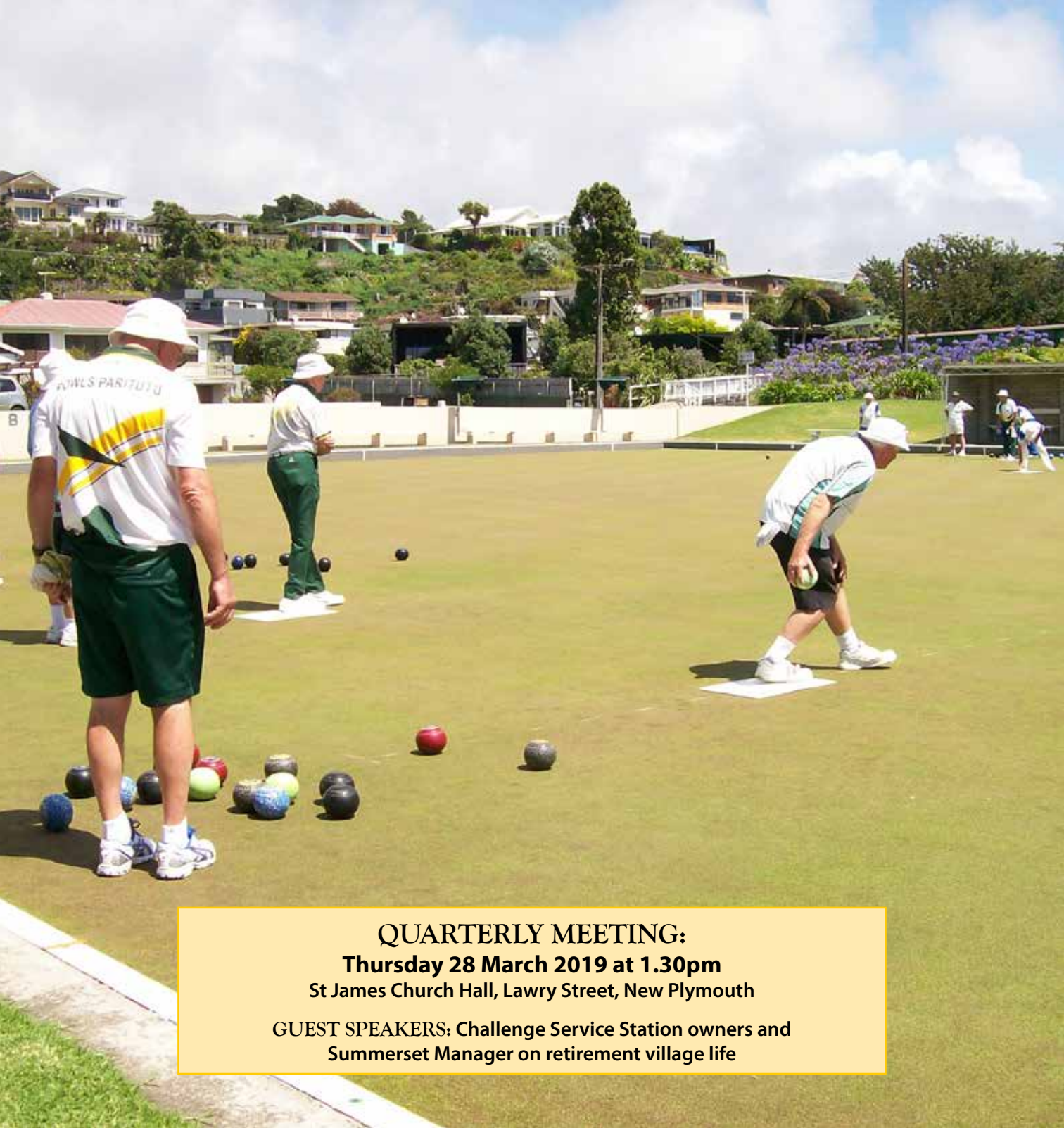


NEW PLYMOUTH GREY POWER

50+ NEWSLETTER

www.greypowernp.org.nz

QUARTER ONE 2019



QUARTERLY MEETING:

Thursday 28 March 2019 at 1.30pm

St James Church Hall, Lawry Street, New Plymouth

GUEST SPEAKERS: Challenge Service Station owners and
Summerset Manager on retirement village life

GREY POWER NEW PLYMOUTH INC.
21/117 Powderham Street, New Plymouth 4310
Phone: (06) 757 5885
Email: greypowernp@gmail.com
www.greypowernp.org.nz
Office Hours: 9am - 1pm Monday, Wednesday & Friday

COMMITTEE 2018 - 2019:
PRESIDENT: Chris Manukonga 758 0449
VICE PRESIDENT: Mary Perrott 755 0644
SECRETARY: Suzanne May-Gurnick
TREASURER: Chris Hinton
COMMITTEE: Louis Carter, Isabel Carter, Alison Brown, Caroline Symmans
ASSISTANT TECHNOLOGY: Bruce Carter
OFFICE MANAGER: Agnes Lehrke 769 9630
TRAVEL CLUB: Ian and Jill McKillop 757 5403

A COMMON MISCONCEPTION:
Grey Power is not aligned with any politician or political party. We are an advocacy group and we present our views to Parliament to try to get a better deal for all Superannuitants. As such we will speak to any political group or politician who is likely to make a difference on our behalf. We also seek to keep all our members informed on what Grey Power has been doing on their behalf.

Disclaimer: The information contained in this publication is given on good faith and has been derived from sources believed to be reliable and accurate. Neither Grey Power New Plymouth Inc. nor any person involved in the presentation of this publication accept any liability whatsoever for its contents including advertisements, editorials, opinions, or for any consequences or from its use.

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SeniorNet New Plymouth

ARE you over 50?
Do you have a laptop, a phone, a tablet?
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Or could YOU HELP someone else to use their equipment?

For details contact our office
Now on Ground Floor, Senior Citizens Rooms,
27 Liardet Street, New Plymouth.
Phone 06 - 759 4979
Email: seniornetnp1997@gmail.com

Presidents Word



Naumai haere mai, welcome to 2019. I hope you have had an enjoyable beginning to the year. This has been a great summer for the weather with plenty of outdoor activities. “The festival of the lights” being the major evening attraction for us and the daytime has been all about the beaches, which has been a daily activity for our family. We have two sets of speakers with differing topics for our February members meeting. The Owners of Challenge Spotswood doing a brief presentation about the benefits of filling up with fuel at Challenge . Then the manager of Summerset Mountain View ,talking on Retirement and Village Living. We are doing some profiling and public promotions of Grey Power New Plymouth, with the hope of encouraging more new members to join.This has been done by having car boot sales in Spotswood on Sundays throughout December and to start this year . As well we are having a table of brochures on display down in the CBD at the Huatoki Plaza each Wednesday during December. I’m hopefulthat we canhave these events periodically throughout 2019. I would like to remind members (who are eligible,) of the rates rebates from the Council,which has a closing date of 30th June this year. this needn’t be a daunting process as trained Council staff confidently assist you with the process. I will be sending out a form for your views and feedback that you may have for this coming year. Inform us on what can be done better in the future. I can confidently say the Taranaki Economy has increasedby one more family ,with the arrival of my son ,wife and 3 granddaughters from Auckland. Yes baby sitting has begun ,while they progress with the building business.

Chris Manukonga (President)

Discontinued Discount Businesses:
Waste Management. Just a Cut - Hair Dressers
Westown Pharmacies Just a Cut.
Health 2000 Down to Earth
Soapers Ltd. Westown Pharmacies.
Accent on Curtains. Puss ‘N’ Boots Cattery.

There are a large list of Gold Card Businesses available on Line or at the Office. 7575 885. Ask and we can look these up for you, or pop in and check these yourselves. You are Most welcome.

QuinLaw - Barristers & Solicitors

PHOTOGRAPHS AND PRIVACY

You may recall about a woman who distributed photographs of ex-husband’s new love. She took photos from another persons’ cell phone, then copied and distributed them. She was prosecuted in the Criminal Court because the woman photographed was naked. She could possibly also have been prosecuted for theft, as once a photograph is taken of you, that image is owned by the photographer. You must not take photographs if the person is naked or in underclothes, is unaware of being photographed or has not consented to being filmed or photographed.

You must not take photographs or videos or

recordings of people if they are in a place where they can expect privacy. This would generally include their own backyard, public toilets, changing areas etc.

You may also remember the case of the drunken young woman at the Melbourne Cup. That was not a private place and she had no expectation of privacy. The photographs and publication of them then, was not a criminal offence. There was also no civil action she could take against the photographers.

How do you know what you can do?

The test can be drilled down to enabling reasonable privacy and don’t do it if the publication would be offensive to an ordinary, reasonable person.

Editorial supplied by QuinLaw

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Grey Power Travel Club Report

2018 proved a good year for our local day-trips with none being 'dampened' by inclement weather (unlike 2017), so we are hoping for repeated good-fortune this year. Our first local trip will be on 7 February, to the recycling centre and to the Aviation, Transport & Technology Museum.

The Wanganui trip has proved so popular in each of the last two years, that we plan to repeat it again this year, to allow those who have so far missed out to also have a chance to go.

Our longer 6-day trip for 2018 (with Weir Bros.) is already full and is heading around East Cape in March. We would again remind our Travel Club Members that they are firstly Members of New Plymouth Grey Power and should therefore support the organization by attending, whenever possible, the quarterly general meetings at St James Church, for which the Committee arranges interesting and relevant speakers on topics of concern to our age group.

Alternative Waste Collectors

- 1. Greenawaste Ltd** | New Plymouth 0800 401010
From 'prepay and let us do the rest', monthly collections to a bulk clearance. We have packages to suit all. Check this out:
 1. Any time service. \$20 a collection. Just call and we come and collect it.
 2. Regular. Monthly collection. \$18 per pick up. If not filled up, ring and leave 'til next month'.
 3. Pre-Pay. Service as per Regular but keep the cost to \$16.50 per pick up by paying for 4 bags in advance.
 4. Serious Saver. 12 pick ups paid in advance...\$144 saving \$70. A collection 4 weekly with allowance of one postponement a year.
 5. Bulk Clearance...Had a big clean up and need removal .Call for a free quote on 0800 40 10 10.
 - 2. Greenie Garden Paks** | Mountain Road. 752 0506
A large bag is provided for green waste. When full, ring above phone number and it will be collected at a cost of \$18. If your bag isn't full then don't ring until it is .A fresh bag will be installed on the frame ready for use.
- Both of these businesses are most accommodating. As Waste Management no longer offer Grey Power Discount, perhaps these two options are of assistance to you all. Agnes

Volunteering :

Recently an article was printed about the valuable work of Volunteers. Many groups that provide valuable services to our seniors just couldn't function without these volunteers.

But to give of your time has also another favourable effect and that is the rewarding satisfaction of actually providing for others and knowing that you are the contributor for the good of another.

It is like the knitting together of a giant network and you the volunteers are the web which connects the lives of so many because of your input.

Well done to our volunteers in Grey Power. To the silent army of news letter deliverers, office workers (of which we are short of just now), our committee also tea ladies at our general meetings.

Great work everyone. Thank you.
Many hands make light work.



A REST HOME WITH SPARK

Chalmers Home

20 Octavius Place, New Plymouth

Offering rest home, hospital and health recovery care.

Chalmers Home is more than just a rest home, it's an elder centred community that recognises older people as individuals and supports them in a way that's right for them. We offer companionship, choice, variety, meaningful activity, independence and fun.

Come and see!
 Call us on (06) 758 5190

Free phone 0508 ENLIVEN or visit www.enlivencentral.org.nz



Where community shapes the heart of your retirement

**At Ryman villages, we want
 our resident experience
 to be just right**



"You'll hear a lot of laughter around the village".

Katherine, Charles Upham resident

Remember when neighbours had time to stop for a chat, cared for each other, and waved a friendly hello in passing? That's the community Katherine found at Charles Upham Retirement Village in Canterbury.

Explore our village community today,
 phone Michelle on 06 751 4504
www.rymanhealthcare.co.nz



A bright future



Judy Eva, Gladys Hopkinson, Bev Weir and Ted Shramka were all smiles after winning a garden bench and sun umbrella in the 2018 Housing for the Elderly garden competition. There was some bubbles to celebrate after Nevada Drive was named the best block of units. Ted also picked up a \$100 Mitre 10 voucher after winning the vegetable category.

NPDC is committed to providing comfortable, healthy and affordable home for our deserving elderly residents through the Housing for the Elderly scheme.

NPDC has 140 units across the district but some of these are getting old and we want to know how they could better suit the needs of tenants.

A 10-year plan on how to improve the units will be put together after building experts check out the units. Tenants may see their units being evaluated from the street as we look at the size, condition and location of the units.

Anyone wanting to know more about NPDC's Housing for the Elderly scheme can call Housing Officer Kaye Thorpe on 027 223 6111.



Packed summer for seniors

NPDC has had another awesome Summer Seniors programme at this season's TSB Festival of Lights. The Festival wrapped up on 3 February after seven weeks of live entertainment and dazzling light displays in New Plymouth's Pukekura Park. Run by NPDC, this season featured 10 new light installations and a big rise in the number of performers. Returning for its second year, Summer Seniors was tailored to entertain older members of the community and featured Pilates, tai chi, tea and tunes at TSB Bowl of Brooklands, a brass band and a Let's Go bike to the Bowl picnic.



Park access boosted

If you're not up to a stroll, you can now go for a roll through the world-class scenery at NPDC's Pukekura Park. NPDC has four new mobility scooters available for free for those who need a bit of help getting around the park. Users will need to provide personal ID to hire a scooter and sign a declaration that they're competent to drive on them. The service will be reviewed after three months. Call 06-759 6060 to book a scooter. Pictured is new Pukekura Park Curator Kristian Davies trying out one of the new mobility scooters.

Decision Making for our Full Retirement :

When you feel it is time to prepare for your future retirement ,where do you go for advice and decision making?

There is a valuable guide line booklet in the Grey Power Office which has some good advice and directions in it. It is called "Where To From Here."

So if you wish to pick up a free book just pop in and ask. They are free and well worth reading. It covers Home Service providers ,Retirement Villages, Care homes, hospitals . There are check lists you can cover when doing your investigations and about financial advice.

Be sure to have a look at what we have available when you're next in town.

We look forward to seeing you , Agnes.
Office Hours ,Mon, Wed, Fri. 9.00 a.m to 1p.m
757 5885. Or 021 022 98721.

Renewal of Subscriptions is now due : **OFFICIAL NOTIFICATION**

Take your membership card and check the date of expiration.

Name:

Number:

Expires:

31.3.19

This is when your renewal is due.

Please pay by that date. If unsure ring the office on 757 5885. (so you don't pay twice.)

You can pay by ; Cash, Eftpos, cheque or Direct Credit, our Bank number is 153948 0007390 00 When paying by Direct Credit, please use surname and membership number in the reference section, so we know who is paying.

We are not the Electricity Company. That needs to be paid directly to Grey Power Electricity ... account number 02 0108 0333798 029

So **PLEASE pay punctually**, the association survives by your subscriptions. Thank you. We're the cheapest Subscription fees in the country. So let's be the best at fulfilling this obligation please. Well done to those already paid.....Agnes.

MEMBERSHIP APPLICATION / RENEWAL FORM

Grey Power New Plymouth Assn Inc | 21/117 Powderham Street, New Plymouth 4310

www.greypowernp.org.nz | Email: greypowernp@gmail.com | Ph: (06) 757 5885

* Membership year is from 1 April to 31 March

Membership: New Member ☐ Renewal ☐ Membership Number: _____

Type: Single (\$15) ☐ Dual (\$25) ☐

MEMBER DETAILS:

First: _____

Second: _____

Title

Surname

Initials/Forename

Year of birth

Postal Address: _____

Post Code: _____ Phone Number: _____

Email Address: _____

PAYMENT DETAILS:

Subscription \$ _____ Donation \$ _____ Total \$ _____

Do you wish to register with our travel group? Yes ☐ No ☐

Do you wish to resign from the travel group? Yes ☐ No ☐

Are you a member of Grey Power Electricity? Yes ☐ No ☐

NOTES: Please return a completed form with every application. Payments may be made by eftpos, cash, cheque at our offices, or internet banking into our bank account.

Online Account: 153948 0007390 00. Please ensure your name and membership number appears in the reference section of the form.

A stamped addressed envelope with postal applications would be appreciated.

Office use only

Date Received _____

Card Issued _____

Expires _____

Amount _____

Bank Cheque _____

Date on Computer _____

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Central Audiology Taranaki

Central Audiology has been a leading hearing specialist throughout Taranaki with clinics in New Plymouth, Stratford and Hawera. With over 20 years of experience working in the Taranaki region, we know and value our customers and community.

We're the only 100% independently owned and operated audiology practice in the region with the largest supply in the latest hearing aid technology. This means we are able to tailor your hearing needs to suit you.

In New Zealand, we are fortunate to have access to a wide range of funding avenues to assist with the purchase of hearing solutions. We can work with you to determine the best method of funding. Whether you want a simple product to help you be more present in conversations with family and friends, or the latest gadget to connect to your smart phone we have all bases covered. With longer appointment times, we really take the time to listen.

Call 0800 751 000 to book in with one of our experienced Audiologists to see how we can help you hear better!

Editorial supplied by Central Audiology Taranaki

Is your Membership Subscription up to date?

Are you a financial/paid up member of Grey Power? If your card has 31/03/2019 on it, then yes you need to renew your subscription, **and they are now well overdue.**

Find the application form on Page 7 of this newsletter and fill it in. Payment methods are at the bottom on the left hand side.

This needs to be done NOW please.

YOUR QUARTERLY NEWSLETTER FROM
GREY POWER NEW PLYMOUTH

