for seniors from December until February. Highlights include Rock 'n' Roll at the Bowl, with a dance performance, lessons, and afternoon tea; Give Marching a Go, a chance to learn marching; and Bells and Brass, a performance by The Devon Hotel New Plymouth Brass accompanied by the Kibby Carillon. The festival programme will be delivered in December. Pukekura Park will be lit from 8.30pm – 11pm, Saturday 14 December to Saturday 1 February.



QV letters arrive soon

Residents will soon be getting a letter on the revaluation of their properties. We do this every three years to help us work out everyone's share of the rates. Rates rises are not directly relative to the land value increases and a 25% rise in land value does not mean a 25% rates increase. We'll know at the start of the new rates year in July 2020 how your new property value will affect your rates. The new values were done independently by QV to reflect market value at 1 September. See newplymouthnz.com/revaluation for more information or call NPDC on 06-759 6060.

Men's Shed: North Taranaki Community has a men's Shed for those who like to experience the pleasure of being creative and yet have the company of other men. You can hammer, drill and sand goods to your hearts content. It is also another time when passing on your skills to others can be very helpful. Why not pop in to see what's ,what some time. See the form right to arrange a visit.

THE MEN'S SHED STORY

The shed holds an important place in the New Zealand culture. It can be a reservoir of memories, experiences a place to share skills and to socialise. We've all read reports which tell us that good health is based on many factors including self-esteem, feeling productive and valuable to society, having social relationships and being active.

Many retired people have had to down size their living arrangements, often resulting in the man's personal space, usually the garden shed or workshop, being lost.

So the idea of a Community Shed was born. Here men can come and share a fantastic variety of tools, still pursue their interests in pastimes and hobbies, spend time with other blokes of similar interests, learn new skills or use tools for the first time or keep old skills honed and productive.

Here men can also feel viable and vigorous by contributing to community needs and create projects of personal interest and expertise.

The North Taranaki Community Men's Shed has been established to meet these needs and to provide a substitute space for 'shedless blokes'. Besides encouraging new social activities and friendships the Men's Shed also provides access to other networks for men including local activities and men's health information.

It is independent of any other organisation and is administered by a Board of Trustees. It seeks to explore partnerships with any agency who has a mutual interest in supporting the health and welfare of men and their families. The North Taranaki Community Men's Shed is a non-profit organisation that is financially supported by the generosity of individuals, community groups, businesses, trusts and foundations and people in the wider community.

MEMBERSHIP - ALL ARE WELCOME

Joining Fee \$10. The Men's Shed will be a fully equipped workshop where skilled and unskilled men can share time with each other, swap yarns and work

on personal projects and together on community projects. The North Taranaki Community Men's Shed is a Registered Charitable Trust.

How do I JOIN?

Simply fill out the membership form below and post or deliver it with your \$10 to the following address: North Taranaki Community Men's Shed c/- PO Box 297, New Plymouth, 4340

FOUNDATION MEMBERSHIP COST:

\$10 joining fee, plus gold coin donation when using the shed.

MEMBERSHIP FORM

North Taranaki Community Men's Shed

Name:

Address:

Email:

Home Ph No.:

Mobile No.:

Emergency Contact Numbers:

Name:

Phone Number:

Relationship to you:

Have you any medical conditions we should know about?

What experience do you have in working sheds or work shops?

DISCLAIMER: I participate in the North Taranaki Community Men's Shed and do understand that as a member of the Men's Shed, I will take every effort to maintain a safe environment in the Shed for myself and other participants (including members and guests). I acknowledge and understand that the trustees, sponsors, committee member, volunteers and people appointed as supervisors of the Shed do not take responsibility for the personal health, safety and well-being of the people participating in any Men's Shed projects. I also acknowledge and understand the above mentioned organisations and individuals take no responsibility for either the or damage of any personal items or for any personal injuries whilst participating in a Men's Shed Project.

Signature:

Date:

Reading Food labels

Five easy steps

Step 1: Look at the serving size

Compare the serving size on the package to the amount that you eat. If you eat the serving size shown on the Nutrition Facts Table you will get the amount of calories and nutrients that are listed.

Step 2: Look at the calories

Calories tell you how much energy you get from one serving of a packaged food.

Step 3: Look at the per cent Daily Value (% Daily Value)

% Daily Value puts nutrients on a scale from 0% to 100%. This scale tells you if there is a little or a lot of a nutrient in one serving of a packaged food. Use this percentage to compare the nutrient content of different foods. 5% DV or less is a little 15% DV or more is a lot

Step 4: Try to get more of these nutrients

Fibre, vitamin A, vitamin C, iron, calcium

Step 5: Try to get less of these nutrients

Fat, saturated fat, trans fat, sodium, cholesterol
You can use the Nutrition Facts to:

Compare products more easily

Find out the nutritional value of foods

Better manage special diets, such as one that is low in sodium

Increase or decrease your intake of a particular nutrient (for example, increase fibre, decrease saturated fat)

Here's an example...

Beef Burgers

Chicken Burgers

Amount	% Daily Value
Calories 340	
Fat 27 g	42 %
Saturated Fat 12 g + Trans Fat 2 g	70 %
Cholesterol 70 mg	
Sodium 330 mg	14 %
Carbohydrate 3 g	1 %
Fibre 0 g	0 %
Sugars 3 g	
Protein 24 g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 2 %	Iron 30 %

Amount	% Daily Value
Calories 200	
Fat 9 g	14 %
Saturated Fat 2 g + Trans Fat 1 g	15 %
Cholesterol 70 mg	
Sodium 800 mg	33 %
Carbohydrate 4 g	1 %
Fibre 0 g	0 %
Sugars 0 g	
Protein 25 g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 4 %	Iron 2 %

Step 1: Serving size: The information on both packages refers to one burger.

Step 2: Calories: Each beef burger has 340 calories, each chicken burger had 200 calories.

Step 3: Look at the % Daily Value: Scan the numbers, and compare which burger is higher or lower in a particular nutrient.

Step 4: Nutrients you want more of: At 30%, the beef burger contains a lot of iron.

Step 5: Nutrients you want less of: The fat and saturated fat content are higher in the beef burger. However, the chicken burger has more than double the amount of sodium as the beef burger.

Bottom Line: If you're looking for an iron-rich food, the beef burger is your best bet. However, if you're looking for a lower fat option (but much higher in sodium), then the chicken burger is the one to choose.

What about nutrition claims?

Nutrition claims provide a snapshot about the amount of one specific nutrient in a food, such as fibre or fat. While nutrition claims are optional, they must meet government regulations before appearing on a package.

Here are some examples of common claims:

- **Source of Fibre**
"Source of fibre" means the food contains at least 2 grams of fibre in the amount of food specified in the Nutrition Facts table. "High source of fibre" means at least 4 grams of fibre, and "Very high source of fibre" is at least 6 grams of fibre.
- **Low Fat**
"Low fat" means that the food contains no more than 3 grams of fat in the amount of food specified in the Nutrition Facts table.
- **Cholesterol-free**
The claim "Cholesterol-free" means that the product has a very small amount (less than 2 mg of cholesterol in the amount of food specified in the Nutrition Facts table) and it is also low in saturated fat and trans fat.
- **Sodium-free**
A "sodium-free" claim means the amount of food specified in the Nutrition Facts table contains less than 5 mg of sodium.
- **Reduced in Calories**
"Reduced in Calories" has at least 25% less energy (Calories) than the food it is being compared to most of the time, it's being compared to the regular version of that food
- **Light**
The term "light" is allowed only on foods that are either "reduced in fat" or "reduced in energy" (Calories). "Light" can also be used to describe sensory characteristics of a food, for example light tasting or light coloured.

Source: Health Canada

QuinLaw - Barristers & Solicitors

WHAT DO EXECUTORS DO?

Executors are appointed under the Will to firstly manage the Estate's assets and liabilities. It is usual to have two Executors. Alternatively, one can be appointed and one can be a backup if something happened to the first nominated person. The Executor will "Call the assets in". They are responsible for ensuring that any house property is kept safe and insured. They are responsible for paying for the funeral arrangements. If they are not family then they work with the family. In case of a dispute the Executors have control of the money and have the ultimate say in funeral arrangements unless family or someone else is going to be paying separately.

One of the first duties of the Executor is to instruct Solicitors to prepare the application for Probate and to proceed with that.

The Executor's are asked to bring to our office all information about the deceased's assets such as bank accounts, Kiwisaver, house, other property, motor vehicles.

Once Probate is granted the Executors can call in the

funds. This is usually done by the Estate Solicitor, who organises gathering in of the assets, prepares the accounts, identifies property, whether it is joint or otherwise, catalogues the debts and then ultimately pays the bills when funds become available. It is very important for the Executor to ensure that the debts are paid. The Executor actually becomes personally liable to meet the debts, except in a few narrow circumstances.

The Estate is only distributed once all the assets are in. Distribution is done then in accordance with the Will.

Distribution usually doesn't occur until six months from the date of Probate. This is because if the Executor's distribute before then and if debts or claims arise the Executor's can become personally liable. That is if they distributed the funds and a claim is proven and there are no funds left then the Executor's need to meet those claims personally.

Contact us if you have any questions relating to your Will and/or Executors.

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Widows/widowers & Friends

WE call ourselves widows, widowers & Friends but it makes no difference as long as we aren't called late for dinner. We are all here at Bowarama once a Friday fortnightly at 2pm for fun & friendship.

After our game we have a cuppa and have what we have brought along to eat. LOL We catch up with each other on whatever has happened over the fortnight. It seems time flies and we are busy people you know. We also go for an outing mid year & do something special just before Xmas.

Our annual sub is \$10 & Ten Pin days cost \$8. You need to bring your own socks to this event.

So if you are a widow, widower or friend come along to Bowlarama, (but not in school holidays), meet some new friends & have a couple of hours fun. We really are nice folks.

We look forward to meeting you all.

Regards, Lorraine Hinz
06 - 753 2277 / 027 633 1540 .



Paddy took 2 stuffed dogs to the Antiques Roadshow....

"Ooh!" Said the presenter, "This is a very rare breed, do you have any idea what they would fetch if they were in good condition?"

"Sticks." replied Paddy.

Discounting Businesses Update:

An Electrician: Phone: 027 8740 510 Bill Warren
Bill Warren offers 10% discount to seniors. Is an electrical inspector, also will service new & old projects, hazardous areas, domestic & commercial ventures, Caravans, campers etc. & much more. Bill is capable of plumbing and building work. Wheelchair ramps and renovations. Is on Web Site.

A Hairdresser: "The Stranz" - 471 Devon St. Strandon. 7588 540. Tuesday is Silver Service Day Ladies. Open 9am - 4pm daily except Wed. 10am - 8pm Closed Sunday & Mondays. 20% discount. Wash/cut/dry = \$44 Dry Cut = \$35 Blow dry/Set \$33.60 Perm=120. Mens Cut \$20.

Roast 2nite/ Pudding Queen:
758 1491 Steve & Robin Wilton.
143 Molesworthy St. New Plymouth 4310
10% discount over whole range.
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- Car Control
- Hazard identification
- Tips, hints and feedback



The AA Senior Driver coaching session is a great way of checking up on your safe driving skills and road rule knowledge. In the event that your doctor requires you to complete an official on-road safety test the AA can help you with this.



A REST HOME WITH SPARK
Chalmers Home
20 Octavius Place, New Plymouth

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Chalmers Home is more than just a rest home, it's an elder centred community that recognises older people as individuals and supports them in a way that's right for them. We offer companionship, choice, variety, meaningful activity, independence and fun.

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Free phone 0508 ENLIVEN or visit www.enlivencentral.org.nz



TARANAKI GARDEN TRAIL - 7th NOVEMBER 2019

Join us for this day trip exploring some of Taranaki's premier gardens including - The van der Pole Garden, Goodin Country Garden, Roebuck Farm, Nga Manu (Bird Garden) as well as Taranaki's only private garden to be rated as a Garden of International significance, Te Kainga Marire. \$100 pp (includes garden entries, morning tea, & lunch)

TARANAKI HERITAGE GARDEN TOUR - 19th NOVEMBER 2019

A unique Taranaki Heritage Garden Tour with a twist. Visit and tour our beautiful regional gardens and then finish off with a tour and tasting at renowned Juno Gin. \$120 pp (includes gardens, morning tea, lunch and Juno tour)



DISCOVER NORTHLAND TOUR

Join us on our 9 day Discover Northland Tour. We will explore different areas of Northland including Whangarei in the south, Paihia the hub of the Bay Of Islands up to Cape Reinga the top of the north as well as surroundings. 18th March 2020 - 26th March 2020. Contact us for more details

VISIT WEIRBROS.CO.NZ FOR MORE TOUR INFORMATION OR TO JOIN OUR DATABASE. We offer caring and comfortable tours and day trips and look forward to hosting you soon.

WEIR BROS

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RELATIONSHIP CHANGES IN A VILLAGE

Retirement villages are microcosms of the wider society. Residents' relationships and obligations can change in a village, just as they do elsewhere. But retirement village residents' obligations are governed by contracts that usually don't have the level of flexibility to easily allow for changes when personal circumstances change.

Over the next couple of issues we'll look at divorces and separations, late life love and moving a child or other dependent adult in.

The starting point is the occupation right agreement (ORA), which is usually a personal contractual right to occupy a unit and is non-transferrable. Residents will usually hold their interests jointly rather than as tenants in common. Each village is different, and will approach the issue according to the resident's circumstances, but all disclosure statements are required to disclose the effect of marriage on an ORA.

An ORA usually restricts the length of time that guests may stay with a resident without first obtaining the operator's prior consent. This could be no more than two weeks at any one time and a total of six weeks in total each year.

Divorce, or when a resident couple separates The ORA will usually be relationship property. As with any separation, one partner may offer to give up their right to occupy the unit and their interest in the termination proceeds in exchange for some other benefit. Many, but not all operators, will be willing to acknowledge this arrangement and may formally document the change, subject to both residents obtaining independent legal advice.

It is not uncommon for residents to be concerned about legal costs and will try to avoid formally documenting the division of their relationship property. Occasionally they might try to get the operator to decide. Operators, of course, do not wish to be put into a position of trying to decide who gets what and will actively avoid getting involved.

Unfortunately, as with any relationship break up, there may be insufficient assets or income available to allow one partner to stay in the village and to pay the other resident out, or there could be angst among other residents if one party stays and the other leaves. While village managers will be sympathetic to the change, it's not their job to get involved in relationship property disputes.

Next time we'll have a look at what happens when a resident falls in love.

editorial supplied by Retirement Villages Association

Nuisance-call blocking landline helps give peace of mind to those worried about scam calls

Spark has introduced a new product for New Zealand seniors: the first nuisance-call blocking home phone (landline) available in New Zealand

Call Screen nuisance-call blocking technology

While it looks and plugs in like a normal home phone, when an unknown caller rings, they are prompted to announce their name and the receiver can decide whether to accept or block the call. Saved contacts, on the other hand, are put straight through.

"Call Screen can help completely block the call from coming through because scammers, unwanted business callers and even autodialing machines either can't or won't record their name, which means the phone doesn't ring, saving customers time, lessening stress and making them feel more secure," said Tessa.

Over the last few years, the number of phone scam victims has grown considerably with some people losing thousands of dollars after falling for the seemingly legitimate ruses. As avid landline users, many of those who have fallen victim have been seniors.

Call screen is available at all Spark stores, over online chat, over the phone by calling 123 or via the online form available at spark.co.nz/callscreen. ** New and existing Spark customers with SuperGold cards can get a \$30 account credit upon purchasing the Call Screen Twin Cordless Phone by presenting their card and photo ID in a Spark store.

**Call Screen Twin Cordless Phone is available for purchase at \$139.99 however, if you are a new or existing Spark customer, are 65 or over and have a SuperGold card, you can get a \$30 account credit when you purchase Call Screen in store. You do not have to be a Spark customer to use Call Screen however, you will need to ensure you have a landline plan with a provider and that you have the caller display network feature. Spark is offering caller display for free to all new and existing Spark landline plan customers who purchase a Call Screen phone.



Renewal of Subscriptions: OFFICIAL NOTIFICATION

Take your membership card and check the date of expiration.

Name:
Number:
Expires: **31.3.20**

This is when your renewal is due.

Please pay by that date. If unsure ring the office on 757 5885. (so you don't pay twice.)

You can pay by ; Cash, Eftpos, cheque or Direct Credit, our Bank number is 153948 0007390 00 When paying by Direct Credit, please use surname and membership number in the reference section, or surname and phone number if new, so we know who is paying.

Grey Power Electricity ... account number 02 0108 0333798 029

So **PLEASE pay punctually**, the association survives by your subscriptions. Thank you. We're the cheapest Subscription fees in the country. So let's be the best at fulfilling this obligation please. Well done to those already paid.....Agnes.

MEMBERSHIP APPLICATION / RENEWAL FORM

Grey Power New Plymouth Assn Inc | 21/117 Powderham Street, New Plymouth 4310
www.greypowernp.org.nz | Email: greypowernp@gmail.com | Ph: (06) 757 5885

*** Membership year is from 1 April to 31 March**

Membership: New Member Renewal Membership Number: _____

Type: Single (\$15) Dual (\$25) **Office Open: Monday - Wednesday - Friday - 9am - 1pm**

MEMBER DETAILS:

First: _____
Title Initials/Forename Surname Year of birth

Second: _____
Title Initials/Forename Surname Year of birth

Postal Address: _____

Post Code: _____ Phone Number: _____

Email Address: _____

PAYMENT DETAILS:

Subscription \$ _____ Donation \$ _____ Total \$ _____

Do you wish to register with our travel group? Yes No

Do you wish to resign from the travel group? Yes No

Are you a member of Grey Power Electricity? Yes No

NOTES: Please return a completed form with every application.

Payments may be made by eftpos, cash, cheque at our offices, or internet banking into our bank account.

Online Account: 153948 0007390 00. Please ensure your name and membership number appears in the reference section of the form.

A stamped addressed envelope with postal applications would be appreciated.

Office use only

Date Received _____

Card Issued _____

Expires _____

Amount _____

Bank Cheque _____

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Central Audiology New Plymouth have moved!

Hearing plays a pivotal role in our everyday lives. When faced with a hearing loss you could find yourself missing out on so many things like; missing conversations and losing connection to loved ones but you don't have to anymore. Our team of experts at Central Audiology are dedicated to helping you achieve healthy hearing, so you can enjoy everything life has to offer!

With 20+ years of experience working in the Taranaki region, Central Audiology has been a leading hearing specialist throughout Taranaki with clinics in New Plymouth, Stratford and Hawera. In fact, we are the longest operating and 100% independently owned and operated audiology practice in the region. Being independent, we are not aligned with any one brand of products so you feel empowered to make your own choice about what is right for you. We have one of the largest supplies of hearing products giving you a wide range to choose from which we can tailor to your unique needs and preferences.

We provide the best in hearing care with the most recent technology, based on the latest research. We ensure you are given the utmost care and respect as soon as you set foot through our doors. That's why we have moved our New Plymouth clinic to a newer, easy to access building located in the heart of the city that has everything we need to give you the most comfortable experience possible.

Call us today on 0800 751 000 and book a free hearing check so you can start enjoying the sounds of life.

We're here to help.

Editorial supplied by Central Audiology Taranaki

Is your Membership Subscription up to date?

Are you a financial/paid up member of Grey Power?
 If your card has 31/03/2019 on it, then yes you need to renew your subscription.
 Find the application form on Page 15 of this newsletter and fill it in.
 Payment methods are at the bottom on the left hand side.

**NEXT
 MEETING
 27th March
 2020**

YOUR QUARTERLY NEWSLETTER FROM GREY POWER NEW PLYMOUTH

