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CHRISTCHURCH

GREY POWER

50+ QUARTERLY NEWSLETTER

Phone (03) 942 8816

WINTER ISSUE 2019



GREY POWER CHRISTCHURCH

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Grey Power Christchurch donate each year to two charities this year they are donating to St John's and the Men's Prostrate Society.

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Presidents Word



Well it's time to put pen to paper and produce another report for the newsletter. By the time you read this the AGM of national body will be over. We have two attending and I am sure Ann and Joe will represent us very well indeed. The AGM is being held in Wellington and we await their return with all the changes.

Talking AGMs ours is the 19th June which is of course our meeting day so do please try to be there. We really need some new members and if I am re-elected I promise we will not be too hard on you, well not four a couple of meetings at least!

You know I am a creature of habit - I have always got my petrol from the same station whenever possible. I have just finished an informal survey of petrol prices around the city and I will now shop around for fuel and I do use my gold card to good effect.

You do know of course that the July meeting has been cancelled as the club has been fully booked for a sports fixture. **SO DO NOT FORGET NO SOCIAL IN JULY.**

Take Care,

Brian Christian (President)

Please take note that registrations are due on the 1st April 2019 to cover you until 31st March 2020.

If you pay in November or December of this year it still only covers you until 31-3-2020.

If You require help around your home eg house work lawn mowing your first point of call is your Doctor to get the necessary forms signed. Grey Power Christchurch do not have a data base for people to do any of these jobs

NO JULY MEETING 2019

Through no fault of Grey Power Christchurch there will be no afternoon meeting the month of July. The Cashmere Club have let out the whole complex to another sporting venture. We apologise about this but there is nothing we can do and to find another venue will make it difficult to get to some of our members on time..

Please note also it is our AGM in June and we would like to see as many people as possible there. We do need more committee members to help out at times.

PULSE ELECTRICITY

Can you please make sure if you are getting pulse electricity that you have paid up your subs for the coming year. I have had lots of telephone calls over this and a lot of people have been taken off the data base because they have not paid subs We try to sort out this problem as quickly as possible but some times there can be hitches.

PLEASE SUPPORT OUR ADVERTISERS

Their support enables the production of this newsletter, so please support them.

If you have any thing you would like to put in the magazine maybe a joke or a recipe or something that concerns you please get hold of Maureen on 942 8816 or email: nanachooksboyz@gmail.com

Other peoples opinions do help us so feel free to contact us *Thanks*

Two ninty year old men Mike and Joe have been friends all of their lives. When its clear that Joe is dying Mike visits him everyday. One day Mike says "Joe we both loved rugby all our lives and we played rugby on Saturdays together for so many years please do me a favour when you get to heaven. Somehow you must let me know if there is rugby there.



Joe looks up at Mike from his death bed "Mike you have been my best friend for many years and if it is at all possible I will do that favour for you.

Shortly after Joe passs on.

At midnight a couple of nights later Mike is awakened from a sound sleep by a blinding flash of white light and a voice calling out his name "Mike Mike"

"Who is it"? Asks Mike sitting up suddenly "Who is it"?

"Mike its me Joe"

"your not Joe. Joe just died"

"I'm telling you it's me Joe" insists the voice

"Joe where are you" "In Heaven" replies Joe and I have some really good news and a little bad news"

"Tell me the good news first"says Mike. " The good news is there is rugby in heaven better yet all our old friends who died before us are here better than that we are all young again. Better still its always spring time and it never rains or snows and best of all we can play rugby all we want and we never get tired.

That's fantastic says Mike "its beyond my wildest dreams. So whats the bad news.

Your on the team for Tuesday.

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Social Afternoons Superannuitants' and Friends

Meetings will be held at the Cashmere Club starting at 1.30pm

JUNE 19th

AGM and sunshine singers

JULY

No meeting

AUGUST 21st

Mobility Services Trish Waters entertainment

Please support these afternoons as some of the speakers are really interesting and the entertainment is good as well. We run raffles and have a cup of tea as well.

Please take note of our AGM in June. If you find you have a few hours spare a week it would be great to have you come to our committee meeting. All enquiries to the President.

Our Owl is our symbol

The wise old owl sat on the oak
The more he listened the less he spoke
The less he spoke the more he heard
Who of us is like this wise old bird

Grey Power loves our owl it is our official symbol and is used in all correspondence.



5 Minute Chocolate Mug Cake - For 2 small cakes:

¼ cup sugar

1 large egg

2 Tbsp canola or other light oil

2 Tbsp cocoa powder

¼ cup self-raising flour

¼ cup milk

¼ tsp vanilla essence

pinch of salt

1. Measure the sugar into a small bowl, add the egg and oil and whisk until pale and creamy. Add the remaining ingredients and stir just enough to combine.

2. Non-stick spray two microwave-safe teacups or two 250ml ramekins or teacups. Divide the mixture evenly between the prepared containers, then place them in the microwave.

3. Cover with a square of baking paper or a paper towel, then cook on High (100% power) for 2-3 minutes or until the centre of the cakes is firm.

Remove the cakes from the microwave, then tip them out of the cups/ramekins. Cool on a rack for a few minutes or enjoy immediately.



Staying at home in your later years is now an affordable and safe option thanks to the care and support Care on Call provides.

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Understanding Medicine safety - Why, How, What and When?

If you take medicines for a certain condition, you want to make sure they are working in the right way for you. The following important information ensures you get the benefit you need from your medicines while minimising your risk of side effects.

Are you unsure about your medicines?

Ask your health provider or your pharmacist! Many different types of medicine or herbal remedies can be accessed from your Pharmacy. It is very important you tell your Doctor or pharmacist about ALL the medicines you take, so that you can avoid interactions (when two or more medicines mixed together causes problems). They can advise you what medicines or even foods you should avoid.

Also good to let your Doctor or Pharmacist know about your medical conditions, because some medicines or supplement can interact with certain medical conditions and it is safer to avoid.

Labels on the bottles and boxes are for the reason!

Make sure you read and understand the label. Often important messages are abbreviated to fit in a certain space, but if you are not sure exactly what they mean, ask your Pharmacist to explain. For example,

“Take each dose on an empty stomach” means do not eat for one hour before or two hours after taking this medicine. This usually applies to medicines that are better absorbed without food.

“Do not drink alcohol” means do not drink ANYTHING that contains alcohol with this medicine. It usually applies to medicines that have unpleasant side effects or are more toxic if you drink alcohol while taking them.

Remember, if your medicine label has something on it that you don't understand, ask your Pharmacist. They will be happy to explain it to you!

Always check the expiry date on your medicine. Old or outdated medicines may not work as intended and you may

become unwell if they are not effective.

Take the correct dose of your medicine.

Too much of a medicine can be harmful and too little of a medicine may be ineffective for your condition, and make you unwell. Make sure you take the medicine as directed.

Don't take someone else's medicines.

Taking the wrong medicine, or a medicine with someone else's name can be harmful – only take medicine that is specific to you.

Be careful about mixing medicines.

Different medicines are sometimes mixed with other medicines for different conditions, e.g. paracetamol is often combined in cough and cold products. Always check the ingredient list when buying a product to be sure that you don't take a double dose of the same medicine. If you are not sure ask your Pharmacist.

Finish all the medicine you have been given.

It is important to take the whole course of a medicine, e.g. antibiotics. If you stop taking your medicine before the course is complete, the medicine may not work as well the next time you need it.

To make things easier and convenient

Most pharmacies can provide medicine compliant packaging such as Blisterpack or Sachets. This will help you to organise your medicines in correct dose and time so you wouldn't miss or over/under take your medicines. Ask your Pharmacist about it.

William Kim

Pharmacist Unichem Parklands

5 QUESTIONS TO ASK ABOUT YOUR MEDICATIONS
when you see your doctor, nurse, or pharmacist.

- 1. CHANGES?**
Have any medications been added, stopped or changed, and why?
- 2. CONTINUE?**
What medicines do I need to keep taking, and why?
- 3. PROPER USE?**
How do I take my medications, and for how long?
- 4. MONITOR?**
How will I know if my medication is working, and what side effects do I watch for?
- 5. FOLLOW-UP?**
Do I need any tests and when do I book my next visit?

Keep your medication record up to date.

Remember to include:

- ✓ drug allergies
- ✓ vitamins and minerals
- ✓ herbal/natural products
- ✓ all medications including non-prescription products

Ask your doctor, nurse or pharmacist to review all your medications to see if any can be stopped or reduced.

Visit safemedicationuse.ca for more information.

**Grey Power Christchurch
Superannuatants
Association Inc**

**Committee 2019 / 2020
Nomination for Office**

I Nominate

*Print name of person you have chosen here Must be
Financial member*

For Position of

*Any one of President, Secretary, Treasurer,
Membership Secretary or Committee Member
Only one nomination Per Sheet*

Signature of nominator

Membersio No _____
Must be Financial Member

Signature of Seconder

Membership No _____
Must be financial Member

I Hereby accept nomination for the above Position

Signature _____

Membership No _____

**Please return to The President Grey Power
PO Box 31-010 Ilam
Christchurch 8444**

**To arrive one Week before Annual
General meeting 19 June 2019**

HOSPITAL SNIPPETS - BURWOOD

Two days before Christmas I visited with two of our members who due to their illness were unable to be discharged , however, they were quite happy for the atmosphere was a a very cheery one. They couldn't speak highly enough of the the staff endeavouring to make their stay in hospital at this special time of the year a happy one. The decorations of tinsel and lights decorated by dedicated nurses did wonders to help relieve the stress of the patients who were unable to be with their families at a joyous Christmas time,

Music days organised by O/T Sue Johnson at Christmas time were very popular with the lounge full of patients. Music is a wonderful therapy . Every week it is well patronised by those patients who even if they don't, feel like singing enjoy listening to Don play the piano as he is a very talented musician. Sandra the hospital chaplin has brought along bells for patients to join in playing and next time they play the song

I'm forever blowing bubbles she will be bringing along her bubble wand as Michael used to do at Princess Margaret Hospital music days. The patients chatter at old songs that relate to some special events in their lives and usually end up telling a joke relating to it, which is good to hear. Of course a music day would never be complete without singing Grandfathers Clock for Sue.

The extra things that Andrew and his team do on the wards for the patients are over and above their normal duties required and are gratefully appreciated by the families of patients.

A reminder to any of our members who may have worked at Princess Margaret Hospital in past years is that there is a Reunion being held in August and for more information contact Linda Woods at Burwood hospital.

Cheers *Tui*

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Senior Move Managers

Senior Move Managers specialise in assisting older adults during the transition of moving home; either downsizing, or moving into a retirement village.

The process of moving home can be very stressful and overwhelming. The team at Senior Move Managers effectively manages and undertakes this move removing all of the burden on you and your family. Everything from decluttering and organising, to packing your belongings and relocating them, right through to selling items on your behalf and professionally cleaning your home.

If you or a loved one are thinking about moving and you're unsure where to start, we can help. Give us a call for a no obligation quote on 0800 667 558.

What our previous clients have said:

"We expected a move which would normally have difficulties and stress. With SMM we had no difficulties whatsoever. Great staff who handled everything with a smile. Highly recommended!"

"I had all stress taken from me and was in good hands. They helped to move me, and helped me to unpack at the new address."

"Being based out of town, both my sister and I appreciated having Senior Move Managers' team on the ground when we couldn't be there for Mum."

"Mum's mental well being has also improved significantly since you started helping her! I was afraid this move might be the death of her but I don't feel that way at all now. Thank you!"

"Making your next move your best move"

Getting exhausted at the thought of downsizing?

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POLITICAL FORUM

Nicky Wagner National Party List MP views



Winter will be a busy season for Parliament as we address issues of Euthanasia, Gun Control, and the Budget.

David Seymour's Bill to legalise Euthanasia returns from the Select Committee consultation to be debated for a second time in the House. This debate is a consciousness vote, meaning Parties allow MPs to vote freely rather than as a block. This debate will be important for the Bill's progress as it allows for amendments to be proposed and added.

On gun control, Parliament has already taken bipartisan measures to amend the Arms Act to prevent military style semi-automatic rifles from being owned or traded in New Zealand. Next we will look at the wider gun laws in a second round of more detailed amendments to the Act. These will likely be open to more traditional Parliamentary processes which gives you more opportunities to have a say, and the government is expected to announce these in the next few weeks.

The budget will also be presented in May. Grant Robertson will deliver his second budget on Thursday 30th May, and it will include new measures around wellbeing.

Unfortunately these new measures, probably well-intentioned, are both vague and beyond the focus of a budget. The budget is the financial plan for implementing a government's policies – how it will

fund the policies and objectives they have set out. It is first and foremost a sober, financial assessment and plan for the year ahead.

With that in mind, I will be watching this budget closely to make sure that the government lives within its means during this time of increased cost of living.

It's easy to make promises in opposition but harder to deliver on them in government. In 2018, the Labour Party didn't deliver on their election promises. They didn't provide the promised price cap on GP visits, they failed to provide the extra \$20 million for medication to treat rare diseases, and didn't cover the cost for the promised 1800 more Police on the beat. We will be watching to see if they keep their promises this year.

All the best for the Winter months ahead, and if there is anything I can do to help, or if you have ideas or issues you would like to discuss, please do not hesitate to get in touch with my St Albans office on 03 365 8297 or chch.office@parliament.govt.nz.

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Dr Duncan Webb

MP for Christchurch Central



Labour's winter warmers

From May 1, every person receiving New Zealand Superannuation received the Winter Energy Payment. It's a little bit extra in your super to cover the cost of heating during winter.

It should be included automatically in your superannuation payments. You don't have to do anything. This year the period you will receive it has been extended and the payments will continue until October 1.

A single person will get an extra \$20.46 per week while a couple receives \$31.82 per week more.

This initiative has been one of the most popular we've introduced. Last year my office phone ran hot with feedback, all positive, and this year is proving no different.

We know that staying warm prevents a lot of other costs, like doctor visits and hospital admissions. It's also part of our pledge to allow people to live with dignity – for a lot of seniors, winter's extra costs are hard.

From July 1, eligible homeowners can receive a \$2000 heating grant under the Warmer Kiwi Homes programme. This builds on existing insulation subsidies to ensure the homes can then be heated adequately.

To qualify, you need a Community Services Card, or SuperGold combo card, or be living in a home identified as lower income and in a house built before

2008. Contact Community Energy Action for more information on 0800 438 9276.

It's now much cheaper to visit the doctor if you have a Community Services Card. This popular policy has already made a difference to so many. Your doctor needs to have signed up to the scheme for you to receive the additional subsidies.

After a frantic few weeks in Parliament, it's nice to be able to spend more time in the electorate. Recently I've presented to the Papanui-Innes and Central-Linwood-Heathcote community boards on the need to put people first when considering the downstream effects of the new Christchurch Northern Corridor.

The council must deal with the traffic this poorly thought out motorway will bring, but how it does that should reflect a new thinking that returns focus to how people live in the city, rather than how people commute.

I want to see a vibrant city again – one where we reduce our carbon footprint by allowing people to live close to work, rather than drive hundreds of kilometres a week.

Following the attack of March 15, the issue of hate speech in New Zealand has again become prominent. I'll be speaking at the Tuesday Club at Smash Palace at 6pm on June 4 about this issue. As a former Professor of Law, this is a topic I'm passionate about and I enjoy challenging commonly held perceptions about free speech and hate speech.

In reality, there are many limits on speech already. If you'd like to join the conversation, come along to Tuesday Club or invite me to your meetings – I'm always happy to address your group or club. Contact my office on 366 5519 or chchcentral@parliament.govt.nz.

Ng mihi

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Rubbish disposal Canterbury style

Gone are the days when rubbish was disposed of by finding a convenient hole outside town boundaries where it could be dumped out of sight. And let's face it there were many and not just the 52 old style dumps officially recognized by the various local authorities in Canterbury. So where you ask does our rubbish go to now? The quick answer to this is THE KATE VALLEY LANDFILL the most comprehensively engineered land disposal facility in the South Island and one of only a few in New Zealand in full compliance with the Resource Management Act (1991).

Owned by Transwaste Canterbury Ltd, a joint venture company with 50% owned by Canterbury Waste Services Ltd (CWS) and the balance by five Canterbury Councils namely Ashburton Districts, Christchurch City, Hurunui, Selwyn and Waimakariri.. The Kate Valley Landfill is approximately 70 Km north of Christchurch on the seaward side of the range of hills between highway one and the coast. The total site area is 1000 hectares of which 37 hectares will be used in the land filling operation. Around 410 hectares in the lower Kate Valley has been set aside in a protected conservation for native forest restoration and wetland creation, known as Tiromoana Bush.

Total refuse capacity is approximately 10.5 million tones with a projected design life of 35 years based on an assumed input of 820 tonnes per day. Its design is to International standards which equal or exceed NZ guidelines in all respects. Well, enough of the official blurb and now I'll get down to telling you about our visit there on Wednesday 27 March. As usual our monthly bus trip started off with only a few in the know where we were heading for a visit but sure as eggs it became known when somebody casually asked why we were heading north again, can't keep a secret for long on these trips. Nevertheless, it came as a surprise to some that we were going to look at a rubbish dump – a rubbish dump indeed.

But we were in for a surprise and I might say a pleasant surprise at that. Ushered into a small room on site with all too few seats for our mix of predominantly elderly yet active and ever enthusiastic trippers, we were given a very comprehensive explanation of the workings of the whole complex, supported by a video. The technical aspects of the enterprise, of which there were many, were explained in language that we could understand and our questions were answered fully.

There are no big bulldozers pushing mounds of rubbish about followed by hordes of birds and flies, all that sort of thing is way out of date. Who would have thought the land has to be contoured in preparation for receiving the rubbish and even then a man made synthetic liner is laid down before any rubbish can be deposited. The liner is composed of an upper and lower layer of high density polyethylene and sandwiched between them a layer of geosynthetic clay. In addition a 500mm of permeable sand or gravel is applied to protect the liner and allow the flow of leachate.

As waste decomposes in a landfill it produces a liquid called leachate and also a gas. Leachate having been contained by the liner is collected at the base of the landfill. It is pumped into storage tanks and any excess is taken to the Bromley Sewage Treatment Plant in Christchurch for treatment. Perhaps this is why so many of the old rubbish dumps were situated near river beds and thus prone to being washed out by flooding as recently occurred on the West Coast. The other by product of landfill is Gas which is collected to ensure compliance with air discharge consents. Gas collection wells are installed progressively within the landfill during its development, connecting to a gas processing facility. Initially the gas was flared but as volumes increase, it will be used to power a gas to energy system with potential to power 8000 homes.

Alongside the landfill is a container park to enable containers from Waste Transfer Stations to be unloaded without having to go near the landfill itself. The fleet of truck and trailer units used by CWS to haul waste from the transfer stations to Kate Valley Land fill is among the most modern fleets in New Zealand. The vehicles incorporate a full range of safety features unlikely to be found on most heavy vehicles on the road.

Having been educated in the principles of waste management and landfill procedures we went on a conducted tour of the whole establishment our bus driver being careful to stay on the official route. There is no doubt that we came away impressed with the concept of Landfill and its inherent tidiness of operation that plainly is a dramatic departure from the rubbish dumps of old. It is certainly a blueprint for future waste management throughout the country – and if you don't believe me, come and have a look for yourself.

Colin Taylor

Construction of liner on first cell

Consumer Council

Are you aware that the Canterbury District Health Board has a Consumer Council with 16 elected members to carry out the functions below? I have been elected to this as representative for Women's Health officially – although we all represent everyone – and am looking to find people that would be interested in letting me know their opinion as issues arise that need more community input or from people that have had experience in specialised areas eg. Cardiology, Neurosurgery.

We have monthly meetings with a representative from the CDHB in attendance. See the CDHB Website for further information and Minutes of meetings.

The Consumer Council was set up in 2008 and aims to make sure that consumers have a strong voice in planning, designing and delivering services in the Canterbury Health System. Its slogan is **'Nothing about us, without us'**, meaning that health care should always be planned with consumer involvement, right from the beginning.

The Canterbury DHB has a responsibility to work in partnership with the community to assess the needs of the Canterbury population and determine the most appropriate and affordable mix of services. The Canterbury DHB recognises and understands the importance of having in place mechanisms which assist it in understanding:

- What information the community needs
- How the community can communicate effectively with us .
- How we can effectively communicate with the community.

2. Vision

The Consumer Council will be a voice for the consumers of the health system and the people of Canterbury.

3. Scope

The Consumer Council will work collaboratively with the Canterbury District Health Board and its Governance and management teams.

4. Purpose

To receive, consider and disseminate information from the Canterbury DHB, Consumer Council representatives and consumer groups. Please feel free to email me on justewshep@gmail.com or phone me on 980 9077

Julie Shepherd

GCCRS Homeowner Claim Information Portal

The portal provides you with visibility of your information and claim progress - you will always know who is doing what and when it will happen. The portal will be your point of reference for relevant claims reports that have been provided by your insurer or EQC. You can also use the portal to upload photos, documents or reports that you have commissioned.

You can access your information and view your claim progress on the portal at any time from any device at www.gccrs.govt.nz. You can also give feedback on your GCCRS experience through the satisfaction survey.

Reports will be uploaded and other documents from your insurer or EQC as they are received.

If you need help accessing or navigating the portal, or have any other questions about the portal or GCCRS, please call them on 0508 624 327, or email at contact@gccrs.govt.nz.

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Water Water and not a drop to drink??

Ray Mayne began his career in 1982 with Briggs Irrigation selling Roto Rainer irrigators. Following the 1987 share market crash which resulted in Briggs Irrigation going into receivership, Ray was approached to become a shareholder in Rainer Irrigation.

With good market potential and pre-existing knowledge of the product, Ray began to build a relationship with Snap-tite; and in 1991 he advised them he was contemplating starting his own irrigation company. Tony Babington, the International Hose Manager for Snap-tite at the time, advised they would 'back him all the way' should he go down this path.

This was all the encouragement Ray needed and in April 1991, along with wife Noeleen, he formed Ray Mayne Hose and Fittings Ltd. Since then, Ray and his team have promoted the Snap-tite product throughout New Zealand, seeing it become one of the leading brands of lay flat drag hose in the country.

In 2000 Ray attended an Irrigation Australia show in Brisbane. It was here that he saw his first Reinke irrigator. Ray proceeded to speak Reinke and put the wheels in motion to become a dealer. He met with the Reinke President at the time, Bob Friehe. Ray remembers having a map of New Zealand and explaining the areas that required irrigation and what type of irrigation was being used at the time. Ray sold his first two pivots to Brendon Dolan at Dorie, and the first Reinke Lateral was sold to Jeff Bleeker from Makikihi, North Otago in 2001.

Since then, the Ashburton-based business has gone from strength to strength, recently moving into a purpose-built premises at 30 JB Cullen Drive, in the Ashburton Business Estate. 'The new 12,000 square metre site has been purpose-built to cater specifically to the needs of our irrigation business,' explains Ray. 'All the products are now able to be under one roof to allow customers and staff to have better access to irrigation parts and products.'



The Ray Mayne team has been designing, supplying, installing and maintaining irrigation systems for farms, lifestyle blocks and businesses throughout the country for 27 years. They employ around 30 staff, including an experienced team of accredited designers, on hand to design and customfit an irrigation system to suit any land shape, size or industry. The team works with their clients to get a plan to suit everyone's needs.

'Since first working with Reinke to become a dealer we have become the principal importer and distributor of their irrigation systems in New Zealand,' continues Ray. Describing the system as 'lightweight, more efficient and longer-lasting than comparable systems', it is little wonder they have become recognised as a world leader in the field. Especially for their Trimble GPS guidance which can guide multiple systems off a single GPS base station. 'This guidance option is operating on many swing arm corner units and lateral move systems,' he explains. 'There are numerous examples of this scenario working in many areas in the South Island.'

Part of the success has come from Ray's dedication not only to the products and his customers, but to his staff. 'We ensure our technicians are factory trained,' he explains. 'They have had many years of working on Reinke systems and are highly skilled in all aspects of Reinke equipment, ensuring they have

all the knowledge on hand to assist our clients.'

Over the winter season, many clients have had their Reinke pivots and laterals serviced by Ray's technicians. Reinke Manufacturing has a dedicated online training schedule, which each technician is encouraged to use to ensure their skills are continually being kept up to date with the latest technology that Reinke provides.

Also among the staff is a specialist pump crew, who can remove and install pumps for service and maintenance in any location, at any time.

In the warehouse, Ray Mayne Hose and Fittings stock a range of Snap-tite irrigation hoses and can source any irrigation associated products for any job. They also manufacture the TurboRain brand of large travelling irrigators and are a distributor for the Pleuger range of submersible irrigation pumps through Flowserve.

While the company, and the technology, has evolved and changed over the last three decades, Ray's passion for high-quality results hasn't. 'We are very aware that today's irrigation is a technically designed system, which is a substantial investment for our clients. It needs to operate efficiently and effectively to ensure that investment is readily used for years to come,' he concludes. 'Our role is to ensure that happens, everytime. Quality, service and innovation is what drives us to achieve this.'

Neville Wootton

GreyPower

"When I Am Old" by Jenny Joseph

When I am an old woman I shall wear purple
With a red hat that doesn't go, and doesn't suit me,
And I shall spend my pension on brandy
and summer gloves And satin sandals,
and say we've no money for butter.

I shall sit down on the pavement when I am tired,
And gobble up samples in shops and press alarm
bells, And run my stick along the public railings,
And make up for the sobriety of my youth.

I shall go out in my slippers in the rain
And pick the flowers in other people's gardens,
And learn to spit. You can wear terrible shirts and
grow more fat, And eat three pounds of sausages
at a go, Or only bread and pickle for a week,

And hoard pens and pencils and beer mats
and things in boxes. But now we must have clothes
that keep us dry, And pay our rent and not swear in
the street, And set a good example for the children.
We will have friends to dinner and read the papers.

But maybe I ought
to practise a little
now?

So people who
know me
are not too
shocked and
surprised,
When suddenly I
am old
and start to wear
purple!



Some History

The Ashburton Aviation Museum

Ashburton aerodrome in mid-Canterbury offers more than a southbound refuelling stop. It holds a treasure trove. The Ashburton Aviation Museum is low profile but high value.

It's too cliched to talk about a "labour of love", so let's just say the enthusiasm that has spent 36 years developing this museum gives a "coming home" feel to the place for any aviation lover. In fact the oil-stained-overalls-clanging-tools atmosphere is a big part of its appeal.

However, the exhibits are pretty impressive too. For one thing there are 27 aircraft at last count, some pretty rare, which we'll get to in a minute

Let's begin, though, with the walls and alcoves full of photos, models, medals and memorabilia: the usual museum material but in unusually large quantities and with some that are definitely different. For example a "space ball" that fell to earth from the Soviet satellite Cosmos 482 when it broke up over the South Island in 1972. Or an impressive diorama of RNZAF Station Ashburton circa 1942 - 44. There is also - sensitive readers may wish to skip this paragraph - the very axe that smashed 96 still-in-the-boxes Merlin engines, not to mention several Mosquitos, which were purchased for scrap in 1957 by local engineer Cliff Horrell. One of the four perpetrators of this holocaust was Les Vincent, who later worked off his bad karma by becoming a pilot, Auster owner and president of the museum.

However, according to curator Jim Chivers, Les "does get hell" over his youthful barbarism. In his defence, though, Jim asks how many of us have ditched what we once termed "rubbish" that we'd now pay through

the nose to reacquire?

The museum originated with a meeting in the Ashburton Library on 29th October 1974 to consider the possibility of forming a historic aviation society. Eight men joined him over tea and biscuits and decided to give it a go. The following month they gained their first charge: a Bofors AA gun donated by Burnett's Motors.

It's worth noting that almost all of the eight survivors of that meeting remain members of today's Ashburton Aviation Museum Society. The special atmosphere owes much to this continuity. By general call Jim is the heart and soul of the museum.

But back then, getting it underway was like trying to push-start a 747. Years passed as the team sought to acquire land at Tinwald on which to build a facility but were stymied by bureaucrats. The growing number of members kept things moving, though, by recruiting wives, families and friends for fundraising.

Then the RNZAF put its Harvards up for tender. Inspired by the chance to have a really serious museum exhibit, the team put in a \$2500 bid for one and on 25th May 1978 was informed that, subject to payment within a month, it now owned North American Harvard Mk 2a, c/n 88-9269, RNZAF code NZ1012. Jubilation was tempered, however, by the fact that their trust had exactly \$153.14 in the bank.

But the people of Ashburton rallied in support, and in 24 days they raised the money. The Harvard was towed to Ashburton along SH1 and parked up in a farm shed.

The acquisition gave impetus to a hangar fundraising campaign. The Harvard made its contribution at various public events, while members made their contributions through running market stalls and raffles - one at the Tinwald Tavern ran every Saturday night for 12 years - cutting firewood, carting hay, donating the profits from paddocks of crops, selling Christmas hampers, helicopter rides and public sponsorship for

each of the 2000 concrete blocks needed for the hangar, and hiring their Bofors to Walt Disney studios for a movie at Queenstown.

Ashburton isn't a big place - the town has 17,000 people - and if the members were the instigators of all this, the community were its essential supporters.

In 1982 the team gave up on the bureaucrats and made the happy decision to locate the museum at Ashburton aerodrome. Construction of the hangar began in 1984. Most

of the labour was voluntary, with many local firms offering services at discount rates. Burnett's Motors made sure its old Bofors had a roof over its muzzle by donating the use of a crane to hoist the hangar's steel trusses into place. In August 1990 the hangar was completed, and the museum had a place to display its growing collection of aircraft.

In fact the collection was already so big that when the adjacent building, a scenic flight operations base, came up for sale soon afterwards the team cast covetous eyes on its plane-sized workshop and upstairs office space. The asking price seemed off their screen, but a new fundraising campaign was launched, grants money secured, and finally a mortgage committed to. The building was acquired in 1994 and paid off in 2000. As well as the museum's workshop facility for aircraft restorations, this hangar is now home to what must be one of the best aviation libraries in the country, with thousands of books donated or bequeathed by members.

Currently the Ashburton Aviation Museum Society has around 400 members, of whom 150 are locals. The aerodrome is a convenient refuelling stop for GA and vintage aeroplanes bound for Wanaka, the museum hosts the Sport Aircraft Association's biennial Great Plains Fly-in, and it gets an interesting international mix of visitors. The atmosphere of the place works its way deep into those who pop by, and it has members all around the world.

One result is that its profile isn't as low as it used to be - literally. The museum now has a shiny new hangar looming over everything, with construction

and fitting out being completed early this year. While the financial commitment involved would have been terrifying back in 1974, Jim says that it actually wasn't such a mission as the first hangar, there being a lot more funding resources around these days, plus the museum did a deal with the Southern DC-3 Trust which needed a home after its eviction from Wigram. The hangar was to have been opened on 25 February, but along with just about everything else between Ashburton and Rangiora this plan got knocked back by the earthquake, and it took the arrival of the A4 Skyhawk NZ6204's and assembly by the crew from the RNZAF that gave the museum a chance to invite local members and dignitaries out to the museum for a gala style opening. Official guests included The Minister of Defence Mr Wayne Mapp and our member of parliament Ms Jo Goodhew.

We run a roster system for our museum guides and that gives us the ability to be able to open the museum to the public every day between 1pm and 3pm. Wednesdays and Saturdays we are open 9.30am to 3pm.

Wednesday is workshop day with up to 20 members turning up most Wednesdays to help with the restoration projects on the go. A cuppa and a chat is compulsory and takes place at 10am.

Saturdays see another group turn up for the same routine.

Neville Wootton

GreyPower



MEMBERSHIP APPLICATION / RENEWAL FORM

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Industry initiative makes it easier for intending residents

If you've visited a retirement village you'll know that you'll be taking home a huge pile of paper – village disclosure statements, the Code of Practice and Code of Resident Rights, an occupation rights agreement (or contract) and perhaps the village's financial statements. All this material must be provided by law so you can make a decision to move to a village (or not) with full disclosure and transparency. All intending residents must also have proper legal advice and the operator cannot counter-sign the contract without an affirmation from the resident's solicitor to say they've been given that advice.

- Details of the deferred management fee (DMF) and the method of calculation
- Details of the weekly fees, how they can be increased, and when they stop when the resident leaves the village
- Details of any other fees payable by the resident
- Whether the resident shares any capital gain or is liable for capital loss, and if so, how it's calculated
- When the resident or their estate receives the capital refund
- Whether there is any home, hospital, dementia or other specialist care available
- Whether the resident has priority over non-



The Association supports this approach. It's in everyone's interests that the decisions are made with full knowledge and understanding what's involved. We also urge intending residents to discuss their decision with their families. All too often we see children misunderstand what their parents' contracts mean, and an early discussion will ease that concern.

However desirable all this information is, it can be difficult to distinguish one village's offering from another, especially if some of the key details about costs and fees are buried in the body of the documents. We felt that this should be improved so we have developed a double-sided A4 page that sets out the village's offerings:

residents when transferring to another unit or when moving to care

- How the DMF is treated for any move to another unit or to care

The Summary of Key Terms is a template that allows you to compare each village's offerings side-by-side and will save you a lot of time and effort wading through pages of legal documents to find the information you need.

If you haven't got one from the villages you've visited – ask for it! It's a RVA member benefit so only RVA member villages will have it. We are relying on customer demand to encourage members to use the Summary.